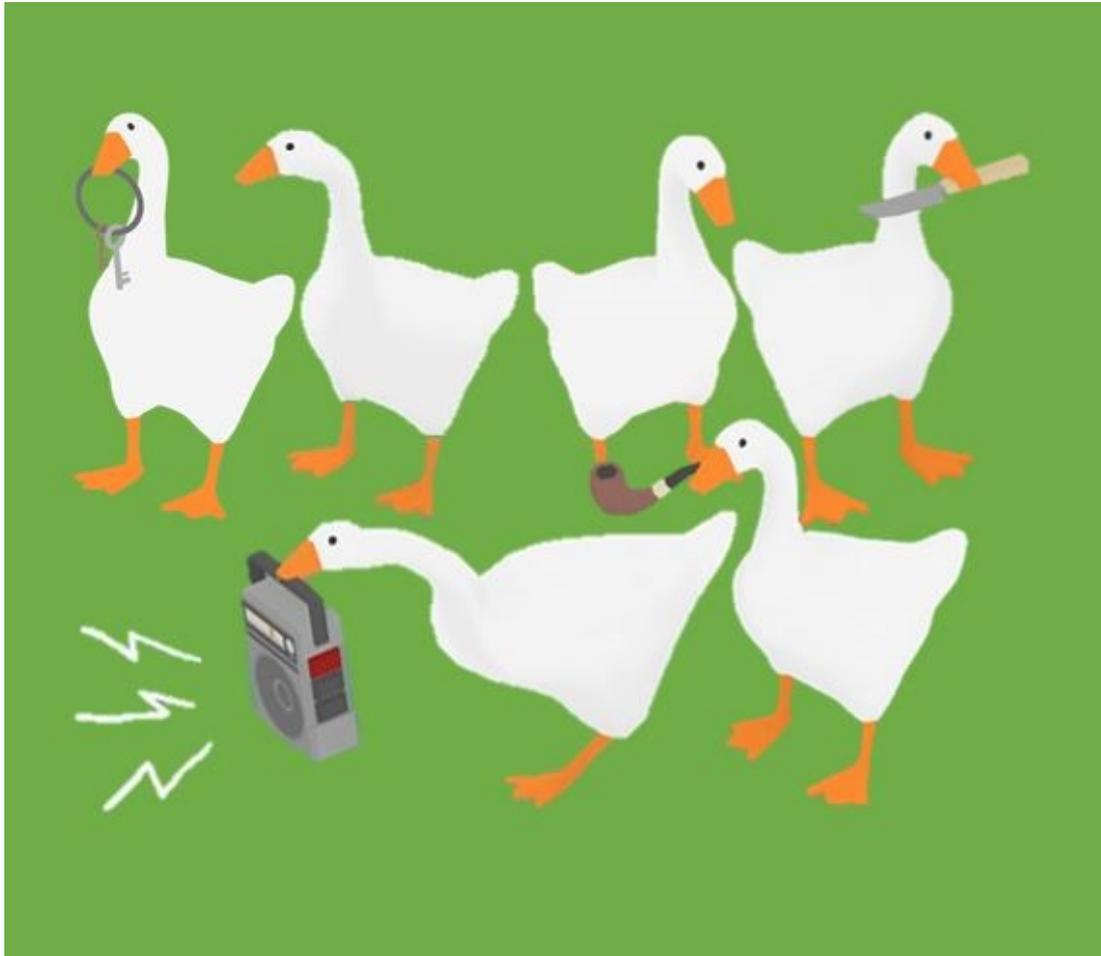


NybroTidende

November 2019



Mortensaften p.3



Black Friday p.5



Stadscaféen p.10

Movember, Mortensaften and lots to do

It is now November, and while the days are getting shorter and the weather is getting darker, we can be glad that Christmas is soon to come. With Christmas and exams go hand in hand, so we need to find places to read and work. Nybro Tidende's editors did this by looking outside the dormitory, and we found the cozy Stadscaféen at Stadsbiblioteket, where you can get cheap coffee and with plenty of outlets to let you sit and work. Read about it on page 11.

