

NybroTidende

December 2019



Santa Lucia p.3



Let's pass the time p.5



Christmas markets p.10

A Saint, Vikings, and Christmas Markets

It's December! It's Christmas! Some are happy, others are stressed, and the complete third are apathetic, but nonetheless it has become Christmas, and it is time for all the associated traditions. On page 3 we have once again got our very own theologian to write about Santa Lucia and the myth behind it.

On page 5 we look at the various series and films, that one of the editors is looking forward to spending December watching, when Christmas season becomes a little too stressful.

Resident Council news

The net-group informs:

That they are working closely with K-net to try to solve the problem. They say that other dormitories are also affected by this problem. The dormitory Kampsax has looked at alternative solutions, such as switching providers, but it is quickly be-

coming expensive. The current expenses for the network are about 9 kr. per resident, and is paid every month. By switching provider, the price will quickly be 90-100 kr. per month, and the net-group will have less insight into IP addresses etc. The net-group further informs that they will post on the FB page when there are news on the issue.

Dorte tries to help an amateur baker make brunkager on page 9, and you can judge for yourself how well that will turn out.

Page 10 offers a review of some different Christmas markets and other opportunities to make the time go here in December, if you are not too busy with all the exams.

We wish everyone a Merry Christmas, and remind you that there will be no issue for the month of January.

The net-group is also asking everyone to ONLY contact them via their e-mail, net-drift@nybro.dk, and not in person, via FB and the like.

Upcoming: [Residents & Council meeting](#):
Monday, December 3rd

The Personal Page

The Board

Frederik, N29 (chairman)
Rasmus, S21 (alternate)

Administration

Treasurer
Kasper Hansen, R66
kasserer@nybro.dk

Canoe club
Rune, S02

Clubs

Gardening club
Lea, L06

Art club
This could be you

Brewers club
Jakob, B51

Board game club
Mads, E31

Exercise room
Lukas, G35

Bicycle workshop
Kristoffer, L10

Cinema club
Steffen, L06

Nybro Cake festival
This could be you.

FC Nybro
This could be you.

Music practice room
Andreas L31

FC Nybro Chicks
This could be you.

Dog club
Lærke, H56

Secretary
Josephine B56
sekretaer.nybrogaard@gmail.com

Accountants

Nybro Tidende
Lina Nielsen, E35
Louise Almer, L11
Patrick Aagaard, M63
Louise Amalie Joensen, P33
tidende@nybro.dk

Secretariat/subleasing
Office hours: Monday 19:00-20:00
and Thursday 20:00-21:00,
GH-basement.
Phone: 21 48 54 55

Complaints committee
Office hours: Tuesday
19:30-20:00, GH basement.
E-mail: klage@nybro.dk
Phone: 21 48 54 55

Network office
Office hours: Monday 20:00-21:00
in the GH-basement.
E-mail: admin@nybro.dk
Phone: 21 48 54 55

TV/Antenna
antennegruppen@nybro.dk

Environmental Group
Troels, O07
miljo@nybro.dk

Key bearers
Kasper
Phone.: 26 81 15 01
Peter Jon
Phone: 61919792
Patricia
Phone: 61719310
The price for
key service is:
9:00-21:00: DKK 50
21:00-9:00: DKK 100

Service

Table tennis/hockey
CD-basement

Bicycle workshop
LM-basement

Folding chairs

Trailer
Lars Kaj (insp.)

Draught beer system
Kasper, R66

KælderCaféen

Opening hours: Fridays 21:00-03:00
One Saturday each month 21:00-05:00
(announced separately).

Chairman: Bertil, O4
Deputy chairman: Kasper, P16
Member: Clara, K55
Secretary: Agnes O04
Residents' Council Rep.: *This could be you.*
Alternate: Emma, R64
Treasurer: Kasper, P16

Local facilities

Laundromat
Opening hours: 8:00-19:00

Convenience store and Pizzeria
Phone: 51 14 12 19

Weekdays: 15:00-21:00
Sat-Sun: 13:00-21:00
May-August: open until 22:00 every day.



