# NybroTidende

My arse hurts What? Blood donation p. 3

April 2019





New council chairman p.5



Brexit—what now? p.9

### The editors wish you a happy Easter!

Spring is beginning to show its colours, and Easter is also coming up this month - quite late compared to the previous years!

Therefore, this time we have chosen to put Easter on the menu in the month's food column. But before you get that far, you can read much more about what is happening in the world and not least at the dormitory: Nybrogård has a

new chairman of the residents' council, and we have therefore talked to him to hear his thoughts on being the new chairman. If you need to do a good deed, then page 3 will tell you about a great idea!

Otherwise, just sit back and enjoy this issue of Nybro-Tidende!:)

### Resident Council news

### A) NybroTidende for the kitchens

Overall, everyone agreed that they could settle for a single copy. At EFeven they were in favour of only one copy, CD-even thought that it was a good idea to choose English as they saw it as a language that everyone knows.

PR-even thought that it was okay to have the Danish version online and that it would be fine with only the English version in print, they could settle for that. Frederik from NybroTidende suggested making a registration opportunity so that the kitchens themselves can choose which version they want to receive, and that the apartments could be

able to sign up if they wish to receive NybroTidende in print. However, it was also mentioned that it would be difficult to keep track of logistically, as there are many kitchens and apartments in the dormitory.

Upcoming: Council & Residents' meeting:

Tuesday, April 9th

The Personal Page Administration The Board Clubs Frederik, N29 (chairman) Treasurer Canoe club Gardening club Rasmus, S21 (alternate) Kasper Hansen, R66 This could be you. Lea, L06 kasserer@nybro.dk Brewers club Art club The Residents' Council Secretary This could be you. Jakob, B51 Chairman: : Mads, E31 Josephine B56 sekretaer.nybrogaard@gmail.com "Brættet" Board games Exercise room AB-odd: Kim, E21 Needed Mads E31 AB-even: Needed Accountants Bicycle workshop Cinema club Kristoffer, L10 Steffen, L06 NvbroTidende CD-odd: Casper, C27 Clara Schou, K55 Nybro Cake festival FC Nybro CD-even: Marie, D60 Agnes Jensen, O4 This could be you. This could be you. Patrick Aagaard, M63 EF-odd: Victor, E33 Frederik Holgersen, H2 Music practice room FC Nybro Chicks tidende@nybro.dk Andreas L31 This could be you. EF-even: Mads, E31 Secretariat/subleasing Dog club GH-odd: Needed Office hours: Monday 19:00-20:00 This could be you. and Thursday 20:00-21:00, GH-even: Peter Jon, G28 GH-basement. Phone: 21 48 54 55 Service JK-odd: Needed Complaints committee **Key bearers** Table tennis/hockey Office hours: Tuesday JK-even: Needed Kasper CD-basement Phone.: 26 81 15 01 19:30-20:00, GH basement. LM-odd: Needed E-mail: klage@nybro.dk Peter Jon Bicycle workshop Phone: 21 48 54 55 Phone: 61919792 LM-basement LM-even: Needed Paricia **Network office** Phone: 61719310 Folding chairs NO-odd: Niklas, O51 Office hours: Monday 20:00-21:00 The price for in the GH-basement. key service is: NO-even: Needed E-mail: admin@nybro.dk 9:00-21:00: DKK 50 Trailer Phone: 21 48 54 55 21:00-9:00: DKK 100 Lars Kaj (insp.) PR-odd: Needed Draught beer system TV/Antenna PR-even: Kasper, P16 antennegruppen@nybro.dk Kasper, R66 KælderCaféen

Ditley, T47 ST-odd: Alternate: Anna, S15 ST-even: Marianne, T46

Apartments:

C, D and G: Keegan O2

H and L: Stefen L6 Alternate: Frederik H2 M, O and S:

Items for the agenda must be

sent to the secretary at least

ten days before the meeting

nybro.dk > English > For Resi-

dents > Resident Council >

"Add item to the agenda".

