

Nybro Tidende

October 2019



Halloween p. 3



Oktoberfest p. 5



Treetop adventure p.10

October, History, and Treetop Adventures

It is now the tenth month of the year — or eighth, if you ask the Romans. It is also from the romans that it got its name. Yes, it's a little confusing.

With October, darkness, coldness and autumn are coming. In Munich, the coming of October will be marked with Oktoberfest. Although the festival is already well underway by the time this issue is released, we have written an article about it on page 5.

Later in October comes another foreign tradition: Halloween. Nybro Tidende's very own theologian has

set out to explain where Halloween comes from and what influences may have affected this popular tradition. She does this on page 3.

There is a long time between Oktoberfest and Halloween, which is why we have come up with ideas for what to do in the meantime: Page 7 can tell you about Nybrogård's Brewers club and Dorte tries to talk about costumes on page 4. On page 10, an editor has been out on a treetop adventure and talks about her experience.

We wish you a very nice October!

Resident Council news

A) Application for money for TDB v. Hassan (E-17) and Mads (E33)

TO DISCUSS AND VOTE

'We would very much like to apply for up to DKK 2000 to pay for TDB. The

amount slightly depends on the number of participants.

It was informed that TDB (Tour de Block) will be held on Saturday 19.10.2019 and that there are 50 registered via the current poll. The event itself will be set up later and it is thought that many more will be attending.

The idea of the event is to start with some breakfast around 10:00 e.g. in front of Lars Kaj's office and quietly move from block to block.

Upcoming: Council meeting:
October 1st at 19.00 i GH-kælderen.

The Personal Page

The Board

Frederik, N29 (chairman)
Rasmus, S21 (alternate)

Administration

Treasurer
Kasper Hansen, R66
kasserer@nybro.dk

Canoe club
Rune, S02

Clubs

Gardening club
Lea, L06

The Residents' Council

Chairman: : Mads, E31

Secretary
Josephine B56
sekretaer.nybrogaard@gmail.com

Art club
This could be you

Brewers club
Jakob, B51

AB-odd: **Needed**

Board game club
Mads, E31

Exercise room
This could be you.

AB-even: **Needed**

Accountants

Bicycle workshop
Kristoffer, L10

Cinema club
Steffen, L06

CD-odd: Casper, C27

Nybro Tidende
Lina Nielsen, E35
Louise Almer, L11
Patrick Aagaard, M63
Louise Amalie Joensen, P33
tidende@nybro.dk

Nybro Cake festival
This could be you.

FC Nybro
This could be you.

CD-even: Marie, D60

EF-odd: Victor, E33

Music practice room
Andreas L31

FC Nybro Chicks
This could be you.

EF-even: Mads, E31

Secretariat/subleasing
Office hours: Monday 19:00-20:00
and Thursday 20:00-21:00,
GH-basement.
Phone: 21 48 54 55

Dog club
Lærke, H56

GH-odd: **Needed**

GH-even: **Needed**

JK-odd: **Needed**

Service

JK-even: **Needed**

Key bearers
Kasper
Phone.: 26 81 15 01

Table tennis/hockey
CD-basement

LM-odd: **Needed**

Complaints committee
Office hours: Tuesday
19:30-20:00, GH basement.
E-mail: klage@nybro.dk
Phone: 21 48 54 55

Peter Jon
Phone: 61919792
Patricia
Phone: 61719310

Bicycle workshop
LM-basement

LM-even: **Needed**

Network office
Office hours: Monday 20:00-21:00
in the GH-basement.
E-mail: admin@nybro.dk
Phone: 21 48 54 55

The price for
key service is:
9:00-21:00: DKK 50
21:00-9:00: DKK 100

Folding chairs

NO-odd: Niklas, O51

NO-even: **Needed**

PR-odd: **Needed**

Trailer
Lars Kaj (insp.)

PR-even: Kasper, P16

TV/Antenna
antennegruppen@nybro.dk

Draught beer system
Kasper, R66

ST-odd: Ditlev, T47
Alternate: Anna, S15
ST-even: Marianne, T46

Environmental Group
Troels, O07
miljo@nybro.dk

KælderCaféen
Opening hours: Fridays 21:00-03:00
One Saturday each month 21:00-05:00
(announced separately).

