

NybroTidende

May 2019



Hanami p.3



Nybro's Swap market p.5



International Workers' Day 2019 p.10

Workers and Reuse

It is time to leave the last month of spring behind, saying goodbye to April, and greet the month of May!

And we will not be quiet about it, as May 1st for many is the day of an important event, namely the International Workers' Day! NybroTidende has chosen to write a little about the event in this issue.

This month's issue of NybroTidende also brings inspiration to various forms of recycling/reuse instead of just throwing things out during the spring cleaning. We have also visited the famous cherry blossom avenue at Bispebjerg Cemetery.

And with this we bring the last spring edition of NybroTidende! :)

Resident Council news

A) Presidency of the Canoe and Kayak Club v. Rune Kau Holst S02

I would like to request to be chairman of the Canoe and Kayak Club, and that this will be taken up as a point at the next residents' council meeting.

Rune S02 informed that he will try to introduce some different things:

- including;
- New life jackets which may be acquired from Trygfonden
- Create a new booking and registration system, possibly including creating a digital system for managing memberships, as the current system does not

meet the GDPR requirements

- In addition, he has made a logo which, according to Lars Kaj, lacks the kayak, in the canoe and kayak part, while others were quite impressed and liked the logo.

Upcoming: Council meeting:
Wednesday, May 8th

The Personal Page

The Board

Frederik, N29 (chairman)
Rasmus, S21 (alternate)

The Residents' Council

Chairman: : Mads, E31

AB-odd: **Needed**

AB-even: **Needed**

CD-odd: Casper, C27

CD-even: Marie, D60

Alternate: Maren, C40

EF-odd: Victor, E33

EF-even: Mads, E31

GH-odd: **Needed**

GH-even: Peter Jon, G28

JK-odd: **Needed**

JK-even: **Needed**

LM-odd: Ask, M47

LM-even: **Needed**

NO-odd: Niklas, O51

NO-even: **Needed**

PR-odd: **Needed**

PR-even: Kasper, P16

ST-odd: Ditlev, T47

Alternate: Anna, S15

ST-even: Marianne, T46

Apartments:

C, D and G: Keegan O2

H and L: Stefen L6

Alternate: Frederik H2

M, O and S:

Administration

Treasurer

Kasper Hansen, R66
kasserer@nybro.dk

Secretary

Josephine B56
sekretaer.nybrogaard@gmail.com

Accountants

NybroTidende

Clara Schou, K55

Agnes Jensen, O4

Patrick Aagaard, M63

Frederik Holgersen, H2

tidende@nybro.dk

Secretariat/subleasing

Office hours: Monday 19:00-20:00
and Thursday 20:00-21:00,
GH-basement.
Phone: 21 48 54 55

Complaints committee

Office hours: Tuesday
19:30-20:00, GH basement.
E-mail: klage@nybro.dk
Phone: 21 48 54 55

Network office

Office hours: Monday 20:00-21:00
in the GH-basement.
E-mail: admin@nybro.dk
Phone: 21 48 54 55

TV/Antenna

antennegruppen@nybro.dk

Environmental Group

Troels, O07
miljo@nybro.dk

Canoe club

Rune, S02

Art club

Louis, G37

Board game club

Mads, E31

Bicycle workshop

Kristoffer, L10

Nybro Cake festival

This could be you.

Music practice room

Andreas L31

Dog club

This could be you.

Key bearers

Kasper

Phone.: 26 81 15 01

Peter Jon

Phone: 61919792

Paricia

Phone: 61719310

The price for
key service is:

9:00-21:00: DKK 50

21:00-9:00: DKK 100

Clubs

Gardening club

Lea, L06

Brewers club

Jakob, B51

Exercise room

Kim, E21

Cinema club

Steffen, L06

FC Nybro

This could be you.

FC Nybro Chicks

This could be you.

Service

Table tennis/hockey

CD-basement

Bicycle workshop

LM-basement

Folding chairs

Trailer

Lars Kaj (insp.)

Draught beer system

Kasper, R66

KælderCaféen

Opening hours: Fridays 21:00-03:00

One Saturday each month 21:00-05:00

(announced separately).

Chairman: Bertil, O4

Deputy chairman: Kasper, P16

Member: Clara, K55

Secretary: Agnes O04

Residents' Council Rep.: **This could be you.**

Alternate: Emma, R64

Treasurer: Kasper, P16

Local facilities

Inspector

Lars Kaj
varmemester@nybro.dk

Phone: 45 87 04 73

Office hours

Monday: 16:00-18:00

Tuesday-Friday: 07:30-09:00

First weekday of month: 17:00-18:00

Laundromat

Opening hours: 8:00-19:00

Convenience store and Pizzeria

Phone: 51 14 12 19

Weekdays: 15:00-21:00

Sat-Sun: 13:00-21:00

May-August: open until 22:00 every day.