The Residents' Council

Chairman: : Mads, E31

AB-odd: **Needed**

AB-even: **Needed**

CD-odd: Casper, C27

CD-even: Marie, D60

EF-odd: Victor, E33

EF-even: Mads, E31

GH-odd: **Needed**

GH-even: **Needed**

JK-odd: **Needed**

JK-even: **Needed**

LM-odd: **Needed**

LM-even: **Needed**

NO-odd: Niklas, O51

NO-even: **Needed**

PR-odd: **Needed**

PR-even: Kasper, P16

ST-odd: Ditlev, T47
Alternate: Anna, S15
ST-even: Marianne, T46

Apartments:

C, D and G: Keegan O2

H and L: Stefen L6
Alternate: Frederik H2

M, O and S: **Needed**

NOTE!

Items for the agenda must be sent to the secretary **at least ten days before the meeting** nybro.dk > English > For Residents > Resident Council > "Add item to the agenda".

Inspector

Lars Kaj
varmemester@nybro.dk
Phone: 45 87 04 73

Office hours

Monday: 16:00-18:00
Tuesday-Friday: 07:30-09:00
First weekday of month: 17:00-18:00

This month's geek out: Santa Lucia

December's highlight is primarily Christmas Eve, and all that comes with it. Among the December joys, Santa Lucia is celebrated on December 13th. Santa Lucia is the Danish and Norwegian name for Saint Lucy. The tradition involves children in white robes holding candles in their hands, and on the head of the child representing the saint herself. Most of us also remember Santa Lucia for its catchy song. Therefore, in this edition of this month's geek out, we take a closer look at yet another Christian tradition, so that you are informed when you jump into the white dress and sing for your neighbors!

The legend revolves around the Roman Catholic saint, Lucia (Lucy in most English speaking countries), who in 283 AD. was born in Sicily. Her name comes from the Latin *Lux* which means light. The then Roman Empire was led by Emperor Diocletian, whose extensive Christian persecution involved torture and death. Therefore, it was well-regarded when Lucia converted to Christianity and was baptized. Every Christian reported was punished, which is why most people hid in the city's catacombs underground. Lucia was one of those who helped the hidden Christians by lighting candles and leading them on their way in the dark. When Lucia one day visited her sick mother, she prayed for her and swore to devote her life to Christ and live in virginy if her mother recovered.

One day Lucia gets a marriage offer and has to refuse this because of her promise to God. This was not taken well by the Romans who abhorred Christians, so the man re-

ports Lucia to the authorities. Lucia stands by her Christian faith and must suffer the martyr's death. However, she is not easy to kill because, according to legend, she is protected every time she is attempted hurt. At first Lucia is sent to the brothel, but she did not want to tempt the men, so she tore her eyes out, but they grew out again. Next, they try to burn her, but she does not burn. Eventually, there was nothing else left but to stab a sword through her. Lucia died December 13, 304 AD.

The Lucia tradition in the North refers to 'Lussenatten', from the Julian calendar, where December 13 was the shortest and darkest day of the year, which is why the light was celebrated. In Sweden and Denmark the custom involves a procession. It was once tradition to wake up in the dark morning by the young girl in the house standing by the bed, dressed in white, with food and drink, cocoa and "lussebrød" (saffron bread). The Lucia tradition in Denmark is primarily a Nordic tradition that extends beyond the narrative of the Christian martyr. The famous song is originally a Sicilian folk song, written in Santa Lucia's honor, but the poem leans mostly on the Nordic tradition.

To the right is the text written for those who would like to refresh their Lucia song, and have a man lying in bed to be awakened with saffron bread!



Lucia has also gained saint status with the blind and people with eye diseases. Therefore, she is often depicted with a bowl in her hand in which her eyes lie, in accordance with the to legend.