**Environmental Group** 

Troels, O07

miljo@nybro.dk

Secretary: Agnes O04 Residents' Council Rep.: This could be you. Alternate: Emma, R64 Treasurer: Kasper, P16

Local facilities Inspector Laundromat Lars Kaj Opening hours: 8:00-19:00

varmemester@nybro.dk

Tuesday-Friday: 07:30-09:00 Sat-Sun: 13:00-21:00

Phone: 45 87 04 73 Convenience store and Pizzeria

Opening hours: Fridays 21:00-03:00

One Saturday each month 21:00-05:00 (announced separately).

Office hours Phone: 51 14 12 19 Monday: 16:00-18:00 Weekdays: 15:00-21:00

Chairman: Bertil, O4

Member: Clara, K55

Deputy chairman: Kasper, P16

First weekday of month: 17:00-18:00 May-August: open until 22:00 every day.

Page 2

NOTE!



You do not need to know CPR or be the world champion in bandaging (although first aid courses are ideal to have!) to be a life saver. You can save another person's life by just laying down and closing your eyes.

### There are many good reasons to become a blood donor:

- The opportunity to save another person's life
- Good conscience
- You get to know your blood type
- You can get iron tablets free of charge if you suffer from iron deficiency
- Possibly overcome your fear of needles
- Sweepstakes and other membership bene-

### **Donation locations**

There are many places where you can donate blood. Virtually all of Denmark's hospitals have a blood donation department (Gentofte can only extract plasma - see more on the website).

Some larger workplaces, such as Novo Nordisk and Ørsted, also have blood donation facilities (primarily for employees); also DTU Lyngby campus. In addition, Lyngby Stadium (Lundtoftevej 53) is, during some periods, open for everyone to make donations.

Image is from the laundry building.

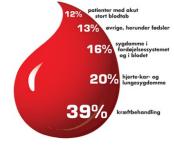
## BANKENDE HJERTE? skaljeg blive liggende?. DUREDDER LU

### **Quarantine rules**

However, before one can donate blood, there are a number of things to consider. The list of factors that can put you in quarantine is really long! The most common reasons for quarantine among young people are:

- -Diabetes (permanent exclusion)
- -Fever over 38 degrees (2 weeks quarantine after complete recovery)
- -Pregnancy (both during and 6 months after birth or abortion)
- Sexual Diseases (4 Months Quarantine)
- Drugs (1 month's quarantine Hashish only 24 hours)
- -Piercings (4 months quarantine)
- -Travel (see travel quarantine card on Bloddonor.dk)
- -Tattoos (4 Months Quarantine)

You are typically told, that the donated blood goes to acute blood loss, but it is actually only 12%. See for yourself here:



Read more and sign up as donor at: bloddonor.dk

Images from: bloddonor.dk -Clara, K-55

## Er du vores nye redaktør?

As this job requires fluency in Danish, it has not been translated.

Er du en ørn til at skrive artikler om stort og småt? Vil du gerne arbejde for - Arbejdstiden er variabel kollegiet? Så er det måske dig, vi leder da den ligger meget op til efter!

NybroTidende søger tre nye redaktører 5-15 timer månedligt med start i august 2019 - og der er mulighed for at én kan starte tidligere efter ønske.

### Om stillingen:

NybroTidende er kollegiets interne avis, der udkommer alle måneder undtagen januar, juli og august. Avisen drives af tre redaktører, der alle er beboere på kollegiet, samt en oversætter, der også bor på kollegiet.

- Som redaktør aflønnes du med 149,51 kr. i timen

dit eget tidsforbrug, men den ligger ofte på mellem

(med maks. på 15 timer) - Som redaktør har du

stor valgfrihed: Du og de øvrige redaktører bestemmer selv, hvad du/I skriver og hvornår du/I skriver det

- Det eneste du skal sørge for er at overholde deadlines og bringe referat og indkaldelse fra Beboerrådet
- Avisen skrives månedsvist bagud. Det

and [1. éditor; 1. One who edits, for publication; 2. One the publication of a newspay titorial (I.), adj. [1.

> vil sige, at september-nummeret skrives i august.

- Avisen skal skrives på dansk

Lyder det som noget for dig? Så skriv en mail til tidende@nybro.dk.

Vi ser frem til at høre fra dig! :-)



## Den kinesiske købmand

Are you crazy about

oriental cuisine? Or maybe just a bit tired of cream potatoes and porkchops? Then it may be that you should try to visit the Den Kinesiske Købmand, which is located right by Nørreport Station.