In addition, we also have various important days coming up: Morten's Eve on November 10, and the

stores have long been planning for Black Friday on November 29. Read about Morten's Eve on page 3 and Black Friday on page 5.

November is also known for a variety of other traditions. Movember is one of these, and is a tradition where men let their handsome mustaches grow. Dorte does her best to help a desperate reader with it on page 4.

Have a nice November and don't let the geese irritate you too much!

Resident Council news

B) A new president of the exercise club is needed

TO DISCUSS AND VOTE

The exercise club is looking for a new

president, so if you or one of your peers thinks it might sound interesting, then you are very welcome to attend the meeting and hear what it entails.

A new chairman of the exercise club was elected: Lukas - G35.

Furthermore, it was mentioned that the

humidity in the gym is often high. Those present agreed that it is up to the new President to decide what to do about the circumstances.

Upcoming: Council meeting:
Wednesday, November 11th

The Personal Page

The Board

Frederik, N29 (chairman)
Rasmus, S21 (alternate)

The Residents' Council

Chairman: : Mads, E31

AB-odd: **Needed**

AB-even: **Needed**

CD-odd: Casper, C27

CD-even: Marie, D60

EF-odd: Victor, E33

EF-even: Mads, E31

GH-odd: **Needed**

GH-even: **Needed**

JK-odd: **Needed**

JK-even: **Needed**

LM-odd: **Needed**

LM-even: **Needed**

NO-odd: Niklas, O51

NO-even: **Needed**

PR-odd: **Needed**

PR-even: Kasper, P16

ST-odd: Ditlev, T47

Alternate: Anna, S15

ST-even: Marianne, T46

Apartments:

C, D and G: Keegan O2

H and L: Stefen L6

Alternate: Frederik H2

M, O and S: **Needed**

Administration

Treasurer

Kasper Hansen, R66
kasserer@nybro.dk

Secretary

Josephine B56
sekretaer.nybrogaard@gmail.com

Accountants

Nybro Tidende

Lina Nielsen, E35
Louise Almer, L11
Patrick Aagaard, M63
Louise Amalie Joensen, P33
tidende@nybro.dk

Secretariat/subleasing

Office hours: Monday 19:00-20:00
and Thursday 20:00-21:00,
GH-basement.
Phone: 21 48 54 55

Complaints committee

Office hours: Tuesday
19:30-20:00, GH basement.
E-mail: klage@nybro.dk
Phone: 21 48 54 55

Network office

Office hours: Monday 20:00-21:00
in the GH-basement.
E-mail: admin@nybro.dk
Phone: 21 48 54 55

TV/Antenna

antennegruppen@nybro.dk

Environmental Group

Troels, O07
miljo@nybro.dk

Canoe club

Rune, S02

Art club

This could be you

Board game club

Mads, E31

Bicycle workshop

Kristoffer, L10

Nybro Cake festival

This could be you.

Music practice room

Andreas L31

Dog club

Lærke, H56

Key bearers

Kasper

Phone.: 26 81 15 01

Peter Jon

Phone: 61919792

Patricia

Phone: 61719310

The price for

key service is:

9:00-21:00: DKK 50

21:00-9:00: DKK 100

Clubs

Gardening club

Lea, L06

Brewers club

Jakob, B51

Exercise room

Lukas, G35

Cinema club

Steffen, L06

FC Nybro

This could be you.

FC Nybro Chicks

This could be you.

Service

Table tennis/hockey

CD-basement

Bicycle workshop

LM-basement

Folding chairs

Trailer

Lars Kaj (insp.)

Draught beer system

Kasper, R66

KælderCaféen

Opening hours: Fridays 21:00-03:00

One Saturday each month 21:00-05:00

(announced separately).

Chairman: Bertil, O4

Deputy chairman: Kasper, P16

Member: Clara, K55

Secretary: Agnes O04

Residents' Council Rep.: **This could be you.**

Alternate: Emma, R64

Treasurer: Kasper, P16

Local facilities

Inspector

Lars Kaj
varmemester@nybro.dk

Phone: 45 87 04 73

Office hours

Monday: 16:00-18:00

Tuesday-Friday: 07:30-09:00

First weekday of month: 17:00-18:00

Laundromat

Opening hours: 8:00-19:00

Convenience store and Pizzeria

Phone: 51 14 12 19

Weekdays: 15:00-21:00

Sat-Sun: 13:00-21:00

May-August: open until 22:00 every day.

