

NybroTidende

June 2020



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June, reopening, and brighter times

Dear readers, it is now June. For many of us, this signifies summer, holidays and, usually, also travels to exciting places. But this year has turned out differently. The reopening is well underway, people have returned to giving hugs, and we can finally go to cafes and restaurants again. Brighter times are coming! Not just figuratively, as Saint John's Eve and the summer solstice are coming up in June, which means that the shortest night is coming soon! What a symbolic event in the middle of all the reopening.

Unfortunately, some of the plans we had put in place for them two summer months, have had to be cancelled. On page 8 we have made a small list of things we intend to do in the summer vacation right here in Sjælland.

We have spent a lot of time in and around our lovely

Åmose, which we live next to. We have therefore chosen to write about the water areas at the dormitory, on page 3.

Our lovely new editor has got off to a great start and has written an article in which she gives good ideas as to what we can watch, stream and listen to in the coming months. See her proposal on page 6.

In addition to these ideas, she has had a chat with Frode, who knows some dangerous jokes. Read them on page 5. Dorte has some bad ideas on how to deal with annoying dormitory residents on the page 4.

We hope that this edition helps our sweet readers on their way to a great summer, and that we'll see you again in September! Have an amazing summer!

Residents' council news

Look forward to Monday, June 8, because that's when the next Residents' Council is meeting! ☺

The Personal Page

<p>The Board</p> <p>Frederik, N29 (chairman) Rasmus, S21 (alternate)</p> <p>The Residents' Council Formand: Mads, E31</p> <p>AB-odd: Kimberly, A15</p> <p>AB-even: Needed</p> <p>CD-odd: Casper, C27</p> <p>CD-even: Marie, D60</p> <p>EF-even: Victor, E33</p> <p>EF-even: Mads, E31</p> <p>GH-odd: Needed</p> <p>GH-even: Needed</p> <p>JK-odd: Asbjørn</p> <p>JK-even: Needed</p> <p>LM-odd: Needed</p> <p>LM-even: Needed</p> <p>NO-odd: Niklas, O51</p> <p>NO-even: Needed</p> <p>PR-odd: Needed</p> <p>PR-even: Kasper, P16</p> <p>ST-odd: Ditlev, T47</p> <p>ST-even: Emma</p> <p style="text-align: center;">Apartments: C, D og G Needed</p> <p>H og L Steffen, L6 Alternate Frederik, H2 M, O og S: Kasper, S06</p>	<p>Administration</p> <p>Treasurer Kasper Hansen, P16 kasserer@nybro.dk</p> <p>Secretary Josephine, B56 sekretaer.nybrogaard@gmail.com</p> <p>Accountants</p> <p>NybroTidende Lina Nielsen, E35 Louise Almer, L11 Patrick Aagaard, S37 Louise Joensen, P33 tidende@nybro.dk</p> <p>Secretariat/subleasing Office hours: Monday 19:00-20:00 og Thursday 20:00-21:00 i GH-basement Phone: 21 48 54 55</p> <p>Complaints committee Office hours: Tuesday 19:30-20:30 i GH-basement. E-mail: klage@nybro.dk Phone: 21 48 54 55</p> <p>Network office Office hours: Monday 20:00-21:00 in the GH basement E-mail: admin@nybro.dk Phone: 21 48 54 55</p> <p>TV/Antenna antennegruppen@nybro.dk</p> <p>Environmental group Troels, O07 miljo@nybro.dk</p>	<p>Clubs</p> <p>Canoe club Rune, S02</p> <p>Art club Louis, E31</p> <p>Board game club Mads, E31</p> <p>Bicycle workshop This could be you</p> <p>Nybro Cake festival This could be you</p> <p>Music practice room Andreas, M02</p> <p>Dog club Lærke, M02</p> <p>Service</p> <p>Key bearers <u>Kasper</u> Phone: 26 81 15 01 <u>Peter Jon</u> Phone.: 61 91 97 92 <u>Patricia</u> Phone: 61 71 93 10</p> <p>The price for key service is: 9:00-21:00: DKK 50 21:00-9:00: DKK 100</p> <p>KælderCaféen Café and game night Tuesday 19:00-22:00 Opening hours: Friday 21:00-03:00 One Saturday each month 21:00-05:00 (announced separately). Chairman: Bertil, O4 Deputy chairman: Kasper, P16 Member: Clara, K55 Secretary: Agnes, O4 Residents' Council Rep.: This could be you Alternate: Emma, R64 Treasurer: Kasper, P16</p>	<p>Gardening club Lea, L06</p> <p>Brewers club Mathias, J17</p> <p>Exercise room Lukas, G35</p> <p>Cinema club Victor, B53; Ida, B57</p> <p>FC Nybro This could be you</p> <p>FC Nybro Chicks This could be you</p> <p>Table tennis/hockey CD-basement</p> <p>Bicycle workshop LM-basement</p> <p>Folding chairs</p> <p>Trailer Lars Kaj (insp.)</p> <p>Draught beer system Kasper, R66</p>
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NOTE!