NybroTidende visited the store and had a look at the various items in this specialty







You can get everything from Japanese soft drinks to kilos of seafood and even dried squid as snack.





Noodles are also abundant in many different varieties, which are not found in Netto. As well as tea, herbs, oriental spices and the Japanese "Mochies" and "Pockies" in various varieties.







Different kinds of sake can also be obtained at the fair price of 95 - 98 kr.

It is also not many places that sell 4.5 kg. of jasmine rice



Den Kinesiske Købmand also has a small department in Torvehallerne, almost right next door.

**Address** Nørre Voldgade 54, 1358 København K

**Opening hours:** 

Monday-Friday: 10-18

Saturday: 10-16 Sunday: Closed

**See more at**: denkinesiskekøbmand.dk or on Facebook: Den Kinesiske Købmand



## New council chairman and club president

The residents' council and the board game club have new leadership, namely Mads Mikkelsen from E31! NybroTidende has talked to him to hear about his new presidency and chairmanship.

What do you want from your presidency?

The primary reason why I signed on as president is my desire for the various clubs to continue to exist. I think it makes the dormitory much better since it adds a lot of opportunities to be social and active.

- How do you think the residents' council can get more members?

I will try to spread the message that it is important that each kitchen is represented. It's the community here at the dormitory it's all about, so why not participate in it?

- What are your plans for the residents' council?

I plan to continue to respond to suggestions from residents and see if these can become a reality. In addition, I hope to be able to get more people involved in the dormitory, to do more than simply live here but also contribute to the community across the kitchens.

### Board game club:

- What are your plans for the club? Overall, my club plans are to have people play a lot of board games. I will try to buy a lot of new board games so we have a larger selection.
- How do you think the club should change?

I do not know much about how the club was before I moved here in September 2018. I can therefore not say anything about precious plans, but my plans are that you are always welcome to borrow a key so that you can come down and play with your friends or others from the dormitory. In addition, I hope to be able to make some board game evenings where I myself will be present and invite the whole dormitory to join.

- How do you think the club can get



more members?

I think that we will start with 0 members as the club has been closed for a while, so we need to get more members very soon. I do not think that having a lot of members is essential, but I hope that those who enjoy board games will have some great moments.

- What activities will the club offer? As mentioned, it's only going to be board game nights for now.

## 3: Black Day

We have come to the third and final part of our little miniseries about loveholidays. This time we are looking at a phenomenon called Black Day (Korean: 블랙데이).

Black day is held every year on April 14, in South Korea. The day itself focuses on singles who did not have anyone to celebrate either Valentine's Day (February 14) or White Day (March 14) with or who did not receive any gifts / cards on these days.

Something that is popular is that these singles gather to have compassion for each other and to feel that they are not alone. Moreover, it is a good way to meet new

people (possibly romantically). You meet up somewhere, wearing black clothes, and usually eat a dish (typically the takeaway version) called jjajangmyeon (자

장면) which is a "Chinese" inspired noodle dish that involves a special black bean paste (see picture).

The day is of great importance to companies that use the day for selling their goods. Events of all kinds are held, such as speed dating, jjajangmyeon eating competitions and general sales.



Something that might look like a western equivalent could be Singles Awareness Day or just Singles Day.

## Residents' Council meeting minutes

### Agenda for residents' council meeting

- 1. Present: Josephine B56, Keegan 002, Marie D60, Kasper P16, Rune S02, Ditlev T47, Steffen L06, Mads E31, Peter G28, Viktor E33
- 2. Moderator and language for the meeting: Keegan O02, Language: Danish
- **Count of voting members: 8** 3.
- 4. Approval of minutes from last resident' council meeting: Approved
- 5. Approval of agenda: Approved
- 6. **Economy**: It was mentioned: that the active party had been held and that a total of 2.800 kr. had been spent on food and 2500 kr. on beverages, which has been transferred to KælderCaféen and Kasper P16, who paid out of pocket.
- 7. Other: N/A
- 8. Review of the minutes from the last board meeting or agenda: N/A
- 9. **Inward correspondence**

### A) Presidency of the board game club by Mads E31

### FOR VOTING

During the previous meeting, which took place on 5th of February 2019, Mads E31 informed that he wanted to be the president of the board game club as the club is currently without a president, if no one wants the post, then whether Mads E31 becomes president will be voted on.