*Nu bæres lyset frem
stolt på din krone
rundt om i hus og hjem
sangen skal tone
//:Nu på Lucia-dag
hilser vort vennelag
Santa Lucia, Santa Lucia://*

*Her ved vor ønskefest
sangen skal klinge
gaver til hver en gæst
glad vil du bringe.
//:Skænk os af lykkens væld
lige til livets kvæld
Santa Lucia, Santa Lucia://*

Hoomans of Nybrogård: Ymer the cat

When I came to the dormitory in December 2018, I had lived in a boarding school for a while, until my old owner could no longer have me.

However, I quickly fell in and took control of the apartment. From a very young age, my big dream has been to be able to walk around with my people, as well as eating food and sleeping all day long, and I live out these dreams, even though my owners have put me on a strict diet, just because I has gained 30% in body weight in a year. However, I also loudly object to this by constantly meowing and scratching all the furniture.

In addition to food, the best thing I know is being cuddled, and I like to spend the whole night on top of my hooman's head so I can get extra attention.

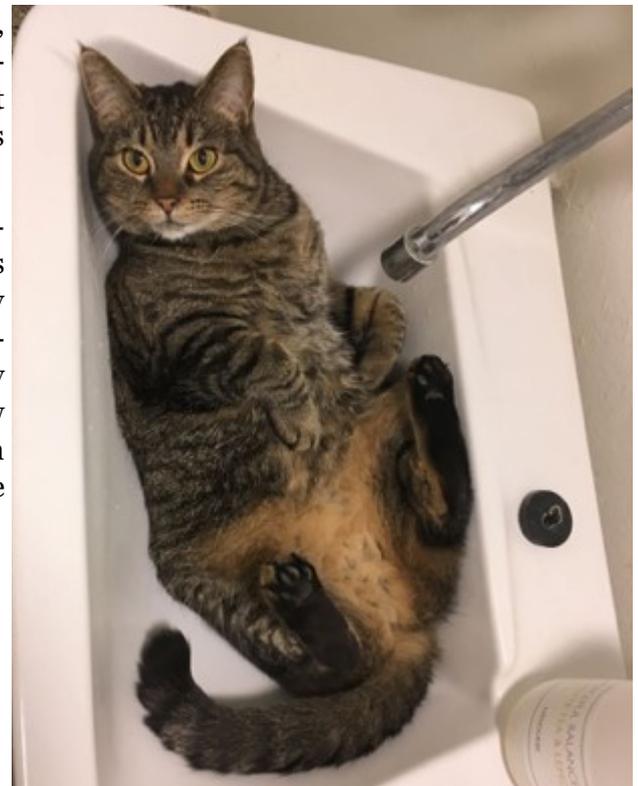
Until I came to Nybrogård, I had never been out, but my new owners tried to let me out and I loved it. I quickly found out that I could go to the neighbor, scare their cat Tulle away and then eat her food - hehe. I also started to run all the way down to the road so I could take a look at all the fast cars passing by. My owners, however, were not so happy, so they bought me a harness, and now I am only locked out of the window with harness and leash on. It's not as fun anymore either, as the cat Carsten continues to think it's his

territory. He also sometimes comes in and looks in from the window of MY apartment, but then I make myself really big and hiss

I have no toothbrush, but I have heard that you can get some snacks that clean your teeth ...

The Cat Carsten passed by the other day and punched the window, but I defended my territory. He can come and get it (as long as the window is closed)!

I have developed an ingenious tactic that involves getting into the sink every morning when my hoomans get up. Then they can't help but see how charming I am and then they may give me more breakfast! MUMS!



How to pass the time in December

Christmas is a great time. It has lots of 'hygge', the food and candy is tasty, and for many it brings family and friends together. However, 24 days is a long time, especially when Christmas now seems to start in October, and many need a break - this editor included. That is why I sat down and briefed myself on upcoming series and movies all around, thinking I would share it with our 7 readers. But just a caveat: Spoilers abound!