Apartments:

C, D and G: Keegan O2

H and L: Stefen L6
Alternate: Frederik H2

M, O and S: **Needed**

Chairman: Bertil, O4
Deputy chairman: Kasper, P16
Member: Clara, K55
Secretary: Agnes O04
Residents' Council Rep.: *This could be you.*
Alternate: Emma, R64
Treasurer: Kasper, P16

Local facilities

NOTE!

Items for the agenda must be sent to the secretary **at least ten days before the meeting** nybro.dk > English > For Residents > Resident Council > "Add item to the agenda".

Inspector

Lars Kaj
varmemester@nybro.dk
Phone: 45 87 04 73

Office hours

Monday: 16:00-18:00
Tuesday-Friday: 07:30-09:00
First weekday of month: 17:00-18:00

Laundromat

Opening hours: 8:00-19:00

Convenience store and Pizzeria

Phone: 51 14 12 19
Weekdays: 15:00-21:00
Sat-Sun: 13:00-21:00
May-August: open until 22:00 every day.



This month's geek out

Trick or treat, prank or gift. Halloween is upon us. Therefore, the editorial theologian has taken a look at this American trend, which in recent decades has gained ground equal to Valentines Day.

The English-language *Halloween* is a contraction of the Scottish *All Hallows Eve* and is the night before *All Hallows Day*. Halloween is originally - as is customary today - a pagan tradition that shares names and similarities with the old Christian, European tradition of *All Saints' Eve*, but the two traditions are not the same, as Halloween does not originate in the church.

Halloween is originally the New Year of the Celts, October 31, and had the name "Samhain" from ca. 8-900 BC. The Celts believed that the dead were resurrected to haunt the living, and therefore the Celts tried to scare them away with eerie robes, masks, food put out in burial grounds and with burning beets. This was so that the spirits could be kept away from earth and leave the living at peace. At the same time as this scare seance, the evening was spent celebrating the transition from the old to the new year.

In the 19th century, the Celts emigrated to the United States and brought along the tradition. Halloween took roots and, because of the lack of beets, carved pumpkins, added candles and placed them at the graves.

All Saints' Eve can be traced back to the Catholic Middle Ages, where both All Saints' Eve, and All Souls Day were celebrated. On All Saints' Day, martyrs who gave up their life for their Christian faith were commemorated and Saints who did not have an assigned day of commemoration were also celebrated. It was believed that the souls in purgatory would haunt the earth. On All Saints Day, people prayed for the salvation of the souls in purgatory. In 610 AD, Pope Boniface 4th declared All Saints' Day a holiday for commemoration of the martyrs and saints of the

Church. Before this, All Hallows' Eve took place on the day before All Hallows' Day, November 1st, which is why it coincided with Halloween. With the reformation and the change of the doctrine of purgatory, All Souls' Day was no longer celebrated, but All Saints' Day remained.

From the holiday-reform in 1770 by Christian 7th All Saints' Day was moved to the first Sunday in November, and it became a memorial day for the dead (i.e. the church celebrates All Saints' Day on November 3rd this year!). It is unclear where the custom of going door to door originated, but it has previously belonged to the adults and has later become a children's custom.

A contemporary view

All Saints' Day is still celebrated by the church by commemorating all the dead with a service in which the congregation, through hymns and prayers, can mourn the loss of a relative, and the dead. Protestant Christianity has no saints, but the memory of saints is interpreted in a broader sense as the memory of all Christians, all baptized who died throughout time. The colour used by the church on All Saints' is white and is the church's festive colour. Although the service is about sorrow, loss and grief, the colour is justified because of the resurrection message of joy, being the hope and faith in brighter times as well as the joy of the blessings in one's life in the midst of grief.