Vote: With 7 votes in favour, Mads E31 is hereby president of the Boardgame Club.

### A) NybroTidende for the kitchens FOR DISCUSSION AND VOTING

Point continued from the last meeting, where digitization of NybroTidende for the apartments was discussed. Should this also be the case for the kitchens, or should it be printed in either English, Danish or both? (For more information, see the minutes from the last residents' council meeting). As the previous point only included the apartments, the residents' council representatives did not have the opportunity to discuss the subject regarding the kitchens, therefore it will be done during this point.

What was talked about: Overall, everyone agreed that they could settle for a single copy. At EF-even they were in favour of only one copy, CD-even thought that it was a good idea to choose English as they saw it as a language that everyone knows. PR-even thought that it was okay to have the Danish version online and that it would be fine with only the English version in print, they could settle for that. Frederik from NybroTidende suggested making a registration opportunity so that the kitchens themselves can choose which version they want to receive, and that the apartments could be able to sign up if they wish to receive NybroTidende in print. However, it was also mentioned that it would be difficult to keep track of <code>ing</code> at CBS or in the city would not have logistically, as there are many kitchens and apartments in the dormitory. It was also discussed whether to pin NybroTidende on the dormitory's Facebook page, so that it is easier to access and easier to find, and is not lost in the amount of posts.

Vote: 7 in favour, 1 abstained

B) Presidency of the Cinema Club v. Steffen L06

### FOR VOTING

The chair of the Film Club is voted on, Steffen wants to apply for presidency. If there are other interested parties, please report back or meet up for the meeting on Monday, March 4, 2019. Otherwise, there will be a vote on whether Steffen LO6 be elected president of the Cinema Club.

Vote: 7 votes in favour

What was talked about: whether to apply for funding, however, it will be done when status has been made on the club as the room has been hit by mould.

### C) Suggestion for Study Room v. Anushruti Vashishtha

### FOR DISCUSSION AND VOTING

I am one of the residents of the dormitory and I had a suggestion of making one of the available basements a study room/library. It would be a nice place for students to go and study, do group work, etc. It mainly requires chairs and tables which can easily be acquired from the PR Basement or the parking area near E, where people moving out leave their furniture. Many of the dormitories have similar study rooms. I know many students have a hard time studying in their room and thus go to their university to study. Students studyto go as far on weekends to study if we have study room in the dormitory itself.

As Anushruti Vashishtha did not have the opportunity to attend the meeting and did not know that this was a necessity for the point to be discussed, the point will be moved to an upcoming meeting where Anushruti Vashishtha has opportunity to participate as we want to be sure of what her intention is.

Furthermore, it was discussed that it would probably be of advantage that Lars Kaj is also present at the meeting, when this point resumes.

Furthermore, Keegan O02 was very grateful to see international involvement in the Residents' Council / the dormitory.

### D) Election of new Residents' Council Chairman v. Keegan O02

### FOR DISCUSSION AND VOTING

Due to the fact that I have received extra study related work, I have substantially less time and can therefore no longer prioritize the residents' council and my work as chairman. I want to resign as chairman, and I would urge anyone who is considering to help improve the dormitory to apply for the post. If you have any questions regarding the post, then contact me at keegan.van.kooten@gmail.com I want to stop as soon as possible, but without a chairman, the residents' council must be dissolved, which means that all clubs also close (the exercise club, Kælder-Caféen etc.), which would not be optimal for the dormitory. The work involves the holding of monthly meetings, and on improving the cooperation between the clubs and the residents' council, depending on how much time you have.

I therefore hope there is someone who wants to take the chance and try it out.

Mads E33 applies for the chairmanship.

**Vote:** 6 votes In favour, 1 vote abstained, Mads E31 is hereby chosen as the new Residents' Council Chairman with a transitional period during which he is trained.

### 10. New members and alternates:

### 11. Other:

Victor E33 mentioned that their hallway is not satisfied with the cleaning and no longer wants to pay for it. This was

What was talked about and discussed:

longer wants to pay for it. This was widely agreed on. It was also mentioned that the point has been mentioned at many other times. The point has been passed on to Lars Kaj.