Items for the agenda must be sent to the secretary **at least ten days before the meeting**
nybro.dk > English > For Residents > Resident Council > "Add item to the agenda"

Inspector
Lars Kaj
varmemester@nybro.dk
Phone: 45 87 04 73

Office hours
Monday: 16:00-18:00
Tuesday-Friday: 07:30-09:00
First weekday of month: 17:00-18:00

Local facilities

Nybrogård pizzeria
Phone: 51 14 12 19
Weekdays: 15:00-21:00
Sat-Sun: 13:00-21:00
Maj-August: Open until 22:00 every day

**This month's geek out:
Water areas at the dormitory**



In Denmark there are more than 120.000 lakes. Our lovely dormitory is surrounded by forest and water a plenty. The most notable water areas are, of course, Lyngby- and Bagsværd lakes as well as Furesø lake, but there are also a lot of small rivers as well as the entire swamp forest area around the lakes.

Mølleåen is connected to Lyngby Lake, and was originally a natural river that emerged after the last ice age almost 12,000 years ago. However, the river was expanded through excavation in the 1880s, so that it could function as part of Copenhagen's defence facilities. There is a path from the dormitory, more or less parallel with the river all the way to Furesø Lake. Alternatively, you can grab a canoe or kayak from the dormitory's Canoe and Kayak Club and travel down to the sluice in Frederiksdal, which connects Mølleåen with Furesø. Here you can carry your vessel over the sluice, and then go out on Furesø. Mølleå, which with its approx. 30 km, has its name because it passes 10 different mills on its path from Hetting marsh to Øresund. The sluice at Frederiksdal is the only remnant from Frederiksdal mill and was bought in 1875 by Fuursø-Møllestrøm's Interessentskab. In connection with the construction of the Copenhagen ramparts from 1885-1894, the sluice was changed so that one could control the water level in Furesø Lake and thus flood the area around the Klampenborg horse racing track if needed. If you are not into exercise, you can hop on Baadfarten which can take you from Nybro to Frederiksdal or further out on Furesø Lake. If go in the opposite direction, then you can get into

Lyngby center or Bagsværd lake. If you have the courage, you can sail all the way to Øresund. However, you will have to lift your vessel once in a while, as there are roads, etc. that prevent you from passing on.

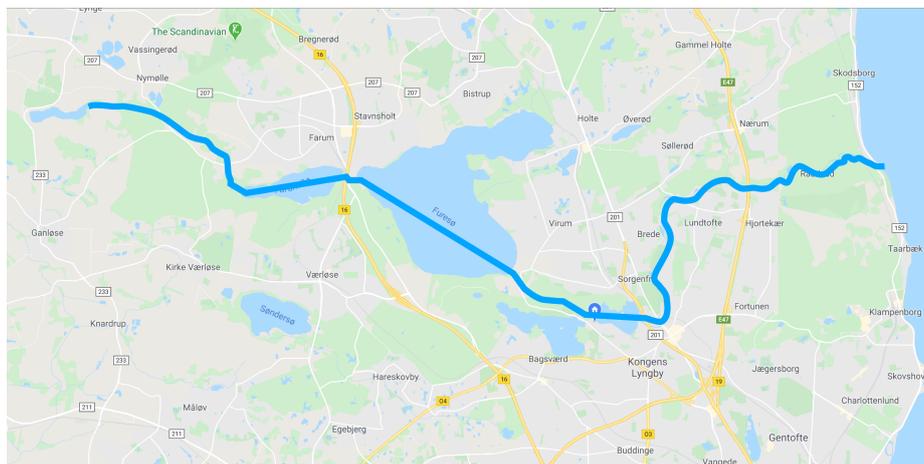
With its area of 58.7 hectares and its maximum depth of 3.3 m, Lyngby lake contains both northern pike and zander. In addition, the lake is one of Denmark's best places to catch carp and, if you have the courage, Lyngby lake is also a good place to catch eels. If you want to try your hand at fishing, you can buy a fishing license [here](#) for 185 kr. a year. Alternatively, the fishing license can be purchased as a day pass for 40 kr. or a week pass for 130 kr.