Even today, the two traditions are different from one another. In the '90s, Halloween won in the North and has developed into a festive tradition on par with Fastelavn. The fact that Halloween is a festive celebration of death is, according to theologian and author Robert Bladt, a pagan hopelessness. He states: "Year by year, the American



mega party has grown in Denmark [...] the party has also become a popular occasion to celebrate a taboo theme: Death." According to Bladt, Halloween is symptomatic to the Danes' religious consciousness - namely that we choose a pagan superstition and relate to death by cynically laughing at the horror and shrugging our shoulders at death. It does not offer a thoughtful and existential understanding of death that satisfies our need for clarification of death as a living condition. Instead, it causes us to put an ironic distance to death (KD, Oct. 2014). "Today, the Christian faith plays an increasingly minor role in the consciousness of the Danes... however, there is still an urge for religiosity and a need to relate to the fact that we will die some day" (Bladt, KD Oct. 2014). Regardless of attitude, this theological angle on Halloween brings a striking description of the Danish mentality and a keen observation of our dealings with death.

Halloween has been commercialized and exploited by anyone who can make a profit from it. Therefore, it has not been presented as an attempt to scare away the resurrected dead, but has, on the other hand, sought to be made attractive. In addition, Halloween is loved by many children because horror attracts and is another opportunity, besides Fastelavn, to dress up in costumes, ring doorbells and trouble-making.

We witch you a happy Halloween!

Humans of Nybrogård

A dormitory is filled with various exciting people! So in the future, Nybro Tidende will present a small piece where we portray fellow residents!

Meet one of the new editors at Nybro Tidende, Louise, who lives in an apartment with her boyfriend and her cat. She loves Gin and Tonic and is the owner of a bright yellow toothbrush!

“I study biotechnology at DTU because biological systems are exciting, such as bacteria, fungi and intestines. I'm especially passionate about excrements. In my spare time I pick up excrement from our cat, knit and hear a lot of different music. Virtually all genres, except dubstep and heavy EDM. I can also speak fluent Swedish because I lived in Sweden when I was younger.

Some of the best things about

staying at Nybrogård dormitory are the facilities and the green surroundings. Through the clubs there is a good relationship with the residents. Especially the canoe and kayak club, and the gardening club which I utilize, but the relationship is also strengthened through the many parties that the fellow residents get together, some parties are more loud than others...

If I could choose a superpower, it would definitely be teleportation - then I could travel wherever I wanted, for free! I would want to visit New Zealand first so I can see hobbits, and then the rest of the world.

The worst thing I've eaten is probably jellyfish. I have tried both rat meat and snake, but the jellyfish



was the most disgusting. Gin and Tonic, on the other hand, it's just delicious.”

Dorte's Dumb column

Dear Dorte,

I have been invited to a Halloween party where we are supposed to dress up. But I'm so bad at dressing up, so I don't know what to do at all. Do you have any suggestions for an easy and cheap outfit that I can quickly put together? Sincerely, the desperate one.

Dear desperate soul.

Now, I'm not a young and lush girl anymore, but I know how to sew a good costume! If you want a good costume, you should have started several days, even weeks, no months ago!

Well, in my youth, it was necessary, as you had to have a beautiful and authentic costume for All Hallows Eve. Otherwise, the demons that we could risk meeting would

recognize us as ordinary human being and we would be taken in place of the lamb that we sacrificed.

Of course, we could not have that, so we – the young girls in my village – met every April to start planning and designing the costumes we would use to scare the demons away with in case we encountered them on this damned night .

Unfortunately, dear desperate soul, you are so unlucky as to have been born in an era where the demons have long since integrated themselves in our society in the form of capitalists selling cheap and poorly made costumes. Now I don't know what gender you are, but if you are a young girl, then you can go out and find an excuse for a costume that probably fits too tightly and doesn't even cover your ankles. If my dear



mother, who was well known in the spiritual world, knew what people's costumes looked like today, she would be distraught by how the young people no longer protect our society from these demons. I know, at least, that we failed.

But you could wear a black dress and a witch hat similar to the one I'm wearing, and then you should be covered.

It is time for large mugs of beer

It is October, and not only will we soon be enjoying Halloween, Oktoberfest is also coming up!

Oktoberfest started in 1810, when Crown Prince Ludwig married Princess Therese of Saxony-Hildburghausen. The wedding was celebrated with horse racing, and spectators' thirst was quenched with beer. The party was such a success, it was repeated in subsequent years. Nowadays there is no longer horse racing, but the beer, previously served in small stands, was soon served in much larger tents, reminiscent of what we today associate with Oktoberfest.