NOTE!

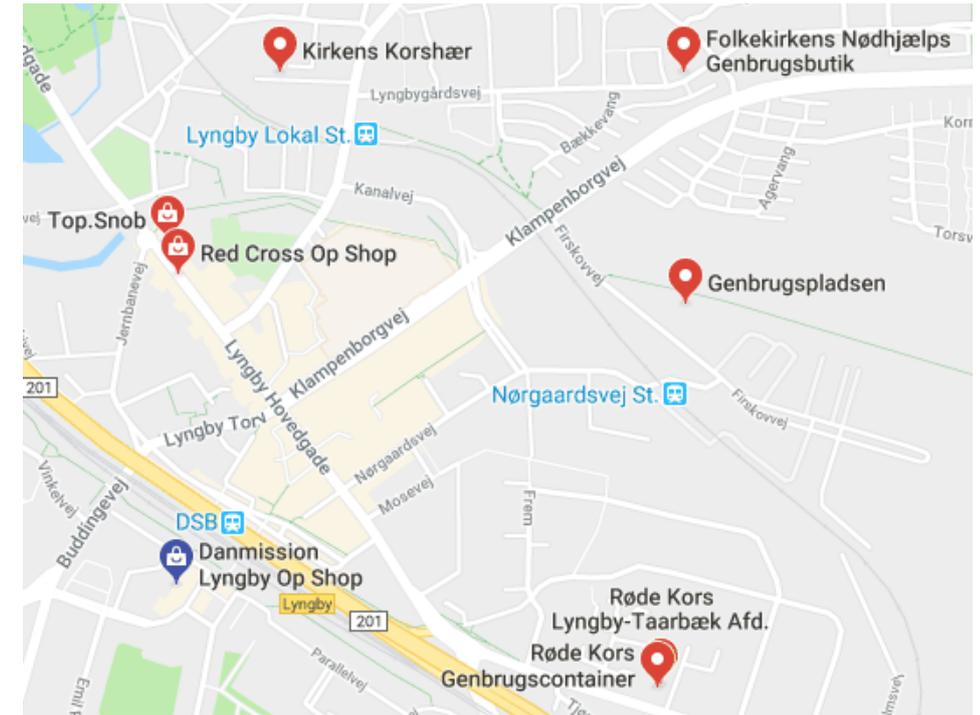
Items for the agenda must be sent to the secretary **at least ten days before the meeting** nybro.dk > English > For Residents > Resident Council > "Add item to the agenda".



Second-hand items in or near Lyngby

In the last issue we had an article about Gentofte flea market, and we are continuing the theme with an article on second-hand shops near Lyngby. If you want to find some second-hand items close to the dormitory, you might want to go down in the dormitory's basement, which you can read more about on page 5.

The first store we need to talk about is the one that is right at the station. It is compact and is divided into two floors and sells a variety of items. The store is a Danmission charity shop and is located right by Ulrikkenborg Square, 10 D. They are open Monday to Friday at 10.00-17.30 and on Saturday from 10:00-14:00. More information can be found on their website: [https://](https://genbrug.danmission.dk/)



genbrug.danmission.dk/.

The next shop is owned by the Red Cross. Their selection consists almost exclusively of clothing and some of the items may be a bit more expensive than

similar stores. It is located along Lyngby main street, no. 46. They are open from Monday to Friday at 10:00-18:00 and on Saturdays from 11:00-15:00. More information can be found on their website: <https://www.rodekors.dk/genbrug>.

- Agnes, O-4



Did you see the cherry trees in bloom?

If you did not, then we have a few pictures from cherry blossom avenue in Bispebjerg cemetery that you can take a look at.

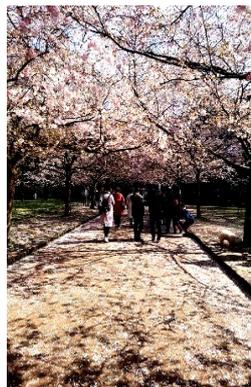


Up to 150,000 people visit the avenue every year.



Bispebjerg cemetery is directly opposite Grundtvig's church. The size of the church and the cemetery fit together very well. The cemetery itself is quite large; 43 hectares (0.43 km²).

The cherry tree originates from Japan, and is called "sakura" in Japanese. There are different species of cherry trees, and those depicted here are of the type Yoshino.



The trees were planted back in 1992, and during the 27 years they have grown dense and, in some places, created a canopy.