In addition, Kasper P16 asked on behalf of KælderCaféen whether they could be allowed to have more openings due to the high demand during this spring. A rule was adopted, a long time ago, which states that KælderCaféen may only be rented once per month to reduce the noise impact on the surround-

ing residences.

KælderCaféen has previously experienced very empty periods but is now completely up and running again. There was talk about making this an item on the agenda so that representatives from especially JK would have the opportunity to come and share their opinion so that an improved decision basis and insight into what influence Kælder-Caféen has, if it has one, on the surrounding homes.

Rune SO2 showed up and showed interest in the presidency of the Canoe and Kayak Club and wanted to sign up, but as it must be an item on the agenda the point will be moved to the next meeting so that others have the opportunity to apply for the position.

In addition, it was proposed to make an article in NybroTidende about the various presidencies.

**10. Next meeting**: Tuesday, April 9<sup>th</sup> at 7pm in the GH-basement

Any cancellations must be submitted at www.nybro.dk > Residents' Council > Cancel at least one day before the meeting

## Notice of Residents' Meeting

### Agenda for residents' council meeting

- 1. Present:
- 2. Moderator and language for the meeting
- 3. Approval of agenda
- 4. Economy review
- **5.** Other messages
- 6. Inward correspondence
- 7. Other

## Notice of Residents' Council Meeting

### Agenda for residents' council meeting

- 1. Present:
- Moderator and language for the meeting
- 3. Count of voting members
- 4. Approval of minutes from last resident' council meeting
- 5. Approval of agenda
- 6. Economy
- 7. Other messages
- Review of last board meeting or agenda before the next.
- 9. Inward correspondence

## A) Presidency of the Canoe and Kayak Club v. Rune Kau Holst S02

### FOR VOTING

I would like to request to be chairman of the Canoe and Kayak Club, and that this will be taken up as a point at the next residents' council meeting.



## A) Music room v. Mads Emil Mikkelsen E31

### FOR DISCUSSION AND VOTING

On behalf of Kitchen E&F-odd I would like to have a vote on the introduction of further limiting the times during which the music room can be used.

Lately, instruments can be heard from the room on many weekdays, often several hours in a row. This destroys the comfort of the kitchen and the time spend on reading in the individual rooms. We have been in dialogue with the music room and have been met with understanding but not much support to remedy the problem. There has

been talk about putting up sound insulation, but since it has taken a few months purchase any, I doubt that it will soon be set up. Moreover, I am not sure that it will suffice in dampening the noise. We would therefore like to vote for further time limitation. The time limit we imagine is that you may play music from 10-18 on weekdays and 16-20 on weekends.

# B) Installation of chip readers for the swap market-room in the basement v. Patricia Nicholson & Jakob Holm Knudsen D06

### **FOR DISCUSSION AND VOTING**

Summary: The room creates a community for all residents who want objects to be reused and creates value across the dormitory. The room is regularly used and kept in order by residents but often it is abused by people outside the dormitory who take all the objects and make a mess of the room, It requires time to clean this up by the volunteers who keep the room sorted, while usable 11. objects leave the dormitory. Therefore, money is needed for the purchase and installation of a Miele chip reader for the door, so that all residents have access via their laundry chip but at the same time keep unwanted guests out. Price estimate stated by Lars Kaj: DKK 8,000

## C) Art Club v. Louis G37 FOR DISCUSSION AND VOTING

Louis is interested in the post as president of the art club, but first and foremost would like to hear a little about what the task entails.

So if others are interested, then there is the opportunity to meet up.

D) Suggestion for Study Room v. Anushruti Vashishtha

### FOR DISCUSSION AND VOTING

I am one of the residents of the Kollegiet and I had a suggestion of making one of the available basements as a study room/library. It would be a nice place for students to go and study, have group work, etc. It mainly requires chairs and tables which can easily be acquired from PR Basement or parking area near E, where people moving out leave their furniture. Many of the kollegiets have similar study rooms. I know many students have hard time studying in their room and thus go to university to study. For students studying in CBS or in the city won't have to go so far on weekends to study if we have study room in the Kollegiet itself.