The original Oktoberfest is held in Munich, Wiesbaden, but is celebrated virtually everywhere. It is characterized by large mugs of beer

in the arms of voluptuous women. Each year, competitions in the discipline of carrying mugs of beer are held. The world record was set by German Oliver, who carried 27 litres of beer in his arms spread over 27 1-litre beer mugs. The beer served is a specialty brew called "Oktoberfestbier" with a litre price of 10 euros. The specially brewed beers have an alcohol percentage of approx. 6, but that doesn't stop people from drinking huge amounts. In 2013, 6.4 million liters of beer was sold — enough to fill multiple pools. Therefore, you also need a little salt. The salt need is met by the huge "Brezeln" (salt pretzels), and also, of course, pork in all varieties. The party is particularly well attended by Italians and other peoples.

The party is also visited by celebrities. Paris Hilton was kicked out of

Events in the area:
Templet in Lyngby will hold an Oktoberfest on October 19th: *Tyrolean rock with Vejgaard Tårnblæserlaug converts Danish songs into German Tyrolean hits, The German version of Kim Larsen's "Køb bananer" becomes "Kauf Bananen" (entrance ticket required)*
DTU Oktoberfest in S-Huset

Oktoberfest when she tried to promote a wine-on-can product without permission. It resulted in an angry and drunk Hilton who was kicked out and permanently expelled from Oktoberfest. It is therefore possible to drink until hammered, but leave room for some control, as they kick out people who disturb this blissful and peaceful consumption of beer!

At this German festival, people wear the regional Bavarian outfits: Dirndl and Lederhosen. The men in Lederhosen and the women in Dirndl. The suits that you can buy at home in latex in Lidl or Aldi are just an inexpensive variant of the regional outfits, which cost about 300 euros and up.

As a student and resident at Nybrogård dormitory, there are many opportunities to hold an Oktoberfest. The only problem is that the official German Oktoberfest is held in September between September 20, 2019 and October 5. When this issue of Nybro Tidende hits the readers, all the parties are over, so grab a few Lederhosen and be ready for next year's Oktoberfest so you don't miss it again! However, there are many bars in Copenhagen and surrounding areas that celebrate Oktoberfest throughout October, so keep an eye out.

PROST!



Oktoberfest has changed tremendously since it started in 1810.

Residents' Council meeting minutes

Minutes for Residents' Council meeting
- September 2nd, 2019

1. Present: Karthick T44, Ditlev T47, Kimberley A15, Kasper P16, Mads E31, Anika H51, Niklas O51, Frederik, Steffen L06, Marie D60, Asbjørn k55.

2. Moderator and language for the meeting: Mads E33, Language; Danish

3. Count of voting members: 11

4. Approval of minutes from last Residents' Council meeting: Approved

5. Approval of agenda: Approved

6. Economy:

Net account 470.000

Dormitory account 140.000

7. Inward correspondence:

A) Application for money for TDB v. Hassan (E-17) and Mads (E33)

TO DISCUSS AND VOTE

We would very much like to apply for up to 2000 kr to pay for TDB. The amount slightly depends on the number of participants.

It was informed that TDB (Tour dé Block) will be held on Saturday 19.10.2019 and that there are 50 registered via the current poll. The event itself will be set up later and it is thought that many more will be attending. The idea of the event is to start with some breakfast around 10:00 e.g. in front of Lars Kaj's office and quietly move from block to block. The money is thought to be used for e.g. breakfast, since it is thought that the rest is financed by the individual participating kitchens, with each kitchen covering the cost of what they have to offer the participants on the day itself.

The vote for giving 2000 kr. to TDB 2019: Eight voted in favour, one against and two abstained.

B) New president of the exercise room v. Hassan (E-17)

TO DISCUSS AND VOTE

The former president of the Exercise

Club Kim E16 is resigning, as he is leaving the dormitory. the Exercise Club is therefore in need of a new President.

Hassan E17 has elected to run for the position, but anyone who has an interest has the opportunity to do so as well by attending the meeting on Monday.

Hassan has withdrawn for personal reasons and therefore the precedency is open.

It was informed that the tasks include cleaning the rooms and purchasing new equipment and whatever else you want. It was suggested to introduce a cleaning schedule where the users of the room can sign on and contribute to the cleaning.