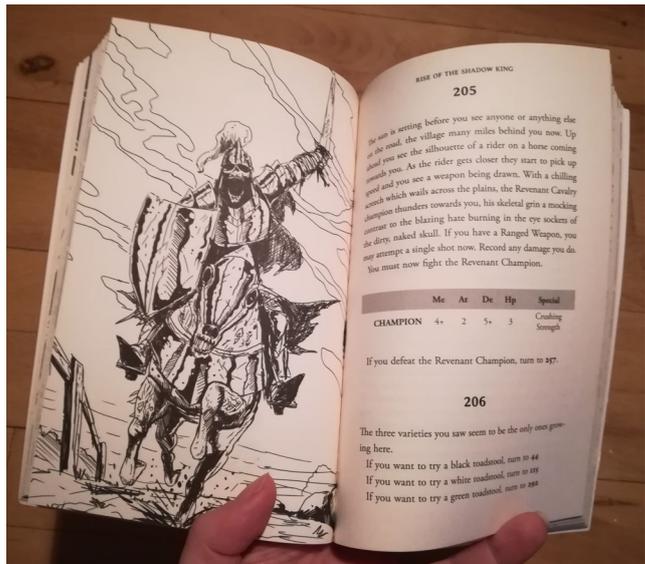
Gamebooks

There are many different gamebooks, and as seen in the picture, some of them deal with card, board and / or dice games. The book this article will focus on is the one in the middle, which is an "adventure gamebook."

The book's title is "Rise of the Shadow King" and it is a book in which the

choices you make changes the outcome of the history. You will need the following items: some dice, a writing tool and something to write on.

You play the protagonist of the story and it is a good idea to read the rules of the game before you start,



which can be found at the beginning of the book, as well as filling out the character sheet. Here you write the name you choose for your character and whether your character is a human, an elf or a dwarf. Your choice has an impact on your stats, i.e. your speed, strength, toughness, etc. These stats are going to have an impact on how you man-



age some of the trials you come across throughout story and how your story ends. Will it end with you dying to the first foe you meet, or will you reach the very end, where you will face the actual "Shadow King"?

Regardless of how you get through the story, it is a really nice little game that you can play along with a friend or two.

- Agnes, O-4

Save 50% off 1 pitcher of beer!



Bring this copy of NybroTidende to KældersCaféen

Valid during: (1/5-19) -> (1/6-19)



Remember that we have a swap market



Many may have forgotten or do not know that, in the basement of the PR building, there is a room that can be used by residents to give away and take stuff from.



Many residents add pictures to the Facebook group "Nybrogård Kollegiet" of things that are given away for free. However, this is thought of by some to be an unfortunate trend: things are filling up both in the hall-

ways and on Facebook, as the posts are rarely deleted and things are not always taken immediately. One solution could be to put things down in the PR basement - if one does not feel too lazy. Unfortunately for some residents, the basement is located at the opposite end of the dormitory, so if you are getting rid of larger furniture, you want to use the dormitory's carts.



A hat shelf for any occasion



Here is a small selection of things you can find in the basement.



A shoulder bag with the logo from the anime "Tsubasa Chronicle"



A water gun for summer activities.



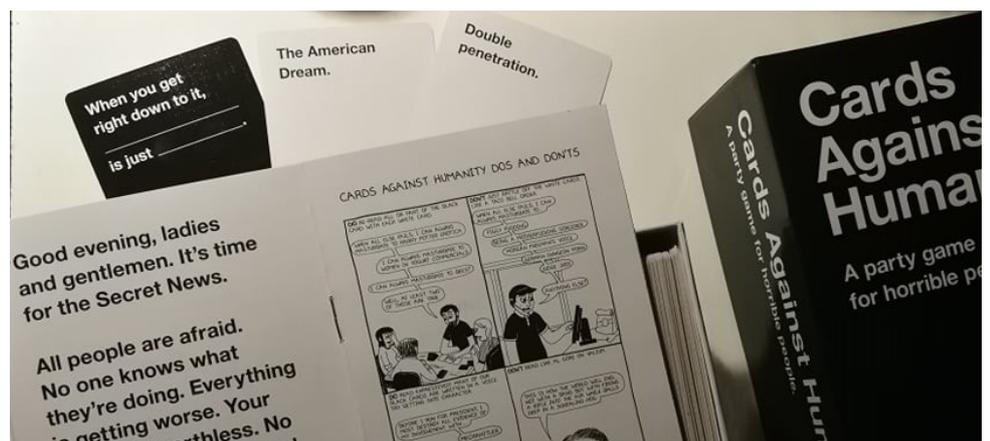
Even a road sign to decorate the room with.

The concept of the swap market is an initiative by the dormitory's environmental group.

Board games

Most are familiar with either Cards Against Humanity or the Danish equivalent; Det Dårige Selskab, but there are many other board games that can be fun to play, for the few or the many.

