



NybroTidende

The Internal Gazette at Nybrogård

Volume 41. No. 1

February 2014

News from the Residents' Council

The Exercise Room is applying for new machines

NybroTidende is applying for access to the H-basement

New exhaust systems in the kitchen wanted!

Active Party soon?

Next residents' council meeting:

Tuesday, February 4th at 19:00 in the GH-basement

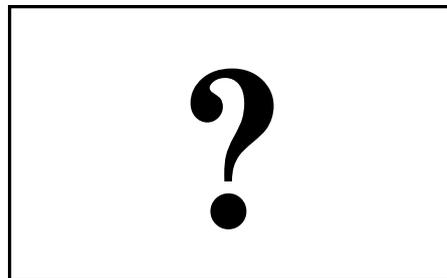


Winter has finally hit the country, snow is falling outside and it has not been this cold in a long time! Although winter is doubtless impressive and pretty, we are probably all looking forward to when the warmer and brighter days return.



The Art Club needs a chairman
The Art Club no longer has a chairman and we are looking for a new one! The Art Club is located in the F-basement and contains all sorts of materials at everyone's disposal. Are you a creative person who enjoys expressing yourself, then maybe you would be interested?

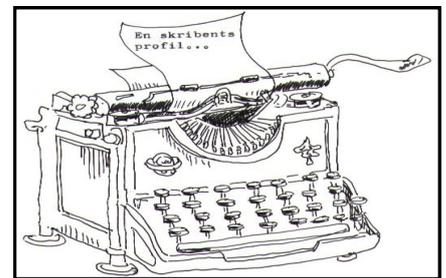
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What sustains your kitchen socially?

We would love to hear more about what makes your hallway/kitchen such a fantastic place to live. Write to us, so we can tell more about it in our next issue, or read more inside about what we do at our kitchens!

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Mikkel H61 as new editor!

NybroTidende has yet again found a new editor. This time, several applications were received, but Mikkel was the only one who passed the bar this time. Read more about the newest addition to the team inside!

Page 9

What can the Secretariat, the Complaints Committee and the Board help me with?

The staff of the dormitory's various committees often encounter residents at the dormitory who are not quite sure to whom they should address their concerns. We will attempt to resolve any uncertainty in this issue of NybroTidende. Following will be a description of the tasks you can expect help with from the secretariat, the complaints committee and the board.

Secretariat:

The secretariat takes care of all cases involving your lease. This includes study control, subletting and extension of your lease.

Study control

As a new initiative, all study control slips must be submitted to the secretariat. If they are submitted to KAB, they will just forward them to the same place. Any advice on filling out your study control slip, can therefore also be acquired through the secretariat.

Subletting

If you want to sublet your room, you can do it through the secretariat. They have a list of people who have asked for a room short term. As a general rule, you can sublet your room for 3 months as long as the sublettee is also a student. If you are leaving for an exchange trip, you can sublet your room through the secretariat for up to 6 months. If you wish to sublet it for longer periods, you need to apply for dispensation through the board.

Finished studying?

When your studies are over, you are entitled to a 3 month lease before your contract is terminated. If your contract does not already include this 3 month period, you can ask the secretariat to extend it.

Complaints Committee:

The complaints committee handles all complaints at the dormitory. If you hear someone running on the roof, people blocking paths or hallways with their parked bicycles or is your neighbor simply making too much noise, then you should contact the complaints committee.

In the complaints committee, a group of residents review each complaint based on the regulations. Every complaint is handled by more than

one person to ensure that personal acquaintances have no influence. As a rule, it is advised that you contact the person that your complaint regards. The complaints committee will also invite each party to a talk, so both sides can be heard.

A warning is just that, a warning. This does not count towards the total number of complaints against a resident. The rules state that a resident receiving more than 2 complaints during a 12 month period will result in the complaints committee advising the board to suspend the lease. If there is disagreement with a decision, the case can be brought to the board.

The board:

You can primarily address the board in situations where you need to apply for dispensation for one or more rules. An example could be that you wish to stay at the dormitory between two studies, or that you would like to extend the length of your study because of circumstances that affect you in particular.

When you send your application to the board, it will be reviewed by the chairman and the deputy chairman, who currently make up the representatives of the resident body.