To start with series, we can of course start with HBO Nordic. The *Watchmen* series, which is the continuation of the DC comic of the same name created by Alan Moore, continues with the last three episodes until December 15th. In addition, the BBC and HBO have collaborated to create the series *His Dark Materials*, which is based on Philip Pullman's book series with the same name. The episodes will be released on Mondays until December 22nd.

The big one for this month is the sixth and final season of *Vikings*, which will hit HBO Nordic on December 5th, where we follow Ragnar's sons in the aftermath of Björn's and Ivar's showdown last season.

Of course, Netflix should not be forgotten, and the long-awaited series version of the popular books and games, named *The Witcher*, will be released on December 20th.

Later this month, the second season of the *You* series, which revolves around a serial killer and stalker, is released. Last season ended on a surprising cliffhanger, and fans of the series have been waiting to get an explanation. The season is coming to Netflix on the

second Christmas day (boxing day).

Now let's talk movies, as they have to be mentioned. Netflix adds a number of critically acclaimed films here in December, such as *The Post*, which deals with journalists at The Washington Post and their attempts to publish classified documents on US involvement in the Vietnam War. The film *I, Tonya* about the talented skating princess whose opponent mysteriously smashed her knees will be released on the same day: December 1st.

This year, Martin Scorsese has partnered with Netflix to make yet another gangster movie, where we are once again allowed to see Robert de Niro, Al Pacino and Joe Pesci. The film is called *The Irishman* and is about Frank Sheeran, a former hitman for the mafia. The film was shown in Danish cinemas between the 21st and 27th November. On November 27, it appeared on Netflix, so our dear readers may think that it makes no sense to mention the movie in an article about things due out in December. But because film series *The Godfather* will be released on Danish Netflix on December 1st, this can serve as warm-up to the new gangster movie. In addition, you could also watch *Goodfellas* with Robert de Niro and Joe Pesci or *The Departed*, both of which are well-known and are good gangster films introduced by the same man behind *The Irishman*, and both are on Netflix.

At least I know what to do when I'm hiding in December.

The last and sixth season of Vikings will be released on December 5th on HBO Nordic. The first season of The Witcher is released on Netflix on December 20th and The Irishman appeared on Netflix on November 27th, if you haven't already seen it in the cinema.



Residents' Council meeting minutes

Minutes for Residents' Council meeting - November 6th, 2019

1. Present: Asbjørn JK-odd, Emma ST-even, Ditlev ST-odd, Kasper PR-even, Mads EF-even

2. Moderator and language for the meeting: Mads, Language; Danish

3. Count of voting members: 5

Quorum is not met. The rule is that there must be at least eight residents' council representatives or their alternate or half of the total number of residents' council representatives in order for the council to vote.

4. Approval of minutes from last Residents' Council meeting: Approved

5. Approval of agenda: Approved

6. Economy:

The dormitory did not receive the money last month from KAB, but is being dealt with.

7. Inward correspondence:

A) Application for covering the purchase of new equipment for the Canoe and Kayak Club v. Rune So2

TO DISCUSS AND VOTE

This item is added from the previous meeting

I would like to purchase new kayaks for

the Canoe and Kayak Club and hereby request 21,900 kr for the purchase of:

Three Frontier Sea kayaks

Four Szmaglinski paddles

The club is in dire need of new kayaks to replace the 3, respectively green and yellow, plastic sea kayaks. I got a great deal from Kim from Kanokajakcentret.

The paddles are for the canoes, as we need versions that are longer than the ones we currently have.

The chairman of the Canoe and Kayak Club is not present.

The General sentiment for the point, however, was positive. It was also mentioned that there is a great interest in new canoes or repair of the old ones, as it is mentioned that these are used most often.

B) President for the bicycle workshop is needed

TO DISCUSS AND VOTE

The bicycle workshop is looking for a new president, so if you think that this person could be you, then join the meeting and hear more.