We will write more about where in the dormitory you can find people who like to play board games, as it can be difficult to start something up alone.



Residents' meeting minutes

1) Present:

20 residents present

It was informed by Lars Kaj that, for the residents' meetings, it is usually only the number of attendees that will be listed and not/instead of names and room numbers

2) Approval of agenda:

Approved

3) Review of the annual accounts:

Here, questions could be asked about the Budget for 2019/2020, which have been sent by mail to all residents prior to the meeting:

It was informed that at present it is unclear how much of the rent goes to the Net-Group, which has been attempted to be answered in recent weeks, how-

ever, KAB has not yet responded.

4) Other messages: No

5) Inward correspondence:

6) Other.

Residents' Council meeting minutes

Agenda for residents' council meeting

- Present:** Kasper P16, Mads E31, Keegan O02, Anna S15, Kasper C27, Marie D60, Maren Steffen L06, Viktor E33

Here it was informed by Lars Kaj that, usually, only the residents' council representatives and their room numbers are noted and not for all attendees.

- Moderator and language for the meeting:** Moderator is Mads E31, Language is English for points 1,2,3,4,5,6,7, 8 and 9D. 9D was discussed before the others, after which the language switched to Danish and other items were reviewed according to the normal order

- Count of voting members:** 8

- Approval of minutes from last resident' council meeting:** Approved

- Approval of agenda:** Approved

6) Economy

The treasurer mentioned/informed that there were/are no special changes, that the union

account is at 92,000 kr. and that 34,000 kr. will soon be transferred. Also that on the Net account is 452,000 kr.

7) Other

8) Review of the last board meeting or the agenda for the upcoming board meeting:

The next board meeting will be held on May 14, 2019

9) Inward correspondence

A) Presidency of the Canoe and Kayak Club v. Rune Kau Holst S02
FOR VOTING

I would like to request to be chairman of the Canoe and Kayak Club, and that this will be taken up as a point at the next residents' council meeting.



Rune S02 informed that he will try to introduce some different things: including;
- New life jackets which may be ac-

quired from Trygfonden

- Create a new booking and registration system, possibly including the creation of a digital system for managing memberships, as the current system does not meet the GDPR requirements
- In addition, he has made a logo which, according to Lars Kaj, lacks the kayak in canoe and kayak, while others were quite impressed and liked the logo.

Vote: 8 in favour

A) Music room v. Mads Emil Mikkelsen E31
FOR DISCUSSION AND VOTING

On behalf of Kitchen E&F-odd I would like to have a vote on the introduction of further limiting the times during which the music room can be used.

Lately, instruments can be heard from the room on many weekdays, often several hours in a row. This destroys the comfort of the kitchen and the time spend on reading in the individual rooms. We have been in dialogue with the music room and have been met with understanding but not much support to remedy the problem. There has been talk about putting up sound insulation,

but since it has taken a few months purchase any, I doubt that it will soon be set up. Moreover, I am not sure that it will suffice in dampening the noise. We would therefore like to vote for further time limitation. The time limit we imagine is that you may play music from 10-18 on weekdays and 16-20 on weekends.

What was discussed and informed of:

Mads presents the point and proposes to accommodate the users of the music club by changing the point so that it will instead be possible to make use of the music room from 10:00-20:00 on weekdays and weekends instead of the previously proposed times (see above). One of the members of the music club mentioned/expressed that he felt that the current end-time (at 22:00) is fair and thought it would be annoying with additional time limitation when his band/his friends and him often practice in the evening during the period 19:00-22:00. The person in question therefore wants for all possible sound insulation be experimented with/installed before putting stricter time constraints in place.

CD-even agreed to experiment with isolation. And suggest that the time limit for the music room and exercise room be the same, so that it might be easier to remember, but here someone stated that this is not the main problem right now.

It was said that due to the late playing times in the music room and the high noise level, it is not possible to relax in the kitchens during evenings. You do not have the opportunity to hear the TV when the audio is on low.

It was suggested to implement the new time limits until the sound insulation is

set up so that it is possible to be present in the kitchen and rooms again. And it was suggested to revisit the time limits when actual sound insulation is installed and possibly removing them again if the sound insulation is sufficient, which can only be assessed when the sound insulation is present.

It was uttered by one of the residents of EF that they can tolerate that there is noise coming from the kitchen to some extent, but that there is still noise reaching the rooms, which is where you want to retire to. When music is sometimes played from 17:00-22:00, where do you go? you have nowhere to go where it is quiet. And sometimes the noise continues until after 22:00.

Lars Kaj suggested that they could obtain a price estimate for what it would cost to get the room soundproofed. The frequency of the noise was put to question and it was informed that it is approximately four nights per week.