Together, they will review your application and determine whether you can be given dispensation or not. This is decided based on sections of the regulations, which can be found at nybro.dk > Practical Info > Rules and Regulations. If you wish to extend your lease you must satisfy the criteria listed in section 4, items 2 or 3 under *Bekendtgørelse om opsigelse i statsstøttede ungdomsboliger*.

If you wish to extend the subletting period, you should satisfy the criteria in section 6 under *Ordensreglement for Nybrogård kollegiet*.

Dispensation can be given under other circumstances, but these are the most common.

E-mail addresses:

Secretariat: Sek@nybro.dk
Complaints: Klage@nybro.dk
Board: Bestyrelsen@nybro.dk

Jakob, R-52



Facts about NybroTidende

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- **E-mail:** tidende@nybro.dk
- **Issued** once every month, at least four days before the following Residents' Council Meeting.
- **Deadline for contributions:** the 20th of every month.
- **Copies in circulation:** approx. 150
- **The Editorial Staff** reserves the right to correct and alter the content in contributions, as well as reject material which doesn't seem relevant to others at the dormitory.

Info Summary

Secretariat:

- ◆ Study control
- ◆ Subletting
- ◆ Extension of lease
- ◆ Questions about your lease

Complaints Committee:

- ◆ All complaints

The board:

- ◆ Dispensation to extend your lease
- ◆ Dispensation to extend your sublet
- ◆ Anything not categorized

Minutes of residents' council meeting Monday, Dec. 2nd, 2013

Secretary Ann Sofie Holm

Present:

Thomas C05, Mikkel J21, Troels C22, Jakob R52, Ann Sofie B59, Lars Kaj, Alexander E16, Alexander L17, Ea D63, Line B57, Majbritt S05, John (operations assistant), Stig S05, Caroline S37, Rasmus S21.

Cancellations:

?

No cancellation - not present:

Jens G25, Kasper T61, Thea D43, Peter L36, Ann Louise N36.

Agenda:

1) Thomas is chosen as moderator and Danish is chosen as the language for the meeting.

2) 10 voting members are present.

3) Minutes of the last residents' council meeting approved

See appendix 3 regarding proposals for corections to items 8a and 8b
Corrections are approved

4) Agenda approved

Solar heating tanks is inserted as an item.

5) Economy

The treasurer has still not received authority over the account. The last papers will be sent in December 3rd

6) Announcements

The signs for ST has arrived
No one is handling the Nybro Festival

7) Board meeting

The notice will be sent to the secretary and forwarded together with the minutes

8) Inward correspondence

a) Follow up on KælderCaféen's financial report for quarter 3 See appendix 4 - the spreadsheet entitled "Regnskab".

Staff expenses were not accounted for in the report.

There are three corrections: 98, 102 and 103 - these should be removed.

This means that staff expenses fall to DKK 45,000 and purchases increase to DKK 35,000 in quarter 3.

DKK 2,000 were recorded as average profits for quarter 1 and 2

DKK 1,000 was recorded as average profit for quarter 3

Additionally: The current balance is negative because the profits from the first quarter was not included.

b) Application for funding towards football fields.

The men's and women's teams have received an offer from the municipality for artificial turf fields that are available from January to April 2014. It will cost DKK 250 per team. Both teams are very interested in this and are applying the residents' council for funding (DKK 500 total). The fields will be available on a weeknight and the teams will practice together during this period. The residents' council votes on the proposal:

- For: 9

- Against: 0

- Abstain: 1

The football teams will receive funding.

c) Increasing the Exercise Room membership fee.

The Exercise Room would like to increase the application fee to DKK 200 and the yearly membership fee to DKK 300.

This is needed in order to raise the quality - a kind of savings account. It is expected to be in force from January 1st.

There are around 60 members in the club.

This is a tremendous increase - the possibility of a reduction is discussed. A yearly disposable amount could be considered.

Proposal: Can be discussed at the next meeting so the representatives can discuss it in their hallways
Proposal: A petition could be circulated. It could create problems regarding future members.

Proposal: A credit could be issued. Or a biannual payment plan?

This item will be discussed again under 'Other' so the chairmen have a chance to think about the proposals.

d) The exercise room is applying for funding towards a sink.

Lars Kaj has received a verbal offer from a plumber of around DKK 5,000. We have DKK 40,000 available each year from the antenna account, that are earmarked for operational expenses. This account could be considered as a source of funding. The residents' council votes whether to grant funding from the antenna account:

- For: 9

- Against: 0

- Abstain: 1

Approved.

e) The Exercise Room is applying for funding towards a new floor.