The club is still in need of a new president

10. New members and alternates

11. Other

The net-group informs:

That they are working with K-net to try to solve the problem of packet loss. They say that other dormitories are also affected by this problem. The dormitory Kampsax has looked at alternative solutions, such as switching providers, but it is quickly becoming expensive. The current expenses for the network are about 9 kr. per resident, and is paid every month. By switching provider, the price will quickly be 90-100 kr. per month, and the net-group will have less insight into IP addresses etc. The net-group further informs that they will post on the FB page when there are news on the issue.

The net-group is also asking everyone to ONLY contact them via their e-mail, net-drift@nybro.dk, and not in person, via FB and the like.

10. Next meeting

There is both Residents meeting and Residents' Council meeting on Tuesday, December 3rd, 2019.

Any cancellations must be submitted at www.nybro.dk > Residents' Council > Cancel at least one day before the meeting

Notice of Residents' Council meeting

Agenda for residents' council meeting - Tuesday, December 3rd

- 1) Present:
- 2) Moderator and language for the meeting
- 3) Count of voting members
- 4) Approval of minutes from last resident' council meeting
- 5) Approval of agenda
- 6) Economy
- 7) Other messages
- 8) Review of last board meeting or agenda before the next.
- 9) Inward correspondence

A. Application for covering the purchase of new equipment for the Canoe and Kayak Club v. Rune So2

TO DISCUSS AND VOTE

This item is added from the previous meeting

I would like to purchase new kayaks for the Canoe and Kayak Club and hereby request 21,900 kr for the purchase of:

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Four Szmaglinski paddles

The club is in dire need of new kayaks to replace the 3, respectively green and yellow, plastic sea kayaks. I got a great deal from Kim from Kanokajakcentret.

The paddles are for the canoes, as we need versions that are longer than the ones we currently have.

10) New members and alternates

11) Other

12) Next meeting

Any cancellations must be submitted sekretaer.nybrogaard@gmail.com at least one day before the meeting

Notice of Residents meeting

Agenda for residents meeting - Tuesday, December 3rd

- 1) Present:
- 2) Moderator and language for the meeting
- 3) Approval of agenda
- 4) Economy
- 5) Other messages
- 6) Inward correspondence

send, as they are not finalized yet.

B. Appointment of board member v. Frederik Bjerg Clausen

TO INFORM AND FOR VOTE:

There is an election for one of the two positions of Resident Representative on the dormitory's Board. The former Resident Representative Keegan Van Kooten has vacated and is therefore not available.

Lars-Kaj and I about being allowed to write a message on the fb group when, for example, they have weekend offers. We both thought it was a good idea so we allowed him.

What do people think on the pizzeria being allowed to post on the FB page when they have weekend deals or other relevant info?

7) Other

A. Submission of accounts for approval v. Frederik Bjerg Clausen

TO INFORM AND FOR VOTE:

The accounts for the financial year 2018-2019 are submitted to the residents for approval. The accounts have not yet been

C. FB-posts by Nybro pizza? v. Mads E-31

TO DISCUSS

Mahmood(from nybro pizza) has asked

Residents Meeting

On December 3rd, the semi annual residents meeting for December will be held. It is a great opportunity for all residents to help determine what is going to happen at the dormitory. And there will be cocoa and cookies!

The residents meetings must be held twice a year: no later than March 31st and no later than December 31st. For a residents meeting, all residents at Nybrogårdskollegiet have one vote, compared to residents' council meetings, where only representatives have the right to vote. If you have access to the residents meeting, you can also enter a topic for the meeting, as long as the residents' council has received the proposal no later than 5 days before the meeting.

The upcoming residents' meeting has the following points:

1. Presentation of the residents' council's report for the past year.
2. Presentation of the institution's annual accounts for approval (presented by the residents' council).
3. Election Residents' Council Chairman and other Council members, as well as alternates for all Council members.
4. Appointment of board members and alternates.