It was also pointed out that the doors are often open to the basement, which increases the sound level.

In connection with investing in the room, questions regarding the water damage was raised, as the room was affected last year, with the concern that a flood will be able to occur and that the room would again be damaged. Lars Kaj informed that such a flood can hit all basement rooms and that this usually does not happen often.

Vote: 6 voted in favour of a time limit being put on the room from 10:00-20:00, 1 voted against and 1 abstained.

B) Installation of chip readers for the swap market-room in the basement v. Patricia Nicholson & Jakob Holm Knudsen D06

FOR DISCUSSION AND VOTING

Summary: The room creates a community for all residents who want objects to be reused and creates value across the dormitory. The room is regularly used and kept in order by residents but often it is abused by people outside the dormitory who take all the objects and make a mess of the room, It requires time to clean this up by the volunteers who keep the room sorted, while usable objects leave the dormitory. Therefore, money is needed for the purchase and installation of a Miele chip reader for the door, so that all residents have access via their laundry chip but at the same time keep unwanted guests out. Price estimate stated by Lars Kaj: DKK 8,000

Troels, chairman of the Environmental Club, attended instead of Patricia Nicholson and Jakob Holm Knudsen D06.

He portrayed the case and said that vandalism had been done to the room, including graffiti, smoking and discarded cigarette butts.

It was mentioned that a Salto system could be installed on the blue basement door for 6.200kr. + VAT, in this connection it was also discussed to install it on the basement door of the gym.

Vote: 4 in favour, 4 abstained

The case is investigated and further processed with Lars Kaj.

C) Art Club v. Louis G37

FOR DISCUSSION AND VOTING

Louis is interested in the post as president of the art club, but first and foremost would like to hear a little about what the task entails.

So if others are interested, then there is the opportunity to meet up.

What was informed: that the task itself consists of having the responsibility for the club and the maintenance of the room, and that there are no further tightened rules, but that these can be put in place by the chairman and that he as chairman of the club has the opportunity to apply for yearly funding, as well as extra funding for projects if he accepts the chair.

Vote: 8 in favour. Louis G37 is hereby elected as new chairman of the Art Club

D) Suggestion for Study Room v.

Anushruti Vashishtha

FOR DISCUSSION AND VOTING

I am one of the residents of the Kollegiet and I had a suggestion of making one of the available basements as a study room/library. It would be a nice place for students to go and study, have group work, etc. It mainly requires chairs and tables which can easily be acquired from PR Basement or parking area near E, where people moving out leave their furniture. Many of the kollegiets have similar study rooms. I know many students have hard time studying in their room and thus go to university to study. For students studying in CBS or in the city won't have to go so far on weekends to study if we have study room in the Kollegiet itself.

What was informed: Lars Kaj said that there is no available space for the purpose at present, as the remaining rooms, i.e. those that are not used by the Clubs, are for residents Who go to study abroad/go on exchange and sub-lease their room so that they can store their furniture etc.

It was proposed to use Lyngby State Library for the purpose.

CD-even: Had the thought that it would

be uncomfortable and cramped to study in a basement room and could more so imagine an open space.

Further, Mads E31, chair of the board game club, said that the room where the board game club is located will soon be nice and cosy and suggested that she could get a key to the room and go down and study if she wants.

Keegan O02 thanked for this point being on the agenda, as it was the first in English during the time he has been a member of the Residents' Council and he is happy to see an engagement from international residents, and he mentioned that he thought that the proposal of using Lyngby State Library is a good proposal.

E) The TV-package

FOR DISCUSSION AND VOTING

Is it in any way possible to not have to pay for the TV-package?

It was informed that at present it is not possible, but that work is being done on the matter. Furthermore, it was suggested/added to the point that the costs for the TV in the kitchens could be covered by the kitchen coffers.

10. New members and alternates

Ask M47 was registered as a representative of LM-odd

Maren C40 was registered as an alternate for CD-even

11. Other

What was informed: The Board game club is hosting an open house event on 28.04.2019, where everyone is welcome to help with clean-up and fun. See the Facebook group for more information.

ST-odd sought permission or wanted to hear if it is possible to keep a pet pig in the kitchen with a chief responsible.

But this is not allowed according to the regulations where, among other things, It says that you may not keep animals with claws that cannot be kept in the room. Previously, someone has applied for permission to keep chickens at the dormitory, which was rejected.

CD-Even asked if they could/would be allowed to set up a swimming pool on the roof terrace.

Lars Kaj informed that they could not be allowed, on the grounds that it would be really expensive to fill it up (10,000 litres), and what if the pool punctured or had a hole in it?

Further, he informed that PR, previously had one on their roof terrace.

Club funding:

The board game club applied for their annual funding. The sum was: 2,000kr.