See appendix 4. A new floor at a value of DKK 19,877.50 is requested. The residents' council votes whether to grant funding from the antenna account:

- For: 9

- Against: 0

- Abstain: 1

Approved.

f) Electrical equipment for Nybro Festival.

When organizing Nybro Festival, the dormitory leases a lot of equipment externally, while other equipment has been purchased over the years. Previously, the festival has owned a set of electrical circuit breaker panels, but unfortunately, these have been stolen/lost before 2005. Mikkel is offering the dormitory equipment at below-new price.

Mikkel proposes that the dormitory invest in a 63Amp breaker panel, two 32Amp breaker panels and 4-6 cable spools. Two extension cords (32Amp red CEE) from Harald Nyborg should be acquired as well to connect everything.

Current price, excluding the extension cords from Harald Nyborg: DKK 12,800 VAT included (receipt of purchase will be issued)

See details, appendix 5.

Proposal: Possibility of retaining the offer until we know whether there will be a Nybro Festival.

Conclusion: The offer is retained until we know whether Nybro Festival will be organized - February meeting.

g) KælderCaféen is applying for DKK 10,000 towards installing a key card reader for KælderCaféen's staff entrance.

KælderCaféen wants to install a card reader like the one placed by the door to the laundromat and various other facilities around NYK. In KælderCaféen, many people need access to the facilities. They spend a lot of time administering keys to KælderCaféen, which is also a security problem, since keys can easily be lost or forgotten when the bearer moves. If this happens, KælderCaféen has to change all of the locks, which is very costly. With a card reader, the responsibility for administering access can be delegated to Lars Kaj and easily changed when the resident moves or ends their engagement with KælderCaféen.

The residents' council discusses the proposal:

Problems with a card reader: it is not possible to just remove access, it must be blocked.

A general assembly has been called to elect a new board in KælderCaféen. Proposal: It is possible to wait until the new board is elected.

Uncertainty regarding whether Miele keeps a log - the dormitory does not

currently have access to see when and where residents use their cards.

Key point: KælderCaféen is driven by volunteers - using keys is a large, time consuming problem.

Proposal: When volunteers stop, a delay is given before Lars Kaj blocks the card.

- For: 6

- Against: 1

- Abstain: 3

KælderCaféen will get their card reader.

h) DTU Volleyball is applying for help with advertising tournaments and team games.

See appendix 6.

No interest from AB-odd.

ST, also no interest.

The secretary will propose to the DTU Volleyball contact person that there is the possibility of posting flyers and writing an article for Nybro-Tidende

i) Solar heating tanks

Since new items are not allowed and the representatives have not discussed this with their hallways, the representatives should survey the preferred size and placement. An e-mail from Mikkel will be sent out on December 3rd.

9) New members and alternates

10) Other

A yearly disposable amount for the Exercise Room - see inward correspondence, item C.

The exercise room is applying for a yearly disposable amount of DKK 10,000.

This is an indicative vote (The chairman will make a decision):

- For: 9

- Against: 0

- Abstain: 1

Approved.

Proposal to update the 'submit items for agenda' possibilities on the web page.

When submitting items, the Network Group will make sure checkboxes are available for choosing 'vote' or 'discussion'.

Nybro Festival.

The item will not be discussed further.

11) Next residents' council meeting will be held on February 4th, 2014, at 19:00 in the GH-basement.

Items for the agenda must be sent in by January 22nd, 2014.

Items can be submitted via nybro.dk > For Residents > Resident Council, under the item called "Mail Resident Council".

Minutes of residents' meeting Dec. 2nd, 2013

Agenda for residents' meeting at 19:00

1) Moderator and language for the meeting

Moderator: Thomas C05, language: Danish.

2) Presentation of the residents' council's year by the chairman.

Written by Thomas.

3) Presentation of the institution's financial report for approval.

See appendix 1 by the name "Beboerrådsregnskab". Comments:

The budget for electricity from 2012 - extra expenses because of poor budget plans? The question is referred to KAB. Ea will write to KAB.

Caretakers: Large deficit is caused by an extra 1/2 caretaker.

Losses from rent debtors: Is caused by bad tenants - e.g. foreign residents who do not pay their last couple of

months' rent. Raising the deposit will alleviate this.