NOTE!

Items for the agenda must be sent to the secretary **at least ten days before the meeting**
nybro.dk > English > For Residents > Resident Council > "Add item to the agenda".



This month's geek out: Mortensaften

Mortensaften (St. Martin's Eve) is upon us. It will be celebrated the night before St. Martin's day, November 11. The evening of November 10 is, for most people, known as an excellent excuse to start the duck roasting a good while before Christmas would allow us to eat it! To make sure that you enjoy the duck, this article explains why we are actually celebrating St. Martin's Eve, and whether it is actually duck we should have on our plate.

The Danish Morten is derived from the Latin "Martinus" or Martin, which is the name of our protagonist who lived in the 300s. Morten came from the central French city of Tours. He was known to be very good towards the poor and was a well-liked man. As a young man, he was a Roman soldier, until he was baptized at the age of 18, and chose to become a missionary. He was considered sacred on the basis of his charity toward a poor beggar who no one else helped, besides Morten that is. As he passed the beggar, he gave away half of his cloak. The night later, Jesus appeared in a dream in which Jesus wore the beggar's robe. Jesus had told Morten that Jesus was the beggar who Morten had helped. It gave him the status of a holy and pious man. The people of Tours wanted Morten as bishop, but Morten did not. That's why he hid in a geese enclosure. Here he hoped to be able to hide from the townspeople who were looking for him in order to declare him Bishop. Unfortunately for Morten, the geese honked so loudly that the villagers found him and forced him into office as bishop of Tours.

To Morten's great annoyance, the geese revealed him, so he took his revenge by ordering all households to slaughter a goose a year! After his death (397 AD), Morten was named saint in 659 AD. His commemoration day was the day of his death, November 11, which was celebrated throughout Europe as Saint Martin's Day. In France, his cloak became a national treasure, and was brought along on campaigns in the belief that it protected the soldiers.

In Denmark, the oldest evidence of the story is from 1616, but the Danes ate goose before this time. So if you believe the story and evidence, and if you really want to help Morten the bishop get revenge on the animals that brought him into the unwanted office of bishop, then you should slaughter a goose.

Because goose in earlier times in Denmark was uncommon, it was replaced with the innocent duck, which was more common. At the same time, ducks also have a more suitable size for the household in Denmark. About 600,000 ducks are sold on the eve of his death, which accounts for about a third of the total number of ducks sold in Denmark. The biggest competitor is, of course, Christmas Eve.

There are several legends about Martin de Tours, but this story in particular is attributed to the St. Martin's Eve tradition.



Fortunately for us, it was poultry that revealed the good Morten, because it sure tastes good!

St. Martin's Eve in other countries:

In the Netherlands, children go door to door to ask for candy

In Poland, some kind of baked goods are eaten

In Slovakia, everyone named Martin receive gifts

In Germany you celebrate the day with a procession, bonfires and roasted chestnuts

In Ireland, a rooster is slaughtered and the blood smeared on the house

Anise-biscuits and wine are consumed in Sicily

In Malta, the children receive fruits and nuts

In Portugal, roasted chestnuts are eaten

In Spain, a pig is slaughtered

In Croatia, this year's vintage is blessed and drunk

Humans of Nybrogård

A dormitory is filled with many interesting people! So in the future, Nybro Tidende will present a small piece where we portray fellow residents!

Meet Lina, the third of the new editors at Nybro Tidende. She lives in E-odd and is fond of karate, dogs and baking cake, and her toothbrush is blue!

Like many other little girls, I was really fond of animals, specifically dogs and horses. So the obvious move was to become a veterinarian. However, that plan changed, and today I read biotechnology at DTU. I have really fallen for working with antibiotic resistance in bacteria and a little bit of infectious microbiology.