Vote: 7 in favour, 1 abstained

KældersCaféen is hosting a theme party on Friday 26.04.2019 to celebrate

KældersCaféen's birthday, where beer can be bought for 5kr the whole evening, and it was informed that lots of beer has been purchased for the event.

12. Next meeting: Wednesday, May 8th at 7pm in the GH-basement

Any cancellations must be submitted at www.nybro.dk > Residents' Council >

Cancel at least one day before the meeting

Notice of Residents' Council Meeting

Agenda for residents' council meeting

1. Present:
2. Moderator and language for the meeting
3. Count of voting members
4. Approval of minutes from last resident' council meeting
5. Approval of agenda
6. Economy
7. Other messages
8. Review of last board meeting or agenda before the next.
9. **Inward correspondence**

A) New bicycle workshop responsible v. Kristoffer Runge

FOR DISCUSSION AND VOTE

When I vacate the college, the exciting position as a head of the bicycle workshop, at the dormitory, is open.

Briefly what you will be able to do;

- Buy tools for the workshop, at the dormitory's expense
- Organize the workshop
- Determine how the workshop should

function
- Arrange work days in the workshop, with pizza.

- As well as whatever you deem to make sense :)

If there is interest from the new head of the workshop, I can give a short intro to the workshop and describe what I have been doing in the bicycle workshop the last 5.5 years.

B) Grass area for wildflower meadow v. Camilla Daoust D-10

FOR DISCUSSION AND VOTE

I was inspired by this article <https://www.dn.dk/nyheder/sadan-forvandler-du-din-graesplaene-til-en-vild-blomstereng/> and have shared it on Nybrogård's Facebook page where I've received a lot of support.

The proposal is to transform some of the grass areas of the dormitory that are not really used into areas where wild flowers can grow, for the benefit of bees and butterflies.

In addition to being beautiful and beneficial to nature, these areas could be

placed next to e.g. some shrubs and stones that can be difficult to mow around. This will make it easier and less time consuming to cut the grass.

I suggest that we convert some of the ABCD grass area, as there is a lot of sun and much grass area that is not used so much anyway. This could be done as a pilot project where we buy 10 bags of seeds that cost 49kr each. It will transform 120 square meters of grass into wild flowers and cost just under 500 kr.

10. New members and alternates
11. Other
12. Next meeting

Any cancellations must be submitted at www.nybro.dk > Residents' Council > Cancel at least one day before the meeting

International Workers' Day

May always starts out hard - the month, as always, starts off with the International Workers' Day on May 1st, and this year it will be a Wednesday.

Are you one of those who are always ready to support the workers' case or are you more like those who go to Fælledparken with friends and some beer, then there is some useful info in this article about this particular day!

As the name suggests, May 1st is not just a Danish anniversary, but an anniversary celebrated throughout the world. And the anniversary involves the well-known red flags, workers' songs, inflammatory speeches and, not least, getting drunk with friends. And even if you thought that May 1st is originally a Danish tradition, then you will become wiser.

The working class makes demands

But let us take the time machine back to the 19th century. Here, the workers were at the barricades, demanding an 8-hour working day. All this, however, started far from our latitudes, namely in Australia, where the immigrating English workers began to fight for this demand. However, this began already in

1840, and at that time the working class was a large subclass in society all over the world. Work was hard, but wages were not very high, and in order to solve the great inequality and to fight for better conditions, the

working class began to organize. The workers in Australia used the date of May 1st as a celebratory day, and since then this struggle spread to the United States, where the workers also began to fight for a better life. It began on May 1st 1886 in Chicago, when a general strike was introduced, which the police hit hard. This meant that six workers were killed, and a bomb being thrown at the police in protest, causing arrests of workers and some being sentenced to death.

However, the story of the unfair executions and imprisonments reached elsewhere in the world and spread to other countries' workers' organizations. And in 1889 it was decided, in Paris, that May 1st should be International Workers' Day.

May 1st reaches Denmark

In the following year, 1890, the new international anniversary reached Denmark, and the day was celebrated in Fælled, Copenhagen, with the same main theme as before: Demanding an 8-hour working day. At that time, however, no beer was allowed to be sold and the park had to be cleaned up subsequently. By the way, the workers had

not been given the day off by their employer, but approx. 30,000-40,000 attended anyway. Meanwhile, May 1st meetings were happening in Aarhus and Aalborg as well as in some cities such as Helsingør, Odense, Roskilde and Svendborg.

May 1st in recent times

May 1st is probably remembered by many as a day when you get a day off work. Others also remember the day for its speeches in Fælledparken. The most memorable speeches were probably in 1983, when the chairman of the Progress Party, Mogens Glistrup, got eggs and paint thrown in his head. And then there was 2014 when the then prime minister's, Helle Thorning-Schmidt, speech was deafened by whistles.