## E) The TV-package FOR DISCUSSION AND VOTING

Is it in any way possible to not have to pay for the TV-package?

- 10. New members and alternates
- 11. Other
- 12. Next meeting

Any cancellations must be submitted at www.nybro.dk > Residents' Council > Cancel at least one day before the meeting



### Brexit—what now?

stay in the Union. But nevertheless, the majority of the Brits (i.e. the UK) chose to vote to leave the Union.

### And now to a story from beyond the Danish borders: Britain will - as planned - no longer be a part of the European Union on March 29, 2019, which is after this issue is published. It is probably a story that most people are aware of - but does it have any significance for us here in little Denmark, that a large nation chooses to leave the Union? Learn about Brexit — and what will happen next!

Let's start with the beginning: On June 23, 2016, a majority of voters in Britain voted to leave the EU. The vote was very close when 51.89% of Brits voted for Brexit, while 48.11% voted to stay in the Union.

### Who voted for?

If we take a look at the numbers, a picture of who actually voted for the UK to leave the EU begins to form:

- 73% of voting Brits under the age of 25 voted to stay
- 60% of Brits over 65 voted for Brexit
- 56% of the 45-54 year olds voted for Brexit
- 81% of full-time students voted to stay
- One in 10 decided which to vote for on the day before the election

So, it seems that the youth of Britain wants to stay in the Union while the elderly want out.

### What countries make up Great Britain? Many refer to Great Britain as England.

However, that is by no means the truth. The United Kingdom consists of the countries England, Scotland and Wales. If you add Northern Ireland, then you get the United Kingdom (UK). All four areas are part of Brexit, but only England and Wales voted to leave the Union while Scotland and

Northern Ireland voted to

### Why did the British vote to leave?

One of the reasons is that there has been a lot of migration to the UK over the past many years. Up to 3 million EU citizens have come to work in the UK, which has affected the welfare and British health system. In addition, a number of refugees came to the UK in recent years. Also the EU -critical party UKIP is probably also one of the reasons - the party grew steadily before the vote and put pressure on a having the vote. It was believed that it was time for the British to be master in their own house.

### What does Brexit mean for the UK?

It only depends on whether or not a deal is brokered with the EU.

To end their partnership with the EU, they will have to pay approx. 39 billion GBP according to the current divorce agreement. In addition, it is likely that the socalled "Backstop" comes into effect. This intends to keep an open border between the EU country Ireland and Northern Ireland, which is part of the UK and therefore not a closed border. But with an open border, the UK will continue to be part of the EU customs union, and this is not wanted by some parliamentarians.

### What about Denmark?

If the British leave the EU without a deal resulting in a hard Brexit - then it is not without consequences for Denmark.



If, for example, you have bought airplane tickets to the UK after March 29, 2019, you may run the risk that your flight will be cancelled due to Brexit, since all UK airlines will have to re-apply to fly into European (read: EU's) airspace. And you will not be compensated if your flight is cancelled as a result of Brexit. Therefore, remember to read the fine print if you order in the UK.

As a student, you may want to exchange, but if no deal is made with the EU on student exchange, then Danish students may risk being treated as other students outside Europe and must therefore pay higher fees for studying in the UK.

The Danish economy is also expected to be hit, whether or not they work out a deal. Seven-eight percent of our exports at 91 billion. DKK goes to the UK, and such goods will be subject to customs duties when they are to be imported into the UK. The supply chains with our export goods can also be expected to be affected. It is estimated that Denmark is the third hardest hit among EU member states (after Ireland and the Netherlands). With a hard Brexit, Denmark can lose 1% of our gross domestic product - in addition to some jobs.

### What happens next?

This issue is published before 29 March 2019. What the final outcome of Brexit will be, is not known at this time. The editorial staff can therefore only encourage keeping your eyes and ears open.





### NybroTidende's February Food Column:

### Food Column: Easter edition!

it is April! The Easter bunny is about to drop by, but instead of chocolate eggs, there are a lot of recipes using eggs that are perfect for Easter lunch. There are lots of different variants that go well with curry herring.