There was encouragement to share the message of the vacancy to the kitchens.

C) Internet in the kitchens? v. ST-Even (Karthick)

TO DISCUSS

On behalf of ST Even, I would like to discuss the following in the upcoming meeting.

1. Many kitchens do not have an internet connection or the signal is not reachable to the kitchen. Can we do anything to improve that facility?

2. If the internet is a personal choice of every kitchen, how to proceed further?

3. Can we get support from the Internet provider (K-Net) for cable, router and installation?

This point was taken up first and it was informed that 11 routers will be set up for each block and one in each kitchen to improve the signal in the future. One of the challenges, however, is that new wires must be routed and new sockets, that fit the equipment, must be installed, which was estimated to be the most expensive and time-consuming part of it. Questions were asked about the estimated time period, but that could not be answered, except that once the wires and sockets had been set up it would be done reasonably quickly.

It was also informed that the booking system for the Canoe and Kayak Club is up and running again and if any problems arise, you are invited to contact the network group by email.

It is further planned to convert to new hardware with a larger community, where it is easier to get help if problems arise, which is believed to be of a benefit if the future network group is not as active as the current one.

10. New members and alternates

Emma S24 will represent ST-even instead of Karthick T44.

10. Other

The long-standing problem with the GH basement printer, which does not work optimally, was discussed. As a preliminary solution, it was decided to test the printer from the room next door, which has been repaired after being out of use for several years. If it works properly it will be the permanent solution.

11. Next meeting

Tuesday, October 1st 2019

Any cancellations must be submitted at www.nybro.dk > Residents' Council > Cancel at least one day before the meeting

Notice of Residents' Council meeting

Agenda for residents' council meeting - Monday, September 2nd

- 1) **Present:**
- 2) **Moderator and language for the meeting**
- 3) **Count of voting members**
- 4) **Approval of minutes from last resident' council meeting**
- 5) **Approval of agenda**
- 6) **Economy**
- 7) **Other messages**
- 8) **Review of last board meeting or agenda before the next.**
- 9) **Inward correspondence**

A) Application for covering the purchase of new equipment for the Canoe and Kayak Club v. Rune So2

TO DISCUSS AND VOTE

I would like to purchase new kayaks for the Canoe and Kayak Club and hereby request 21,900 kr for the purchase of:

- Three Frontier Sea kayaks
- Four Szmaglinski paddles

The club is in dire need of new kayaks to replace the 3, respectively green and yellow, plastic sea kayaks. I got a great deal from Kim from Kanokajakcentret.

The paddles are for the canoes, as we need versions that are longer than the ones we currently have.

B) A new president of the exercise club is needed

TO DISCUSS AND VOTE

The exercise club is looking for a new president, so if you or one of your peers thinks it might sound interesting, then you are very welcome to attend the meeting and hear what it entails.

C) President for the bicycle work-

shop is needed

TO DISCUSS AND VOTE

The bicycle workshop is looking for a new president, so if you think that this person could be you, then join the meeting and hear more.

- 10. New members and alternates
- 11. Other
- 12. Next meeting

Any cancellations must be submitted at www.nybro.dk > Residents' Council > Cancel at least one day before the meeting

Club column: Brewers club

If the reader has not already discovered it, the editors are quite fond of October. With an article on Halloween, pumpkins, a pumpkin themed food column, and not least, an article on Oktoberfest. Speaking of Oktoberfest, the dormitory has its own brewery where a few residents make their own beer in their spare time. That's the club we're looking into this time!

If you think it's a little boring to drink Carlsberg and Tuborg every time you have a beer, then you can, along with some friends, go down to a small room in the CD basement, next to the Board Game Club which we wrote about last week. This room has all the instruments needed to brew the beer that you want! In addition to brewing beer, you could also brew wine and cider. Just to

mention some of the equipment you can find in the D-basement, there is a boiler with built-in heating elements, 2 fermentation buckets, a hydrometer for measuring density, and a copper cooling coil.

If you would like to know more, there is information on the brewery club's Facebook group named 'Nybrogård Kollegiets Bryggerklub'. They have, appropriately, a fine image of four young ladies in Dirndl with large beers in hand, as their cover image. There, you can exchange experiences and coordinate so that the amount being brewed is not more than there is room for. The club could use more brewers: the more brewers, the better, as you can learn from each other's experiences!