However, it was especially in the 1970s that May 1st was a great thing. There were many political upheavals in that particular period, and many strikes and high unemployment. At that time the DKP — Denmark's Communist Party — was the larger party at the May 1st meetings, and in addition there were three other labour parties.

And today? Today, the May 1st meetings continue as before, with red flags,

songs, speeches — and maybe a beer or two.

- Frederik, H2



May 1st 1909 newspaper: Telegrafafen

On May 1st, it will be exactly 110 years since this newspaper was released. This copy is in a large book filled with newspapers from Thursday of April 1st to Thursday of September 30th, 1909. I looked at many places on the web, but you could not find much about this newspaper on either Google or the Royal Library's database.

The first article you see is also the longest of them all in the short 2-page newspaper. The title of the newspaper is 'Hvad det gælder.' And it is in essence a speech by school inspector Hvidberg. Hvidberg talks about Denmark's Defence agreement having to be voted on again. "No one will deny that the most important thing for a people is to maintain existence, and that the country is doomed, who will do nothing for this."



He also talks about Denmark being particularly vulnerable in the event of war between great powers, such as England or Germany. He also speaks of the fact that 'Ancient Republics,' as he calls it,



chose a dictator in case the nation was in danger, his point with this analogy is that, as they cannot choose any dictator, each voter has a great responsibility to give their vote and to choose correctly. He ends up in several patriotic paragraphs ending with the sentence: "God preserve Denmark and its King."

Some of the other information in the newspaper is, for example, that Prince Napoleon Ludvig Bonaparte will marry Princess Xenia of Montenegro and that 'in distinguished Hindu houses' they have a

'Sulking cabinet,' where a wife must go to when she is in a bad mood and she may not leave the

room until her good mood has turned. In addition, there are lots of articles about crimes committed all over the



world. There is one of a bridal groom who was stabbed by a young village girl at the wedding ceremony and one of a blind man who was convicted of the murder of his grandfather.

There are also many tables with the Danish colonial lottery numbers, and a list of all churches in Copenhagen having services and their pastor.

There is also a small column of commerce and trade, where there is a lot of information on Copen-

hagen's pork prices. Even back then pigs must have been a large part of Denmark's economy.

Agnes, O4

NybroTidende's February food column:

Food column: Tortilla-edition!

It's easy, cheap and full of options! Here are three different versions that use some of the same ingredients. In principle there are no rules, simply do what you think tastes best.

The traditional:

Ingredients:

- Tortilla wraps
- Onions
- Vegetables you enjoy, for example corn, cucumber, salad, fresh spinach, arugula, tomato, carrots, bell pepper, etc.
- Grated cheese.
- Spices (you can buy taco seasoning in packages that are easy to use).
- Possibly minced beef or chicken in long pieces.

Procedure:

Prepare all the vegetables first. Rinse and chop or cut them into small pieces (e.g. into long pieces). Choose some that will go into the wrap raw and some that will be fried.

If you make a vegetarian version, it is good to cook onions and/or carrots with the spice mix, if you make one with beef it is a good idea to cook onions and meat with the spice mix. If you choose chicken, it is a good idea to have it cut into long chunks and fried with the spices.

Once all the filling is done, you can heat the tortillas in two ways: either 10 seconds in the microwave or 15 seconds on the pan.

You put all the fillings in individual bowls so that each person can put to-

gether their own tortilla.

Pan version:

Ingredients:

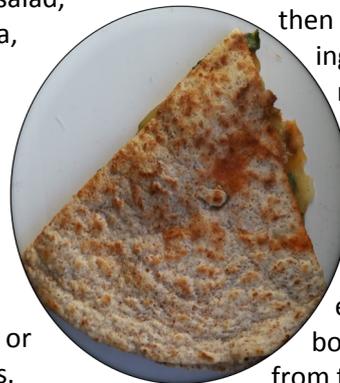
- Tortilla wraps
- Onions
- Vegetables you enjoy, for example Corn, cucumber, salad, fresh spinach, arugula, tomato, carrots, bell pepper, etc.
- Grated cheese.
- Spices (you can buy taco seasoning in packages that are easy to use).
- Possibly minced beef or chicken in long pieces.

Procedure:

Prepare all the vegetables first. Rinse and chop or cut them into small pieces (e.g. into long pieces). Choose some that will go into the wrap raw and some that will be fried.

If you make a vegetarian version, it is good to cook onions and / or carrots with the spice mix, if you make one with beef it is a good idea to cook onions and meat with the spice mix. If you choose chicken, it is a good idea to have it cut into long chunks and fried with the spices.