Before moving to the dormitory, I lived with my parents in Allerød,

but had actually just spent six months in Melbourne on exchange.

I like how you are never completely alone when living in a dormitory. I discovered, during a week when my roomie was away in Australia, that I hadn't really talked to anyone else that week, nor had I wanted to. So I am convinced that I would do exactly the same thing and become a complete hermit if I lived alone now. At a dormitory, I am forced to interact with others if I want to continue eating food.

I had a little trouble choosing one superpower, but I think a superpower centered around luck would be pretty good. Then I would always just reach the bus or the green light and never get hit by the puddles that cars run into, and catch the fork that I would accidentally push off the table. You know, the



little things. If it were to be an evil superpower I would like to be able to do the opposite to others so that they are mildly inconvenienced all the time.

By the way, did you know that even though it doesn't look like it, penguins actually have knees?

Dorte's Dumb column

Dear Dorte,

Now that November is here, so is Movember, but I have a hard time growing a beard, so I'm afraid I'm going to look like an idiot / pedophile with my tiny beard hairs on my upper lip. Can you help me?

Sincerely Capricorn

Dear Capricorn.

Now, I don't have much experience with bucks, but I think they are quite hairy, so I am surprised you have trouble getting a mustache.

When I was a young girl myself, I had no problems growing a mustache. However, I also cared for the hair on my upper lip every single day to make it look good. Boil some cooking apples and prunes and mix

it with some goose fat. You smear it on your upper lip and let it sit overnight - your boyfriend will love the taste when he kisses you goodnight. It moisturizes the skin and provides good reason for your beard to grow.

Unfortunately, society has come to the opinion that the mustache of young lady is no longer attractive.

When I was a young girl, a mustache on a woman was considered a sign of being able to take care of herself and that she did not need a man! It's sad to look at all the young ladies running around and shaving all manner of places, just because our society doesn't accept the natural woman body. I think it is a disgrace and I am sure that my sisters in the movement would say the same!



But if nothing works, the store named 'Tiger of Copenhagen' has some excellent fake mustaches you can use instead!

However, they are not so comfortable to wear, so I would recommend using my advice before you decide to buy a mustache for yourself. Good luck with it!

If you have a question for Dorte, you can write to her at tidende@nybro.dk or on Nybro Tidende's Facebook page.

Black Friday

Many readers have probably already seen Christmas items in many of the stores. I even saw the first risalamande in Netto back in early September. With the start of November, it will only increase, and there will be more gifts to think about. And that is absolutely perfect, because the American tradition called Black Friday coincides with the end of November.

Black Friday is the day after the American Thanksgiving, which takes place on the fourth Thursday in November. This year, Black Friday will be November 29th, with Cyber Monday happening on December 2nd. Both days relate to shopping, with Black Friday being the physical stores, and Cyber Monday being online shopping.

Black Friday is, as you might have guessed, a recent tradition. Since 1952, the day after Thanksgiving has been considered the start of the Christmas shopping

season, but the name Black Friday came later.

The words Black Friday began to be used about the day after Thanksgiving ca. 70 years ago. An example of its use is that it refers to how people called in sick to work on Friday morning to have a four-day weekend. In another example from Philadelphia, they were used by police to describe the unbelievably heavy traffic resulting from the start of the Christmas shopping season. A third example is a little more complicated: usually, deficits were marked in red and profits were marked in black. Traditionally, many stores were in the red – that is, in deficit – most of the year, but with the start of the Christmas season, they went "in the black" and since the Christmas season starts the day after Thanksgiving, it was called Black Friday.

Black Friday has also become popular in Denmark. A note from the Danish Business Association



Thousands of people go out every year to shop for Christmas on the same day.

states that 28% of Danes made purchases totaling an average of 2.219 kroner on Black Friday in 2017. Especially the young people who make use of the good deals with 41% of people under 30 expected to shop on Black Friday. The day is clearly also popular for Christmas gift shopping: 52% of those who shopped on Black Friday in 2017 were shopping for Christmas gifts – which makes sense. Who wouldn't want to spend a little less money to indulge themselves or others a little more?