To start brewing beer, it is expected that you read up and familiarize yourself with how to use the brewing equipment available. This is



The Brewers Club's yeast starter, which in a flask on a homemade magnetic stirrer.

because there is a steep learning curve to the equipment and the technical details of the brewing process. New members can reach out to get help with their first brew, as it's great with some guidance from someone experienced, before going solo. Happy brewing!

Er du Sekretariatets nye medarbejder?

Har du lyst til at hjælpe beboere i nød? Har du sans for struktur og detaljer og vil du have kort til arbejde? Så er jobbet i Sekretariatet noget for dig. Du får god føling med kollegielivet og hvad der sker "bag murene", samt mulighed for at hjælpe dine medkollegianere med at navigere gennem reglerne og gøre livet så smidigt som muligt i et arbejdsmiljø hvor der er plads til hygge. Selvom jobbet er seriøst, er der stadig tid, en gang i mellem, til at vende verdenssituationen og opbygge venskaber.

Hvad går jobbet ud på?

Arbejdsområdet indebærer behandling af studiekontroller, dispensationsansøgninger, interne ventelister, opsigelse af lejemål samt fremleje og andet ad hoc arbejde. Alt dette foregår på kontoret i H-kælderen.

Hvilke krav er der?

Du skal have gode formuleringsevner, være flydende i både skriftligt og mundtligt dansk, være stærk i engelsk både mundtligt og skriftligt, være imødekommende og have ordenssans. Sluttelig kræves der, at du kan arbejde mindst 2 år efter ansættelsen.

Hvad er arbejdstiden?

Sekretariatets kontortid er mandag 19:00-20:00 og torsdag 20:00-21:00, som udgør fast arbejdstid. Derudover så møder du til vagt 30 min før åbningstid, og bliver bagefter, hvis nødvendigt. Vi er to på arbejde hver gang i normale perioder, og du vil derfor i gennemsnit komme til at arbejde omkring 8-10 timer om måneden, men i travle perioder mere. Du kan selvfølgelig tage fri i kortere perioder med eksamen eller ferie, så længe det passer ind med de andre ansatte i sekretariatet.

I øvrigt

Lønnen er 150 kr. i timen og du vil blive grundigt oplært af de andre ansatte i Sekretariatet. Oplæringsperioden er typisk nogle måneder afhængig af travlhed, hvor du gerne skal kunne være her så meget som muligt.

Interesseret?

Har du spørgsmål, så tøv ikke med at kigge forbi sekretariatet i åbningstiden eller kontakt os på sek@nybro.dk, så tager vi gerne en snak med dig om jobbet. Hvis du er interesseret så send en jobansøgning til Sekretariatet på sek@nybro.dk. Ansøgningen skal indsendes senest onsdag d. 30. oktober, der holdes dog samtaler løbende. Ansættelsesstart vil ske hurtigst muligt.

Food Column

It's October, and with it comes dark evenings, pumpkins and the cold. We, the editors, have decided to bring a little warmth this time with a delicious pumpkin pie and a drink that brings warmth and joy for the coming cold and dark.

Pumpkin pie

With autumn and Halloween, pumpkins of all shapes and colours follow. Nybro Tidende has therefore decided to bake a pumpkin pie and share the recipe with you.

Ingredients:

Filling:

- 1 pumpkin (Hokkaido or butternut squash)
- 2 large eggs
- 1 egg yolk
- 100 g brown sugar
- 66 g sugar
- 1/2 teaspoon salt
- 2 tsp. cinnamon
- 1 teaspoon ground ginger
- 1/4 tsp. nutmeg
- 1/4 tsp. ground clove
- 1 or 2 pinches of cardamom
- Zest from 1/2 lime or lemon
- 2.5 dl. Cream

Crust:

- 100 g. cold butter
- 1/2 tsp. Salt
- 160 g. flour
- 1/2 tsp. Sugar
- 2 to 4 tbsp. cold water

Procedure:

Cut the butter into small chunks and mix it with flour, sugar and salt. Blend these in a food processor or mash with a fork until it is a fine powder. Then add a little water, a little at a time - but stop when it has barely become a dough. Wrap the dough in plastic wrap and place it in the fridge while preparing the filling.