Various income number 35. What does this amount cover? Mikkel will bring the question to Flemming.

Regular maintenance number 14: DKK 75,000 set aside, DKK 5,192 spent. This account is used for errors in the budget among other things.

Loans: Improvement work - page 13 in the full report. 3 loans for the network account - 2 of them should be paid off and should not be mentioned in the report. Mikkel will investigate.

4) Election of chairman of the residents' council and other residents' council members, as well as alternates.

-Thomas is elected.

5) Appointment of board members and alternates.

Majbritt S-5 is elected board member.

Ea D-63 is elected alternate.

Both are unanimously elected.

6) Other

No comments

7) Short review of the residents council's tasks and the association's structure

See appendix 2.

If anything needs to be fixed in the rooms, contact Lars Kaj.

If anything general needs to be handled - contact the residents' council.

Complaints are sent to the Complaints Committee - administrative tasks regarding your lease are sent to the Secretariat.

Clubs, associations, and more must be approved by the residents' council.

There will be an issue of NybroTidende, focusing on the structure and who to address. Also regarding the web page and information.



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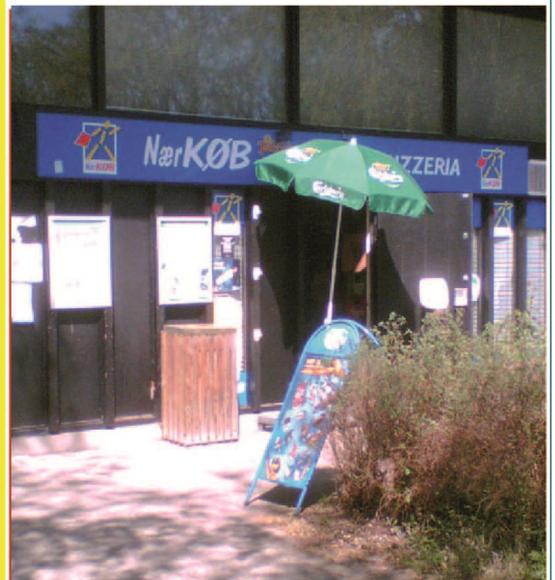
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Clubs, groups and facilities

Nybrogård Kollegiet has several clubs, groups and facilities. These provide opportunities for many types of activities.

Among them are:

- ◆ Brewing club
- ◆ Exercise Room
- ◆ Role Playing Games
- ◆ Art Club
- ◆ Dog Club
- ◆ Gardening Club
- ◆ KælderCaféen
- ◆ Environmental Group
- ◆ Bicycle Workshop
- ◆ Music Practice Room
- ◆ FC Nybro (men's football)
- ◆ FC Nybro Chicks (women's football)
- ◆ Canoe Club
- ◆ Cinema Club

NybroTidende has contacted the chairmen of the clubs, leaving us able to boastfully inform you of everything that happens at your dormitory and how you can be a part of it.

In this and the next issue, we will write about the various clubs and their activities.

Role Playing Games

Where: H-basement/own rooms

Price: Free

The Role Playing Games club is active every other Monday from 18:00 to 22:00, although variations in time and place can occur.

The Role Playing Games club focus mainly on pen'n'paper games. This is a mix of board game and acting. The game is never finished, but is continued from the previous game. The rules and possible deviations are agreed upon before the game starts by e-mail. If it is necessary to meet face to face to make rules, this is also a possibility.

Not much is required in terms of equipment besides dice and a battle map. You can participate even if you have never played role playing games before. The game is usually played in a kitchen or a dormitory room, but the H-basement is available if necessary.

The club also has a group that plays D&D (Dungeons and Dragons) and a newly started group with the Fate Core rules.

If you are interested in joining, contact the chairman, Mikkel R61 at mikkel_lindholmer@hotmail.com.

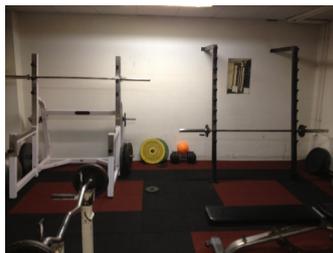
The Exercise Room

Where: O-basement

Price: It costs DKK 100 to join and DKK 100 yearly.

You can become a member by bringing your key card to Lars Kaj. The room is open 24-7 and during December of 2013, new floors have been installed, as well as a sink. There are plans to buy a lot of new equipment, including a squat rack with weights and new floor mats.