**Kælders
Caféen**

**X-MAS +
TUBORG**

**FRIDAY NOVEMBER 1ST
JDAG 2019**

Residents' Council meeting minutes

Minutes for Residents' Council meeting - *Four Szmaglinski paddles*
October 1st 2019

1. Present: Kasper (PR-Even), Mads (EF-Even), Emma (ST-Even), Anika (GH-Odd)

2. Moderator and language for the meeting: Mads E31, Language; Danish

3. Count of voting members: 4

4. Approval of minutes from last Residents' Council meeting: Approved

5. Approval of agenda: Approved

6. Economy: We will likely be receiving some funds from KAB due to an error on their part.

7. Inward correspondence:

A) Application for covering the purchase of new equipment for the Canoe and Kayak Club v. Rune So2

TO DISCUSS AND VOTE

I would like to purchase new kayaks for the Canoe and Kayak Club and hereby request 21,900 kr for the purchase of:

Three Frontier Sea kayaks

The club is in dire need of new kayaks to replace the 3, respectively green and yellow, plastic sea kayaks. I got a great deal from Kim from Kanokajakcentret.

The paddles are for the canoes, as we need versions that are longer than the ones we currently have.

This point was postponed, due to too few voters being present, and also because the chairman of the club was not present.

It was discussed that it seemed like a good idea, but also expensive.

B) A new president of the exercise club is needed

TO DISCUSS AND VOTE

The exercise club is looking for a new president, so if you or one of your peers thinks it might sound interesting, then you are very welcome to attend the meeting and hear what it entails.

A new chairman of the exercise club was elected: Lukas - G35.

Furthermore, it was mentioned that the humidity in the gym is often high. Those present agreed that it is up to the new President to decide what to do about the circumstances.

C) President for the bicycle workshop is needed

TO DISCUSS AND VOTE

The bicycle workshop is looking for a new president, so if you think that this person could be you, then join the meeting and hear more.

The bicycle workshop is still looking for a new president.

10. New members and alternates

11. Other

12. Next meeting: Wednesday, November 6th at 7pm in the GH-basement

Any cancellations must be submitted at www.nybro.dk > Residents' Council > Cancel at least one day before the meeting

Menu card celebration

50%

50%

50%

On the entire menu

(Does not apply to menus and accessories)

***Is valid from 8th to the 10th of november**

Pizza

&

Burger

Flame grilled

08. nov 2019

Nybrogård kollegiet

Nybrovej 304 2800 KGS. Lyngby

Friday

opens 15:00



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Notice of Residents' Council meeting

Agenda for residents' council meeting - Monday, September 2nd

- 1) **Present:**
- 2) **Moderator and language for the meeting**
- 3) **Count of voting members**
- 4) **Approval of minutes from last resident' council meeting**
- 5) **Approval of agenda**
- 6) **Economy**
- 7) **Other messages**
- 8) **Review of last board meeting or agenda before the next.**
- 9) **Inward correspondence**

A) Application for covering the purchase of new equipment for the Canoe and Kayak Club v. Rune So2

TO DISCUSS AND VOTE

This item is added from the previous meeting

I would like to purchase new kayaks for the Canoe and Kayak Club and hereby request 21,900 kr for the purchase of:

- Three Frontier Sea kayaks
- Four Szmaglinski paddles

The club is in dire need of new kayaks to replace the 3, respectively green and yellow, plastic sea kayaks. I got a great deal from Kim from Kanokajakcentret.

The paddles are for the canoes, as we need versions that are longer than the ones we currently have.

B) President for the bicycle workshop is needed

TO DISCUSS AND VOTE

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hear more.

The club is still in need of a new president

- 10. New members and alternates
- 11. Other
- 12. Next meeting

Any cancellations must be submitted at www.nybro.dk > Residents' Council > Cancel at least one day before the meeting

Club column: The music practice room

Do you play an instrument? Are you tired of sitting in your room alone and playing while the other residents are asking you to stop? Then you are in luck! Because our dormitory has its very own music practice room!