Instead of everyone making putting together their own tortilla, as in the tradi-



tional one, you make a sandwich that you divide into pieces. Place a tortilla wrap on a medium heat pan. Let the first layer be cheese, and then put what you want as filling while ending with a little more cheese (makes it easier to flip it) and another tortilla wrap. When it has some colour, it is flipped like a pancake. Once it has got enough colour (golden on both sides), it is removed from the pan and cut into 6 pieces like a pizza.

The sweet:

Ingredients:

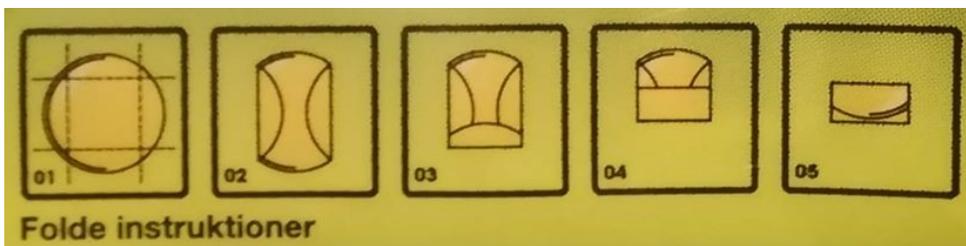
- Whatever you like, such as: Nutella, lemon curd, fresh fruit, ice cream, whipped cream, roasted nuts / coconut, marshmallows, syrup, jam, (cinnamon-) sugar, chocolate, etc.

Procedure:

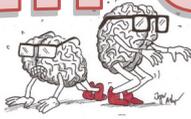
You can use the tortilla as a crêpe by heating it and rolling it. Or put tortillas on top of each other, like the pan version, and warm them there. Only the imagination sets limits!



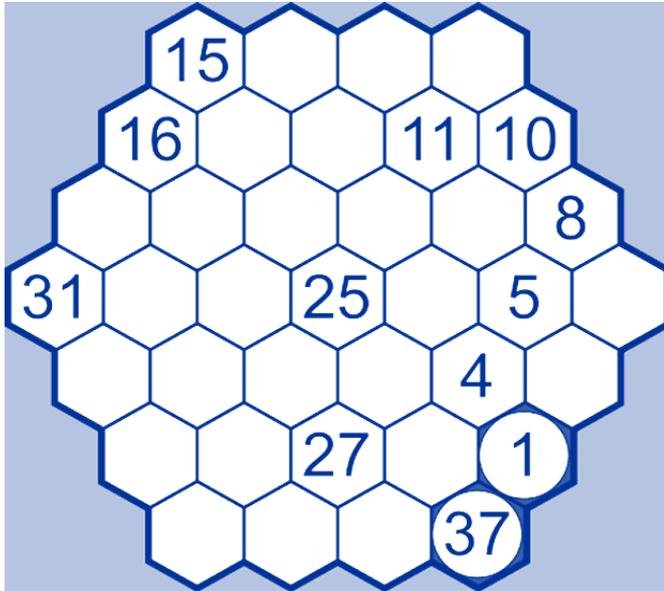
- Agnes, O-4



Brain Gym



Hidato: Insert all the numbers from 1-37 in order, such that they fit with the numbers that are already given.



COMING SOON

- 1. May: Sunrise: 05:28, sunset: 20:48—Daylight increased by 8 hours and 20 minutes.
- 1. May: International Workers' Day
- 5. May: Denmark's liberation
- 9. May: Europe Day
- 17. May: Store Bededag
- 24. May: Dogs' day
- 25. May: Birds' day
- 26. May: European parliament election
- 26. May: Crown Prince Frederick's birthday
- 30. May: Ascension Day
- 31. May: World No Tobacco Day

Do you have **comments, praise, critique** or other information, you want to have included in the newsletter? tidende@nybro.dk



OPENING HOURS

Monday - Friday 15.00 - 21.00
 Saturday - Sunday 13.00 - 21.00
 May, June, July, August Open to 22.00
 Phone: 51 14 12 19

MENU 1
HJ. PITA SHAWARMA MENU
 PITA MED LILLE POMMES FRITES,
 DYPPELSE, 0,33 L SODAVAND



65,-

MENU 3
BURGER MENU
 HJEMMELAVET CHEESE OKSE
 BURGER MED LILLE POMMES FRITES,
 DYPPELSE, 0,33 L SODAVAND



75,-

MENU 2
HJ. DURUM SHAWARMA MENU
 DURUM MED LILLE POMMES FRITES,
 DYPPELSE, 0,33 L SODAVAND



75,-

MENU 4
PIZZA MENU
 VÆLG 3 x PIZZA (fra nr. 1 - 45)
 MED 1,5 L SODAVAND



199,-