Requirements and rules: You must have a membership. You must take care of the equipment and put the weights back after use.



Dog Club

Where: Radiomarken

Price: Free

The Dog Club was established in 2013 with the intention of creating a network of dog-interested residents. The club is both for dog owners and residents who do not own one themselves, but might enjoy a temporary pet in situations where others could be in need of a 'dogsitter'.

There are group activities in so far as there is interest in it. Activities in the club include walking dogs together, teaching tricks and agility training.

The club meeting times in 2013 have been Thursdays at 17:30. The members and other interested residents joined in at these times.

In 2013, on the first Sunday of each month, an activity day was held at Radiomarken. These will continue, but the time and place may change. On activity days, tricks can be taught, and ideas and experiences can be shared with the other members for inspiration.

The dogs are not required to know any tricks to begin with, so anyone can join. You are also very welcome to come by and observe the club, and maybe you will be inspired with some ideas of your own. Hedges and slalom cones will also be placed for anyone with interest.

Besides that, there will be cake and socializing around the dogs.

Note: The weekly walks and activity days are on hold for the winter, but will start again when the daylight returns.

The club has no meeting room, but usually, Radiomarken will be used for events.

Membership of the Dog Club is free and if you would like to join, contact the chairman Sofie at

sofiebell@hotmail.com to be added to the mailing list. You can also join the Dog Club on facebook: Nybrogårdkollegiets Hundeklub

EmS24



Clubs, groups and facilities

Cinema Club

Where: B-basement

Price DKK 100

The dormitory has its own mini-cinema. Towards the back of the room are flight seats, and further towards the front, sofas, blankets and even a microwave oven.

Everything needed to make the perfect movie night.

If you would like to join, contact the club's chairman, Jonas G24 or deputy chairman, Thomas A15. Just bring DKK 100 and they will register your fingerprint which functions as your key to the room.

You can make reservations at nybro.dk > Clubs > Cinema Club > Reservations. You can make open and closed reservations. If you do not claim the room within a half hour of the reservation's starting time, the reservation is forfeit



Bicycle Workshop



Where: M-basement

Price: Free

In the Bicycle Workshop, various tools and cleaning equipment are found. In short, everything you need to make large and small repairs and maintenance of your bicycle.

To join, you just need to bring your key card to Lars Kaj (the caretaker).

EmS24

The Art Club needs a new chairman

The current chairman, Line, would like to pass the position of chairman to a new dedicated soul, who can add some color to the art club.

The Art Club is located in the F-basement. It is a very cozy room with plenty of potential for creativity, though the activity has been limited lately. It is not known exactly how much activity there is in this group at the moment, but the room is there and there are many materials available.

All of the materials are for common use, but there are also some locked drawers if you have your own materials down there. There is plenty of room to get creative.

The room offers plenty of opportunities that are just waiting to be taken advantage of. So, are you the new chairman of the Art Club? Or would you like to hear more about the position, then contact the current

chairman, Line at line.huf@gmail.com.

If you want to join, you must bring your key card to Lars Kaj.

Membership is free.



Paint, cardboard, feathers, masks, books, big glass domes, straw ducks, ceramic owls, glasses! There are no limits to what the room holds of materials.

EmS24

Notice of residents' council meeting Feb. 4th, 2014

Agenda—GH-basement at 19:00

- 1) Appointment of moderator and the language for the meeting
- 2) Count of voting members
- 3) Approval of the minutes of the last residents' council meeting
- 4) Approval of agenda
- 5) Economy
- 6) Announcements
- 7) Review of the minutes of the last board meeting or agenda for the next one
- 8) Inward correspondence
 - a) Digital TV - NOW - Mikkel
Required deadline regarding digital channels
 - b) NybroTidende requests access to the secretariat - Jakob
It would ease our printing task if we had direct access to the secretariat and the computers down there. So far, we have had access only because Jakob is on the board, but when he moves, we

would like to retain access. We request permission to give 1 person a key and login to the computer in the secretariat.

- c) New kitchen exhaust system - Sofie E. Holst

In my kitchen, the current exhaust system is not working at all. It is just an open hole, and every time we cook, the kitchen quickly becomes congested and smelly. I hope you will discuss the possibility of installing new exhaust systems in the kitchens.