Split the pumpkin and remove the kernels (these can be used as snacks). Cut it into smaller chunks and place in an ovenproof dish with a little water in the bottom. Bake at 175 °C for 30-45 minutes (until the chunks are soft - the time depends on the size of the chunks). Then scrape the peel away from all the chunks and blend them (possibly with a little water) until it is a uniform mass.

Then set the oven to 220 °C and mix eggs, sugar, brown sugar, salt, spices and lime zest/lemon zest in a new bowl. Then add 1/2 L of pumpkin puree as well as the cream and mix.

Take the dough out of the fridge and roll it out in an even layer. Put it in a greased pie dish with a diameter of approximately 25 cm. and make sure that the dough sits against all the edges of the dish, and that there are no holes.

Then pour in the filling and gently place the pie in the oven and bake at 220 °C for 15 minutes. Then lower to 175 °C and continue to bake for 45-55 minutes (it should be relatively firm but still slightly flaky).

When the cake is done, take it out of the oven and let it cool on a wire rack for a few hours.

The egg white makes the drink creamy and adds a top of foam, but it can be left out if you prefer.

Serve with freshly whipped cream or crème fraiche and, optionally, some lime zest/lemon zest.

Whiskey sour

It's mid-autumn and Halloween is just around the corner. We have therefore concocted a drink that, not only warms you up, but is in Halloween colours. The drink is the classic whiskey sour, dating back to 1862, where it was made for sailors to avoid scurvy.

Ingredients:

- Ice cream
- 1 cl. egg white
- 1.5 cl. sugar syrup
- 5 cl. Bourbon
- 2 cl. Freshly squeezed lemon juice

Procedure:

Put the egg white in a shaker with 1 ice cube and shake until the ice cube is smashed.

Then add sugar syrup, whiskey and lemon as well as more ice and shake until the shaker is ice cold.

Pour the drink in a glass through a strainer and serve, possibly with a piece of lemon zest.



In the area: Til Tops in Frederiksdal

The semester has been under way for a month, and some may already be tired of sitting still and reading all day. If you need a break from reading (or something to do during the fall break), there are plenty of opportunities in the immediate area.

Most residents of the dormitory have probably been out in the surrounding woods, but few are aware that a tree top climbing track is just 3 km from the college.

'Til Tops' in Frederiksdal offers 4 treetop tracks, both for the experienced and the less experienced. The courses, which are between 3m and 16m high up, consist of 50 platforms and 6 ziplines, so there is plenty of room for everyone, from beginners

to adrenaline junkies.

As of writing this article, Nybro Tidende has been out to try these courses.

We were introduced to how the equipment worked, and was then told that we were free to play. At the first track, we first had to climb a rope ladder, after which there were obstacles of various kinds that we had to cross to get around the course. Some of the obstacles were fixed while others swung. There were also several ziplines where you glided at high speed from one tree to another.

The place offers the opportunity to test (and push) your limits, while at the same time having fun, and this is clearly something that we at

Nybro Tidende would recommend to our readers.

It usually costs 315 kr per person for 4 hours, but Nybro Tidende has received an offer for our readers, which is valid during October. Instead of 315 kr, our readers need only spend 150 kr. each for 4 hours. To book, use this link:

frederiksdalklatrebane.dk/nybro.aspx

It is also posted on our Facebook page. So grab your kitchen buddies and check out 'Til Tops' in Frederiksdal! ;)



A brave editor went out to try 'Til Tops' in Frederiksdal. She agrees that it's worth a try, especially with the discount!

Sudoku

Important dates

4						3		
			7	9	8		6	2
		6				1	5	
	4		9					3
2			4		1			8
7					3		2	
	2	8				7		
6	3		5	8	9			
		4						5

- **1. October:** World Vegetarian Day
- **4. October:** Cinnamon Bun Day
- **5. October:** Eighth season of 'Den Store Bagedyst' begins
- **11. October:** Culture night
- **24. October:** FN-day
- **27. October:** International Teddy Bear Day
- **31. October:** Halloween

Do you have **comments, praise, critique** or other information, you want to have included in the newsletter? tidende@nybro.dk