If you want access to the room, you must first be a member. Fortunately, it's free! The music practice room is located in the basement of the dormitory, and you must fill out a club registration form, which you can find on nybro.dk under the tab 'clubs'. You take that registration slip with you to Lars Kaj and then you will have access to the room.

After joining the club, you can reserve time for the room using the note on the door.

It used to be possible to play in the room until 22:00, but at the res-

idents' council meeting in April 2019, it was voted that this time should be changed to 20:00.

In the room there is both the music room's own items, but there can be private objects. On the webpage for the music room, it is stated that there is a drum kit, a piano and a practice-PA system with a combined mixer which all belongs to the room and is freely usable. If you would like to leave your private gear, it must be marked with labels, on which you write your name and room, and also whether others are welcome to use it.

All information here is found on the music practice room's page at nybro.dk.

Images from the music practice room with the mentioned instruments.



Er du vores nye kollega?



Leder du efter nye bekendtskaber eller sociale omgangskredse på kollegiet? Har du lyst til at komme ud fra værelset og vise hvad du kan? Eller vil du bare have noget ekstra at skrive på CV'et?

Bliv en del af KælderCaféens aktivgruppe, og sæt præg på DIT kollegieliv.

Hvad får du ud af det?:

- Nye bekendtskaber
- Udvidelse af erfaringer inden for kommunikation og afprøvning af egne grænser
- Adgang til specielle events på kollegiet
- 10 gratis drinks pr. vagt, som du kan indløse når du vil, eller give til hvem du ønsker

Vi arrangerer både fester og aktiviteter på kollegiet. Vi arbejder for at skabe oplevelser og sammenhold mellem alle gange og beboere. Sammen har vi har det sjovt, og der er (næsten) ingen grænser for hvad vi har mulighed for at lave.



The easiest way to become a bartender is to send a message to KælderCaféen's Facebook group.

Food column

For this month, we looked for recipes that could be used on observance days during November, but tried to make them more budget-friendly.

Roasted ginger/peanut marinated chicken with baked root vegetables

Many associate chicken with huge chicken breasts injected with water, but by buying a whole chicken you can, in most cases, avoid this and still get a delicious and juicy chicken. A Løgismose-chicken (which the editors used when testing the recipe) will serve approx. 4 people.

Ingredients

- 1 chicken (e.g. Løgismose)
- 2 tbsp. peanut butter
- 1-2 tsp. grated ginger
- 1 tbsp. soy sauce
- 1 tbsp. fish sauce
- 1 tbsp. lime juice
- 1 tsp. coconut sugar (or ordinary sugar)
- 2 tbsp. milk
- 1-2 tbsp. sesame oil
- 1 tbsp. olive oil
- 400 g. potatoes
- 200 g. carrots
- 2 small sweet potatoes

Procedure

Split the chicken by placing it with the legs pointing upwards and press until you hear a crack.

Then cut on each side of the spine to cut off the ribs and remove the spine. Place the chicken in a dish so that it lies skin side up.

Mix the remaining ingredients in a glass (the marinade should be thick but liquid).

Spread the marinade over the chicken and make sure all the skin is covered. Then let the chicken rest in the refrigerator for 12 hours (you may want to wait a shorter while, but the longer it

rests, the better the chicken will taste).

Cut vegetables into mouth-watering pieces and place them in the dish with the chicken (lift the chicken up and place them under).

Pour a little olive oil over the root vegetables and sprinkle with some salt. Then place the chicken on top again and then in a preheated oven (200 °C). Depending on the size of the chicken, it should need between 45 minutes and 1 hour.

Pecan pie with chocolate

This pecan pie is easy to make and tastes good. When we made it, we used walnuts instead of pecans to make it less expensive.

Ingredients: Pie dough

- 110 g unsalted butter, softened
- 225g wheat flour + extra for the mold
- 80 g of sugar
- 1 large egg

Ingredients: Filling

- 110 g unsalted butter, softened
- 225 g of light cane sugar
- 110 g golden syrup
- 3 large eggs
- 260 g pecans, chopped
- + 16 halved pecans
- 85g dark chocolate buttons (70%)

Procedure

Stir or rub butter and flour together. It should look like crumbs. Add sugar and then the egg - it should only just hold together.