### **Boiled eggs:**

Bring 1/2 dl of water to a boil in a pan. Gently lay the eggs in the boiling water, and cover with the lid.- On electric stoves: switch off the heat and leave the pan on the plate.- On gas stoves: let boil on the lowest setting.

Soft-boiled eggs: 4-5 min Soft but firm eggs: 6-7 min Hard-boiled eggs: 9-10 min

Cool the soft-boiled eggs under running cold water for a moment. Cool the firm and hard-boiled eggs by placing them in cold water before peeling.

TIP! Cooking times for eggs varies depending on the size, temperature and age of the eggs, therefore the cooking times are only guiding. Puncture the eggs with an egg piercer or meat needle - approx. 1/2 dl cream at each end to avoid cracking during cooking. If many eggs are to be boiled, put the eggs in a sieve and immerse them in the boiling water. Cooked eggs are good in salads, such as cold cuts, egg salad, as side dishes for lunch and soups.

### Eggs with mustard sauce:

Ingredients:

- 8 firm or hard-boiled eggs
- 15-25 g butter (1-2 tbsp)
- 2 tablespoons of wheat flour (20 g)
- 4 cups of milk
- 1/2 teaspoon coarse salt
- ground pepper
- Possibly 1/2 teaspoon grated nutmeg
- 1 tablespoon coarse mustard or sour mustard

### Procedure:

Melt the butter in a pan at medium heat. Whisk the butter while adding the flour. Add the milk while whisking the mix. Whisk constantly until the mixture is smooth and lump-free. Boil at low heat for approx. 5 min, whisk regularly. Season with salt, pepper and possibly grated nutmeg. Add the mustard, stir and add the eggs.

In the microwave: put butter in a bowl, cover with lid. Microwave at 1000 watts for 1/2-1 min. Add flour and whisk until it is absorbed by the butter. Add milk. Microwave at 1000 watts for approx. 5 minutes, or until the milk boils. The milk must not overboil. Whisk the sauce until smooth. Season with salt and grated nutmeg. Add the mustard, stir and put the eggs in.

Accessories: possibly rye bread

### Filled eggs - 2 variants (4-8 pers.):

Ingredients:

- 4 hard-boiled eggs
- 1 teaspoon of Dijon mustard
- 1-2 anchovies or European anchovies (can be omitted)
- 1 tablespoon of chopped parsley
- A pinch of pepper from grinder
- possibly salt
- 1/4 red pepper (30 g), capers or black olives

### Procedure:

Peel and cut the hard-boiled eggs lengthwise. Remove the egg yolks. Stir the egg yolks with the cream, Dijon mustard, finely chopped anchovies or European anchovies, and parsley. Season with pepper and possibly Salt. Fill the egg whites with the mix using a teaspoon or spray bag. Rinse the pepper and remove the kernels. Cut it into pieces and decorate with the peppers, capers or black olives.

### Eggs with avocado filling:

Ingredients:

- 2 avocados (approx. 300 g)
- 1-2 tablespoons of lime or lemon juice
- approx. 1 teaspoon of chili sauce or

pickled jalapeños

- 1/2 teaspoon of coarse salt
- possibly 2 tomatoes (150 g)
- possibly 1 small scallion (50 g)
- possibly 1-2 cloves of garlic

### Procedure:

Split the avocado, remove the stone and scrape the meat out. Mash the avocado meat with a fork or blend it with lime or lemon juice. Possibly add diced tomatoes and finely chopped onion. Season with salt and chili sauce or finely chopped jalapeños and possibly crushed garlic. Remove the egg yolks and fill the eggs with guacamole. TIP! Hard-boiled eggs can be stored for 2-3 days in the refrigerator.

### Curry herring (4 pers.):

Ingredients:

- 100 g Mayonnaise
- 1 1/2 cup creme fraiche
- 1 tablespoon lemon juice
- 2-3 tsp curry
- 1 teaspoon of Dijon mustard
- 1 onion (100 g) or 3 scallions
- 1 apple (125 g)
- 1/2 teaspoon coarse salt
- 1/2 pinch pepper from grinder
- 200 g of marinated specimen fillets

### Procedure:

Stir mayonnaise and creme fraiche with lemon juice, curry and Dijon mustard. You can easily add more mustard and curry to taste if you want a slightly stronger dressing. Add peeled, finely chopped onion(s) and apple cut into small cubes. Season with salt and pepper. Remove the brine from the herring and cut into small pieces. Put them in a dish and pour the dressing over, or mix it all together. Can be served with eggs (hard-boiled or firm), dill or chives and bread.