In addition to the many fish, the waters around Lyngby and Bagsværd Lakes also offer varied wildlife. Most people who have been through the small canals along Lyngby lake, have probably met a displeased swan and have been forced to turn around, but there are also many other birds, such as nightingales, reed warblers and the great spotted woodpecker. In addition, the forest floor and the moist environment in the marsh, is welcoming to many reptiles such as frogs, as well as insects such as the common glow-worm (Sankthansormen in Danish). You may also be lucky to spot a deer or a hare in the forest at Lyngby

Åmose.

Unfortunately, you don't have to look long before you find discarded waste, such as empty beer cans or plastic bags. Despite the fact that more than 90% of Danes think that it is very wrong to throw garbage in the wild, according to the Danish Animal Welfare Society, only between 65 and 75% will never throw it away. As many may know, much of such waste does not degrade in nature, and therefore ends up in the water or harming an animal. But even degradable waste can end up harming the animals. For this reason, the Danish Society for Nature holds an annual waste collection day. Last year, 200,000 Danes helped collect 156,000 kilos of waste. Of which, 1.5 million cigarette butts and 110,000 beer and soda cans were collected. This year it was supposed to have been on April 26, but due to the corona crisis it has been moved to September 19. If you want to help beat last year's record and help the local (and global) nature, you can read more [here](#) - you are, of course, also welcome to grab your kitchen buddies for a day of litter collection, on any other day.

Did you know:
It can take up to 10 years for a cigarette butt to degrade in the nature.



Dorte's Dumb Column

Dear Dorte,
 The country and our universities have been closed for so long that i am starting to go insane. I've hardly seen my friends, as I've only been with the others from my kitchen and, frankly, I'm getting a little tired of them. There are several that cannot wash up, and there is one that has decided to start collecting cups, and just keeps all the cups they use. It's so annoying! What should I do?
 BR Killjoy

Dear Killjoy,
 I can understand that it is a really frustrating situation to be in. If I had ever lived in a dormitory, I would probably feel the same way as you. However, who would communal items just to keep them? People who should not live in a dormitory, I say!

One suggestion for you could be to invest in your own cups, so that you do not depend on what is in the kitchen. Of

course, that's a good idea, but that's not how it is meant to be when you live in a dormitory. So there must be other options. Your kitchen probably has a Facebook group, but I guess that you've attempted with posts, since you call yourself killjoy.

Here's an idea that might be new! Have you seen Robinson Expedition or Paradise Hotel? The two programs revolve around the idea of surviving on a deserted island or in a hotel filled with hot singles. Each week, a participant is voted out by the Island Council, as it is called in Robinson Expedition. If you could somehow introduce such a kitchen council. Then, perhaps not every week but instead every month, vote to remove the weakest link in the kitchen.

Then you might be able to get rid of the cup thief that does not wash up after themselves! Maybe you can't get rid of the cup thief



right away, but after enough of your neighbours have been thrown out of the kitchen, you will probably hit home. Of course, it can also be that people get tired of you and eventually vote you out, but then you have the opportunity to find an apartment and live for yourself, so you don't have to think about all the idiots who live on your kitchen. Good luck implementing the new initiative!

News from Nybrogård Pizzeria & Burger

In June, July, and August we are open until 22.00.

If you order at nybrogaardpizza.dk you will get a 10% discount.

You can also order directly from the app Orderyoyo.



NYBROGÅRD
PIZZA & BURGER
 COME HUNGRY · LEAVE HAPPY



Hoomans of Nybrogård: Frode the sheep



The sheep are back on Radiomarken, so we thought that it made sense to go and talk to one of them. This time around, we talked to Frode the sheep, who has some great jokes up his sleeve (or fur?).

I have been to Radiomarken to interview Frode the sheep. It soon becomes clear that Frode is the popular clown of the herd, and whom everyone is gravitating towards. Not only because he is the one with the best beard, but mainly because he makes the other sheep laugh. "I'm mostly into lamb*? jokes, der er no-

get uldent ved fårejokes" udtrykker han. Frode bor på den anden mark, som efter hans udlægning er den bedste mark. Han har dog et problem. Han er dybt forelsket i Frida, som er på den første mark. De to har endnu ikke haft mulighed for at mødes fysisk, men Frode fortæller, at de kommunikerer via mæææææils.

Frida er en af de få får med brun uld, og så har hun et smil, der får alle fårene til at svæve på en græsgrøn sky. Frode drømmer om at bo på en lille eng med Frida, hvor de sammen kan få en mæææhgtig masse lam. Vi krydser fingre for, at Frode snart får sin elskede Frida. Tak til Frode for deltagelsen i NybroTidende.