The dough is taken out of the bowl and quickly kneaded on a floured surface. Wrap the dough in plastic wrap



and place in the refrigerator for 20-30 minutes.

Take the dough out of the refrigerator and roll it out on a floured work surface - it should be 5 mm thick and large enough to fill the mold.

Fill the mold with the dough - push it gently into the bottom and to the sides. Puncture the bottom with a fork. Place the pie in the fridge for 20-30 minutes.

Preheat the oven to 150 ° C and insert an empty baking sheet.

Take the pie out of the refrigerator, place baking paper over the dough and fill it with dried beans or rice. Bake the pie for 10 minutes. Take it out of the oven, remove the beans and paper and bake the pie for another 10 minutes or until it is cooked through and has a golden brown color. Set it aside to cool.

For the filling: Melt butter, sugar and syrup in a saucepan at low heat. Set it aside to cool. Lightly whisk the eggs in a bowl. Pour the melted ingredients into the eggs while constantly stirring - keep stirring until completely mixed.

Spread pecans and chocolate buttons over the pie bottom and pour the liquid filling over. Garnish with halved pecans.

Carefully place the pie on the hot baking sheet - it will make the bottom bake more evenly - and bake it for 30 minutes. Turn down to 140 ° C and bake for 20 minutes. When the pie is done, the filling will be more stiff - it may seem a bit soft in the middle: It's just as it should be.

In the area: Stadscaféen

It's gotten cold, and for most of us the exams are just around the corner, so

most people know about Lyngby Library, which overlooks Mølledammen. However, few people know about the hidden gem in the form of Stadscaféen located in the library.

The house that now functions as Stadscaféen was built in 1748 as a country house by the Professor of the Academy of Fine Arts, Johan Martin Preisler and later became the gathering place for the 'Bernstorffske Vennekreds', which, among other, included the poet Johann Gottlieb Klopstock.

The building was bought in 1896 by Carl Hother Müffelmann and

was then named Gramlille, which it is still called today.

In 1955, Gramlille was purchased by the municipality of Lyngby-Taarbæk, and the library was built in Gramille's garden.

The Café in Gramlille is run in collaboration with the Support Center 'Magnetten' for adult developmentally disabled citizens, offering organic, but cheap, freshly baked buns and cakes as well as freshly brewed coffee and a selection of delicious teas from Chaya. Everything is sold for student friendly prices and if you are a member of the library club you can get a 10% discount.

Nybro Tidende's editors have learned that Lyngby is not exactly

Opening hours:

Tuesday–Friday: 10:00–16:00
Saturday: 10:00–14:30

overflowing with student-friendly cafes, and were therefore pleasantly surprised, as there were actually both outlets and plenty of seating area - if you do not want to sit in the cafe, you can instead sit in the library, where there is plenty of seating overlooking Mølledammen!



Stadscaféen's Tuesday cinnamon swirl for 22 kr. and a French press coffee press for 25 kr is highly recommended by Nybro Tidende's editors.

The coffee will be served at the end of a hallway with seating and an exhibition of 'Hemmeligheder alle vegne' (Secrets everywhere) by Maria Wandel.



Sudoku

Important dates

	1				6	9	4	3
6								5
9							2	
			1	7			6	
2	8		6	3	4		7	1
	6			2	8			
	2							7
4								6
1	7	8	2				9	

- **1. november:** J-day
- **2. november:** All Souls' Day
- **6. november:** International Day for Preventing the Exploitation of the Environment in War and Armed Conflict 2019
- **10. november:** Saint Martin's Eve
- **11. november:** Saint Martin's Day
- **14. november:** International Diabetes Day
- **16. november:** International Day for Tolerance
- **19. november:** International Toilet Day
- **20. november:** Industrialization Day for Africa and Universal Children's Day
- **21. november:** International TV Day
- **25. november:** International Day for the Elimination of Violence against Women
- **28. november:** Thanksgiving
- **29. november:** Black Friday

Do you have **comments, praise, critique** or other information, you want to have included in the newsletter? tidende@nybro.dk