- d) Active-party for all (voluntary) in the NYK association - Thomas

An 'active-party' is proposed for all the active residents of the dormitory. If this is approved, a decision regarding whether the paid NYK staff also should be invited (NybroTidende, Network Group, etc.)

- e) The Exercise Room applies for funding to purchase machines for DKK 19,837.50 - Chairmen of the Exercise Room

See appendix 1. The Exercise Room has been fortunate enough to find some good, inexpensive machines being sold at a foreclosure auction. Unfortunately, their bank account is completely empty. So they must apply for funds to cover the price of the machines.

- f) Purchase of electrical equipment for the Festival basement - Mikkel

Status is unchanged since the December meeting, more information at the meeting

- g) Inauguration of new council members and alternates, including information of council members leaving the residents' council

- h) Other

- i) Date for next meeting

Any cancellations must be submitted at www.nybro.dk > Residents' Council > Cancel at least one day before the meeting.

What sustains your kitchen socially?

Here at NybroTidende, we are very enthusiastic about keeping the dormitory life socially fulfilling. We will not attempt to comment on whether that means parties or cake in the kitchen, but in any case, we should take advantage of the fact that we are living so close to each other at the present moment.

The other day, a guy from our kitchen was asked how he felt about living so close together. He answered that it was not really something he had ever felt inclined towards, but that it had really begun to grow on him now! That is exactly how we want everyone to feel before they leave our wonderful dormitory! But how do we get there?

We would really like to bring into focus some of the things that binds each of the kitchens together. If you have other experiences than those we will mention shortly, then let us hear about them, so others can also have a great experience!

Food club

In many kitchens, a weekly food club is organized. The model can be varied, but the way it works in GH-odd and JK-even consists of one or two people cooking food once a week. The day is chosen by the chefs and each of the participants write themselves up if they want to join that week. This way, the problem of a fixed weekday ruining it for the same people each week is avoided!

Games in the kitchen

At PR-even, we have a fantastic bond with each other, and often gather in the kitchen just to talk. At our kitchen, Mario Kart for the Wii or Worms 2 for PS3 is very common. Board games are also used, and anything from Trivial Pursuit through Carcassonne to Risk has been laid out!

Activities outside the kitchen

It is not always necessary to gather in the kitchen. At JK-even they have set out to eat together in the city several times. In my hallway we have contrarily gone on both bowling and skating trips.

Parties both in the kitchen and in the bar!

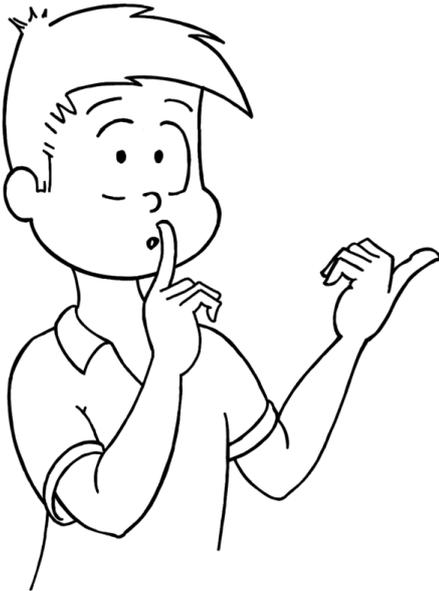
Most hallways organize parties once in a while. In our world anything can be celebrated, and at PR-even we have even celebrated a "Keep-your-chin-up-after-your-car-was-trashed-Rasmus-party". TDC is also a common practice, and the most important part is to allow everyone to participate at the level that they feel compelled to! Do it often, it is important to laugh together and have fun with those around you!

Jakob, R-52

Best advice from old to new residents (the rules that are not written in the statutes)

New at the dormitory?

We have collected a list of rules and advice that can be relevant for everyday situations at the dormitory:



The practical:

Leave a name on the key chain with your key card, so you can be contacted if it gets lost. They all look alike and it would be a waste of time to acquire a new one.

Give a close friend an extra key to your room, for the day you lock yourself out. That day will come!

Read NybroTidende—there is a lot of good information in there.

Grab the shelves that are built to hang on to the walls of the rooms close to the 1st and 15th of each month. Look in hallways or by the 'garbage' lot. First come, first serve.

Disengage the vibrator on your cell phone's alarm. It can be heard several rooms away—especially at 6 in the morning.

Do not always count on the information on the web page being accurate—it may be slightly outdated.