So, if you want to join the residents' council, it is a good idea to show up at the residents meeting.

One important thing to know about the residents meeting is that the residents meeting must give its

approval for the residents' council to change the rules of conduct. If this does not happen, the changes are not valid. This means that the residents meeting has the veto on changes in the rules of conduct, an example of which could be changes in rules for pets. In addition, the residents meeting must also approve of changes, if any are wanted, to the distribution of the costs of heating and electricity. Lastly, the residents meeting must also approve of rent increases, if such is being considered.

If all this has not interested you, then there is also the opportunity to eat cookies and drink cocoa. There's no reason to stay home (unless you do not like cocoa and cookies, of course). Just make sure to join the Facebook event that has been posted in Nybrogård's Facebook group.

Dorte's Dumb Column

Dear Dorte,

Now that Christmas is soon to be upon us, I really want to bake some delicious Danish Brunkager for myself and my friends, but I'm just so bad at it! That's why I was hoping you might have some guidance for some delicious cookies?

Greetings, Amateur baker

Dear Amateur Baker,

I was in your shoes not many years ago. I wanted to bake for my ex, but I had spent far too much time during the summer preparing my costume for Halloween, so I had no time at all to practice! And if you watch Den Store Bagedyst, they talk about practicing all the time, so it's clear that it's important to practice

baking if you want to be good. It's like making costumes, you have to practice - a little fun fact, I knitted the hat I wear in my picture, isn't it pretty?

So, Brunkager. Personally, I'm not so fond of them, so I usually make vanilla wreaths, but if it's Brunkager you want, then it's Brunkager you will get.

The first thing I would do is go out into the woods and find some really good soil. These are brown cookies, so we need something that gives the lovely brown color. And I think that soil does so really well! But we do live in a place with great topsoil, so your cookies may end up black instead! It would be exciting, black is also a much nicer color than brown. Then we have to find the nice little nuts that are in some



Brunkager, if it is to your liking. I would rather do that in nature, but as Denmark does not really have nature anymore, I recommend that you go to Netto. I don't know what nuts it should be, because frankly, I have no idea how to make Brunkager. I don't like them myself, but I hope I've been helpful! Good luck!

If you have a question for Dorte, you can write to her at tidende@nybro.dk or on Nybro Tidende's Facebook page.

Food Column

Christmas equates food, sweets and cakes, and for some, alcoholic drinks. This month, we have set out to make it a little better for those who may not like Glögg or Christmas beers, by making a delicious drink. In addition we have a – for some – well-known cookie recipe.

Dark 'n stormy

With only 7 hours, 1 minute and 19 seconds of daylight, December 21st is the shortest day of the year. However, that does not mean that the remaining hours should be spent sleeping or being sad! Hygge is invented to deal with those long, dark nights, so why not enjoy a delicious, spicy classic while waiting for summer to return?

Nybro Tidende has tried a lot of recipes and developed the best recipe for Dark' n stormy, so there are no excuses.

Ingredients:

- 5 cl. dark rum (We used Kraken)
- 1.5 cl fresh pressed lime juice
- 1 dl. ginger beer

Optionally, a slice of lime for the looks.

Procedure:

Fill a glass with ice cubes. By putting a lot of ice cubes in, they melt more slowly and the drink become less watery.

Then add lime juice and ginger beer. Then fill with rum so that it is

in a layer on top of the ginger beer and lime juice.

Decorate with a slice of lime and the drink is ready to be enjoyed.

Snickerdoodles

Each year, families gather to make large portions of a variety of different, mainly Danish, Christmas cookies: Finskbrød, Klejne, Vanilla wreath, Brunkage, Pebernød and Jødekage. Here's a recipe for the American cookie snickerdoodle

Ingredients—Dough:

- 60 g butter
- 160 g sugar
- 1 tsp vanilla sugar
- 1 large egg
- 240 g wheat flour
- 3/4 tsp baking powder
- 1/2 tsp baking soda
- 1 pinch of salt
- 1/4 tsp cinnamon

Ingredients—topping:

- 1,5 tbsp sugar
- 1 tbsp cinnamon

Procedure:

Mix butter, sugar, vanilla sugar and the egg in a bowl with a whisk until light and fluffy.