What you should watch, stream and listen to in June

Most of us let the couch suffer a little more during this time. And what should we do while sitting on our worn-out couch? I have spent part of my time watching, streaming and listening to some podcasts, movies and series. Here are my recommendations, one for each category.

This month's movie is "The Highwaymen". It is built around real events, and is about the notorious criminal couple Bonnie & Clyde, who travelled around and made bank robberies in the 30s United States. In the movie, we follow the two Texas Rangers who were chasing the crime couple. Here we are taken on a road trip through a poor and lawless America. The two experienced rangers are no longer in top form, but they are brave and risk takers. We do not experience Bonnie and Clyde up close, but they are seen in flashes. In addition to an eminent cast and captivating history, the film hosts excellent cinematographic work with beautiful scenes from the American countryside.

See it on Netflix.



This month's series is "The Leftovers", which is a supernatural and mysterious tale of how 2% (about 140 million) of the earth's population suddenly disappear out of the blue. The series follows the remaining 98% that has remained on Earth. What happened to the missing? What happens to us who stayed behind? Throughout the series, we follow local valet Kevin Garvey Junior. He is the focal point of the city of Mapleton near New York, affected by the cult "The Guilty Remnant" of which Garvey's ex-wife is a member. Three seasons have been made, so it's about time to get started.

Stream it on HBO.



This month's podcast is "So What?!" by comedian Christian Fuhlendorff.

As the title indicates, the premise of the podcast is very relaxed. In each section, Fuhlendorff goes for a walk with a well-known person who can be anyone from Hilda Heik to Anders Matthesen. You will find that there is the conversations rely on no scripts predefined questions, and the guest can talk freely.

Listen to it on Spotify and Podimo.



If you have any good ideas on what to watch, stream and listen to during the next month, feel free to come with your suggestions for podcasts, movies or series. Our mail: tidende@nybro.dk, or our Facebook: <https://www.facebook.com/Nybrotidende/>

Rhubarb crumble



It is summer! And it is quite nice, despite corona and the exams. Something that we at Nybrotidende really love about summer is all the delicious food from the garden that we can suddenly eat. Some grow potatoes and carrots, while others can bury themselves in mountains of different berries, but this particular editor has a mother who has so incredibly many rhubarb in her garden. I benefited greatly from it, when I brought home 5 kg of rhubarb, put 2.5 kg in the freezer, gave some away and used the rest to make a rhubarb crumb for the kitchen. Here's the recipe, it's pretty simple.

Easy rhubarb crumble

This rhubarb crumble has been made many times over the years in my childhood home. If you feel like it, adding some nuts or any other delicious ingredient to the rhubarb is easily done, as this is only the base recipe. The crumble can be eaten with whipped cream, vanilla ice cream, crème fraiche, some mascarpone stirred with vanilla sugar or by itself, you decide. I usually eat it with some crème fraiche. The the crumble was well received in the kitchen, where it was served to the other residents. Whether it was because it was cake or whether it was because the crumble was actually good, is not possible to say. (Not many people know about it, but there's this amazing German video on Youtube about Rhubarb Barbara and her rhubarb pies. Try watching it on [German](#) or here on [Danish](#).)

Ingredients

- 700 g rhubarb
- 100 g sugar
- 1 tsp vanilla sugar
- 100 g butter
- 50 g sugar
- 50 g coconut flour or oatmeal
- 200 g wheat flour

Directions

1. preheat an oven to 200°C.
2. Cut the rhubarb into appropriately sized chunks, about 1 cm x 1 cm.
3. Put the rhubarb in a bowl and pour in 100g sugar and vanilla sugar. Mix it well and allow the rhubarb sit while you make the dough. The rhubarb we used was pretty sour, so if you have sweet rhubarb, try

starting with half the sugar and then taste yourself. In this step you can also pour a little balsamic vinegar with the rhubarb-sugar mixture for a slightly special taste.

4. To make the dough for the crumble, butter, sugar, coconut flour or oatmeal and wheat flour must be mixed to form a cohesive dough. If you like, you can also add vanilla sugar or lemon zest to the dough.
5. Distribute the rhubarb in a dish and then the dough on top.
6. Put the dish in the oven at 200 °C for 20-30 minutes or until the dough is lightly browned on top and has become crispy.
7. Best served while warm with some crème fraiche, whipped cream or vanilla ice cream.

Do you have a recipe you want to share with the dormitory?