Dry your clothes on the roof—but not on the same night as a barbeque.

Have a pair of earplugs in your bedside table for the nights where you do not want to be a part of the party.

The advice you did not know you needed:

Close the curtains if you do not want to be seen.

Do not place heavy objects in the sink. It is not built to support it.

Learn to flip the sink/shower switch as soon as you exit the shower. Remember to check that it is set correctly after a TDC.

Close the inner door when handling personal issues or when engaged in personal conversations that you do not want everyone else to hear.

A big welcome to Mikkel Mørch H61, the new editor at NybroTidende

I am the new addition to the team of editors at NybroTidende. It is with great joy and enthusiasm that I am writing to all of you at the dormitory on a mission to keep you informed, entertained and most of all one big, diverse family. My name is Mikkel Mørch and I am the constant domestic-traveler of GH-odd (woohoo!). I study at DTU, and in my spare time, I can be found at American football practice, which I recently started. If you are looking for something besides the traditional sports offers, American football is a really great way to get some exercise. Besides American football, I spend my spare time in the field of entrepreneurship/innovation, as deputy chairman of the organization Stardust-DTU. I find working with entrepreneurship very inspiring, because I find myself in an environment where exciting businesses with new, innovative and different

products emerge. I dream about starting a business one day myself, and have already begun a little hobby-project focusing on the sale of second-hand merchandise.

I claimed the title as editor at a through and through fantastic time. January and February are dark and cold, but it does not matter when just around the corner, waits brighter, warmer weather, fewer winter coats, and happy days. Why is spring and summer associated with pleasure, you say? Why do we find within the subject of psychology a term called winter depression, but no summer depression? I think it stems from the fact that we take off our overcoats when the temperature rises. We will soon toss our mittens and hats into the back of our closets, and as the months progress, we remove the last of the clothes that we are currently wearing. By summer, we begin to

show a bit of skin. We all become a bit more lewd in this way. Lewdness is measured in summer by women surrounded by topless men and men surrounded by women in tank tops or bikinis. Lewdness is good, and it is lewdness that makes us happy, and that must be why I and so many others feel so good in summertime.

At the moment, when the only skin shown in Lyngby is red, snotty noses, lewdness is hard to come by. But as I said, it is a fantastic time, since it can only go one way from here. I can already feel the joy beginning to sprout inside me. Spring and double-digit temperatures are just around the corner, and we can soon embrace a joyous time for all. A time when you can read more of the exciting articles by yours truly, which you hopefully know a little more about by now.

Mikkel, H61

NybroTidende's food column:

Enjoy the food!

This month:

Nougat crescents



About me

My name is Nanna D. Thomsen, I study nutrition and health and have resided in the dorm for about a year. Recently I took over the position as chairman of the garden group.

Furthermore I have a passion for food and raw goods from nature. From this passion comes the idea for this column.

Hope you will enjoy this column.

Christmas is over and many are considering how to get rid of the extra luggage they are now carrying around. In order to stay on the healthy path, you sometimes have to let yourselves have some of the things you really like.

The good thing about Christmas is that often some of the delicious ingredients are left over, and they can easily be used for snacks after Christmas. During Christmas, I made some confectioneries and ended up with some left over nougat, which is the reason behind this month's recipe. I used the nougat to make these delicious crescents with nougat filling. I hope you will enjoy them as much as I did.

Ingredients for 16 crescents:

250 g. wheat flour
100 g. butter
3 tsp. baking powder
50 g. sugar
1 egg
1 dl. milk
50 g. soft nougat

Mix the flour with baking powder. Add butter to the mix, and stir until it resembles shredded cheese. Whip the egg, milk and sugar together and add it to the flour mix. Knead the dough.

The crescents are easily stored in the freezer, and can be reheated in a microwave oven.

Remember to invite your kitchen mates for a taste and a nice cup of tea!

Split the dough into two pieces and roll each piece into a circle of around 30cm diameter. Part each circle in 8 triangles. Place a piece of nougat (ca. 1 tsp.) on top of each triangle at its wide end. Then roll each triangle from the wide end to make a crescent. Place the crescent on a baking sheet, taking care that the pointed end is facing the baking sheet (so the point does not flap up during baking).

Brush the crescents with milk or whipped eggs. Sprinkle with sugar crystals or chopped almonds. Bake the crescents at 180 C for around 12 minutes or until lightly golden.