## Gentofte flea market

The most important thing to know about this flea market is when and where it is. The place opens on April 7th and they are open all the way until October 6th! They are open every Sunday (It is never closed regardless of the weather) between. 8-14. The address is Bregnegårdsvej 2, 2920 Charlottenlund, just behind Charlottenlund Station. So yes, Gentofte flea market is located in Charlottenlund.

It is fairly simple to get to the flea market from the dormitory, as there are both buses and trains stopping right next to it (the best option is probably to use Rejseplanen) and there is reasonably good parking options in the area if you have a car. It is close to a beautiful forest, if you would like to have a little picnic. In addition, it is best to arrive well in advance and make the best purchases before the market gets crowded with guests.

"Gentofte Flea Market is run by Overførstergården, an independent institution. Overførstergården was founded in 1991 to help homeless people with alcohol problems and psycho-social difficulties. The flea market was opened in October 2000 and is operated as a revenue-covered business where the profits are used for the benefit of the shelter."

Some useful information is that it is only the first 60 cars that can get park-

Charlottenlund 👯

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he Bread Station



ing in the flea market (where many of the parking spots are taken by people with stands), the rest must park on Bregnegårdsvej and as a guest you may not enter the area by car at any time, but find spots along nearby roads. If you have a car, it is also good to observe the parking instructions as many are fined every Sunday.

**At the flea market itself,** the stands are and they have their own website: organized in a kind of oval ring and Gentofte Flea market is one of the most visited flea markets in the Copenhagen area. There are plenty of stands

and opportunities to find something for every taste. From old antique items to branded and fashionable clothing, to toys for children and adults of all ages.

You can get in contact with them via phone: 27 89 02 23, their Email: gloppemarked@hotmail.com, their Facebook page: https://

www.facebook.com/gloppemarked/ https://

www.gentofteloppemarked.dk/. If you would like a stand you can see more on their website (the price for renting a stand is 450 kr.).

You can easily find information about the flea market online, from articles to personal blog posts with experiences. There are videos on YouTube that you can see if you are really interested. The best way to see more is probably to go there. It is about to start, so you can easily go there for a few hours with a friend or a failing member.

(Image: https://stylescandinavia.com/gentofte-loppemarked/)

Gentofte loppemarked 😼



Agnes, O4

APRIL 2019



### Tsunami/paint by numbers

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Hint: Is it about time to visit the NO-basement?

# **COMING SOON**

**1. April:** Sunrise: 06:42, sunset: 19:47—daylight

increased by 6 hours and 5 minutes.

**7. April:** World Health Day

**9. April:** The day of the German Occupation

14. April: Palm Sunday and World Kidney Day

16. April: Queen Margrethe's birthday

18. April: Maundy Thursday

19. April: Good Friday

21. April: Easter

22. April: Easter Monday and Earth Day

23. April: Eco Day

**30. April:** History Day

Do you have **comments, praise, critique** or other information, you want to have included in the newsletter? **tidende@nybro.dk** 

## App of the month: Super Cat Bros

If you like mobile games which are more than just unrestrained clicking until you win, or if you like games like Super Mario, but with cats, then Super Cat Bros might be for you.

The premise of the game is that you are a bunch of cats who split up because of some monkeys and you have to find the other cats while playing as the cat Alex. Each cat has its own ability (e.g. swimming, and crawling through narrow places, etc.) and you have to find a certain number of bells in each





level.

It is important that you find as many bells as you can because they are used to unlock the next area. If you do not have enough, you have to go through some of the courses again to collect them.

The game itself is free, but there are a few advertisements unless you pay 37 kr. Besides that there is not much else but there are a few things you can buy for real money in the game, but it is quite unnecessary and one can easily complete the game without resorting to such methods.

Recently, Super Cat Tales II was released, which in principle is a follow-up to the first game. If you love the Super Cat games, you might also like some of the company's other games, such as Slayin or Snow Kids.



- Agnes, O-4