Mix the rest of the dough ingredients in a bowl and place them in the butter-egg mixture in 2-3 rounds. Form the dough into a smooth ball. Cover it with plastic film and place it in the refrigerator for 40 minutes.

Preheat the oven to 170 degrees and place baking paper on 2-3 baking sheets.

Make the topping: Stir sugar and cinnamon together in a small bowl.

Take the dough out of the fridge and break off small portions — they should be the size of walnuts. Roll them into balls and turn them into cinnamon sugar. Make sure each ball is completely covered. Distribute balls on the baking sheets, 4-6 on each.

Bake the cookies for 10-13 minutes, or until golden. Take them out, let them cool for a few minutes on the plates and transfer them to a baking rack where they cool completely.



In the area: Christmas markets

It is Christmas, and that brings with it the need to buy Christmas presents; an event that is often associated with a lot of stress and hassle, but why not combine Christmas shopping with a nice trip to a market? Every year there are a lot of Christmas markets where you can buy various Christmas things - foods, decorations and gifts.

This type of market is originally from Germany, Austria, France and Italy and is generally held during the four weeks of Advent. Although Christmas markets have been held all the way back to the 13th century, the first market, reminiscent of a contemporary Christmas market, called the Striezelmarkt, was first held in 1434 in Dresden.

A place to visit is the Christmas market at Nordre Mølle in Lyngby, where you can buy homemade nisser, jewelry and knitware as well

as organic beer, liqueurs and snaps.

This year, the market will take place on December 7th through 8th and the 14th through 15th, from 10:00-16:00.

If you are interested in a larger market, you can go to Copenhagen, where the Christmas markets can be found on almost all street corners.

If you are willing to pay 130 kr, you can go into Tivoli, which decorates the entire garden in a Christmas theme, with lots of lights. There is also a Christmas train to visit and the option to warm up with Tivoli's famous glögg. In addition, you can visit Santa Claus until December 24th. According to BigSevenTravel, Tivoli is actually the 22nd best Christmas market in the world! You can also see Tivoli's Christmas Illuminations on Lake Tivoli. Laser, lights, fire, smoke

and water transform the lake into a moving work of art for Tchaikovsky's Nutcracker. It can be viewed once an hour from 19:30.

If you do not want to spend that much money, you can go to Christiania's Christmas market in the gray hall. This market has existed since the 70's and has free entry every day from the 7th-20th December from 12:00-20:00 (on the last day it's 12:00-18:00).

Here is a large selection of homemade products and plenty of food stalls, as well as coffee for you to warm up on.

If Christmas markets are not for you or you are just too busy with the exams, the Nybrogård dormitory will hold its annual Christmas tree lighting on Sunday, December 1st on the lawn in front of AB, where warm æbleskiver will be served.



A Christmas market in Germany

Sudoku

	3		7	2	6			
	2		9				3	
			5	8				2
			2	1		5		
1	4						9	8
		6		7	8			
3				5	7			
	8				4		6	
			8	3	2		7	

Important Dates

- **1. december:** World AIDS Day
- **7. december:** International Pear-Day
- **13. december:** Lucia
- **21. december:** Winter solstice
- **24. december:** Christmas Eve
- **25. december:** 1. Christmas Day
- **26. december:** 2. Christmas Day
- **31. december:** New Year's Eve

Do you have **comments, praise, critique** or other information, you want to have included in the newsletter? tidende@nybro.dk



Julestjerner, Tinka og Kongspillet, Storm på Stillevenget



Pyrus i Alletiders Eventyr og The Julekalender