Before serving, the crescents can be reheated and even topped with melted chocolate.

Ideas for filling:

Many different types of filling can be used for these crescents. As always with my recipe recommendations, the sky is the limit.

Examples for filling could be:

- Shredded apple with crushed macarons and raisins
- Chocolate and chopped almonds
- Fruit jam or marmelade
- Marzipan, lemon peels and crushed macarons

/Nanna



Enjoy

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The Board

Alexander, G28 (chairman)
Jakob, R52 (deputy-chairman)
Camilla, L01 (alternate)

The Residents' Council

Chairman: Thomas, C05

AB-odd: Line, B57

AB-even: Thomas, B64

CD-odd: Ea, D63

CD-even: Troels, C22
Samuel, D46 (alt.)

EF-odd:

EF-even:

GH-odd: Jens, G25

GH-even:

JK-odd: Mikkel, J21

JK-even:

LM-odd: Louise, L33
Lea, L15 (alt.)

LM-even: Peter, L36

NO-odd:

NO-even:

PR-odd: Ann-Louise, P27

PR-even:

ST-odd: Caroline, S37
Marie, T59 (alt.)

ST-even: Kasper, T61
Rasmus, S21 (alt.)

Apartments:

C, D and G: Thomas, C05
Emine, G04

H and L: Camilla, L01

M, O and S: Majbritt, S5

Items for the agenda must be sent to the secretary at least ten days before the next meeting at www.nybro.dk > Switch to English > For Residents > Resident Council > Mail Resident Council.

Administration

Treasurer

Alexander, L17
Alexander.bagge@gmail.com

Secretary

Ann Sofie Holm, B49
sekretaer.nybrogaard@gmail.com

Accountants

NybroTidende

Jakob Jensen, R52
Mikkel Mørch, H61
Emma Broberg, S24
Nikolaj Folander Smit, P16
tidende@nybro.dk

Secretariat/subletting

Office hours: Monday 19:00-20:00
and Thursday 20:00-21:00 in the
GH-basement.
Phone: 21 48 54 55

Complaints committee

Office hours: Tuesday 19:30-
20:00 in the GH-basement.
E-mail: klage@nybro.dk
Phone: 21 48 54 55

Network office

Office hours: Monday 20:00-21:00
in the GH-basement.
E-mail: admin@nybro.dk
Phone: 21 48 54 55

Antenna/TV group

Lars Kaj

Green Dormitory

Majbritt, S5
Troels, C22

Environmental Group

Allwin, D66
Leise, P27
Troels, C22
Emine
Majbritt, S05

Clubs

Canoe club

Ask, M47

Art club

Julie, H51

Role playing games

Mikkel, R61

Bicycle workshop

Kristoffer, L10

Cinema club

Jonas Høj, G24

Nybro Cake festival

Ann-Louise, P27

Music practice room

Gardening club

Nanna, C25

Brewers club

Kristian, C20

Exercise room

Alexander L17
Alexander E16

FC Nybro

FC Nybro Chicks

Service

Key persons

Andreas, M06
Phone: 46 97 (47 43)

Phone: 24 44 75 98

Alexander, E16
Phone: 46 97 (44 28)

Phone: 26 25 44 52
Troels, C22

Phone: 46 97 (42 22)

Phone: 50 44 10 90

The price for
key service is:

9:00-21:00: DKK 50
21:00-9:00: DKK 100

Table tennis/hockey

CD-basement

Bicycle workshop

LM-basement

Folding chairs

Stig, S5

Trailer

Lars Kaj (insp.)

Draught beer system

KælderCaféen

Opening hours: Fridays 20:00-03:00
One Saturday each month 20:00-05:00
(announced separately).

Chairman: Thea, D43

Deputy chairman: Samuel, D46

Treasurer: Samuel, D46

Residents' Council Repres.: Ea, D63

Alternate: Joachim, D64

Local facilities

Inspector

Lars Kaj
varmemester@nybro.dk

Phone: 4000

Office hours

Monday: 16:00-18:00
Tuesday-Friday: 07:30-09:00
First weekday of themonth: 17:00-
18:00

Laundromat

Opening hours: 8:00-19:00

Convenience store and Pizzeria

Phone: 4002
Weekdays: 15:00-21:00
Sat-Sun: 13:00-21:00

May-August: open until 22:00 every
day.