Send it to us at

<https://www.facebook.com/Nybrotidende/>,
then it can be included in the next issue

Things to do on Sjælland



It's June! The second phase of the reopening of our lovely country is in full swing, and we will see even more opening up on the 11th. This editor has - as we can imagine we all have - been very much looking forward to being able to go out and do things again. That is why, during this time, I have compiled a list of things I would like to do with my friends when we are finally able to. Since most travel and festival plans (RIP Roskilde 2020) have been cancelled, I thought it would be

nice to share that list. Now, I'm only one young woman, so it won't include all the things that everyone wants to do. If find even one of my ideas useful, then I'm happy.

1. First of all, let's start with the most obvious and nearby proposal: A canoe trip on Mølleåen. Of course, we at the dormitory are so lucky to have a canoe and kayak club, which I imagine will be really busy over the summer holidays. In addition, we have a nice canoe rental place just down the road, that we can use as well. Bring a packed lunch and sit somewhere on the shore of the lake and enjoy some beer and delicious food.

2. Of course, there are also some amusement parks that we can go to. If you have or know someone who has a Tivoli card, then I imagine that you already have plans for a trip to Tivoli. Tivoli itself informs that it is least crowded on Mondays. If you do not want to pay an entry fee, then Bakken is an option, where you can freely walk between the rides and get some churros with softice without having to pay for entrance.

3. Now that we are at Bakken, we must, of course, also mention Dyrehaven. Here, you will find many opportunities for a nice walk around the garden, perhaps a trip to the Hermitage Hunting Lodge. You can also, if you wish, pay for an hour on horseback. Here you can ride around the garden with a guide. Depending on where you choose to rent horses from, you can get it for 200 to 400 kr per person. There is the opportunity to rent ponies and Icelandic horses (and if you know a little about horses, you also know

what the difference is).

4. After this closure of the entire country, there are also several museums of different kinds that would surely like some guests again. This is certainly the case for the Copenhagen Zoo at Frederiksberg and The Blue Planet in Kastrup, both of which have had to ask the public for help in getting through the financial pressure. Help them and the animals by visiting in June or July. If you can't wait, the two of them have made donation sites to stay afloat during this difficult time. [Here is the link to The blue planet](#) and [here is the link to Copenhagen Zoo](#).

5. Other museums are, of course, also a great destination for a day trip. What about a trip to the National Museum and try to figure out what is written on the rune stones. Or go to the National Gallery and enjoy the many permanent and changing art exhibitions. Here in Lyngby / Sorgenfri we also have the he Open Air Museum. It's just a small bus ride with 191, and then you can be sent back in time to a small Danish village. Talk to the staff who make the museum a small time pocket. The Natural History Museum of Denmark, will be visited, in June, by Tristan Otto, who is a 66 million year old, 4 meter tall, 12 meter long *Tyrannosaurus rex* skeleton. These are just some of the exciting museums we have in the Greater Copenhagen area, there are, of course, many more!

6. Last year, [Forest Tower](#) in Rønnda opened up, not far from Næstved. The tower is 45 meters tall and protrudes over the tree tops in one of Gisselfeld Monestary's forests. After walking the 650 meters up the ramp you can enjoy a 360 degree view of the forest. In addition to the fantastic views, you can also make use of the climbing park which is on the way there. Both the Forest Tower and the climbing park are part of Camp Adventure, which was deemed one of the world's 100 best places to visit by Time Magazine in 2019. The trip is about 50 minutes by car, and a trip up the Forest Tower costs 150 kr.

7. Finally, there are all the minor things we can do. The cinemas will open up soon, and there are many films we would like to see. Little Women, Mulan and King's Man are just three of them, so we are looking forward to being able to sit in that dark room again with eager anticipation. In addition, the Royal Theater has just publicly announced their plans for the 2020/2021 season, in which plays, ballets and operas have been announced. Four of the dates in the next season, are hosting the event called Young in the Opera, where a person under 30 can come to the Opera and see some select performances for 170 kr.

We hope some of these ideas fall in your interest! Otherwise, feel free to write us your ideas for activities during the summer holidays!

Beboerråds mødeindkaldelse

No one: Some guys who don't live at Nybrogård:



Important dates

- **5. June:** Fathers' Day
- **5. June:** Constitution Day
- **15. June:** Valdemar Day
- **15. June:** Reunion Day
- **21. June:** Summer solstice (Longest day of the year)
- **23. June:** Saint John's Eve

Do you have praise & critique, articles or other information, you want to have included in the newsletter? Then contact us at : tidende@nybro.dk

Brain Gym: Find 5 differences



Frode's friend Freddy is very confused - he fell asleep in the heat and when he woke up there were 5 things that were different. Help him find them!

On the left image: Freddy's right pupil is different. The flower is missing its end. There is a nail missing on the door. An apple has disappeared. There's another cloud.