



NybroTidende

The Internal Gazette at Nybrogård

Volume 41. No. 4

May 2014

News from the Residents' Council

The Music Room has been shut down because of drinking and hash in the room. All members have been suspended.

NybroFestival is looking for volunteers.

No rent increase.

Next residents' council meeting

Tuesday, May 6th, 2014 at 19:00 in the GH-basement

NybroFestival is being organized



Read more about NybroFestival and what you can expect when the doors open for two days of super awesome festivities.

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Canoe intro

Read more about introduction, registration and becoming a member.

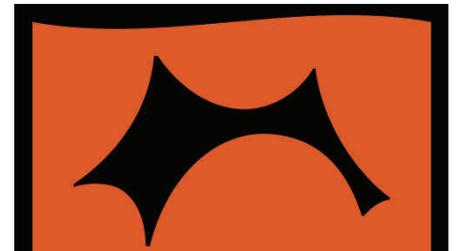
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Did you also win the 'lottery' and receive a check from KAB at the beginning of April?

Read more about heating and electricity bills.

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Roskilde Festival - The band list has been released

Read more about the band list, what to see, hear and experience.

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Nybro Festival

This year, it is going to happen! Nybro Festival is being organized and it will be a great festival!

By Mikkel Mørch

2 days will engulf Nybrogård Kollegiet in joy, fun, accidents (of the humorous kind), great music, good humor and much more. We can all only look forward to it, and NybroTidende can confirm that the planning is under way. The people behind the festival have plenty of good ideas and we can reveal that they have a list of many great bands and DJs (who can not be named at this point!). Besides live music, they also have a handful of activities in mind, such as competitions.

If you are wondering whether Coldplay and Rolling Stones are going to stop by, you are completely off track, but there will be bands who can kick it and get a great party going. The bands should have a certain standing in the area, so we will be waiting anxiously for the names to be released.

The planning is also happening in other areas. Nybro Festival is being discussed in the residents' council, where there is talk about new equipment for the festival this year, which of course will be to everyone's advantage!

Are you wondering whether we have a date yet?

Of course, we do!

The festival is on Friday and Saturday, August 29th – 30th.

It is one of the few great events that gathers the whole dormitory and also gives outsiders the opportunity to see how beautiful our home is, and how great the festivals we organize are! If only the weather turns out to be great as well, so it can be "Super awesome!!" as one of the current organizers put it to NybroTidende.

Speaking of organizers, the Nybro Festival Group is still looking for volunteers for planning. Look for posters with participation instructions around the dormitory.

See you at Nybro Festival 2014!



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- **Issued** once every month, at least four days before the following Residents' Council Meeting.
- **Deadline for contributions:** the 20th of every month.
- **Copies in circulation:** approx. 150
- **The Editorial Staff** reserves the right to correct and alter the content in contributions, as well as reject material which doesn't seem relevant to others at the dormitory.

Canoe and kayak introduction

The summer is coming and the canoe and kayak season has begun. Ask, the chairman of the Canoe Club has organized an introduction in May.

Participation:

You can join the introduction event through Nybrogård kollegiet's facebook page under the event Kano and Kayak intro.

May 10th at 14:00

The introduction will begin by the canoes

14:00 Canoe intro in Danish

14:50 Kajak/Kayak intro Danish/English

15:50 Cano intro English.

16:40 A short paddle trip on the lake.

Regards, Canoe Club chairman

Ask

Do you want to join?

If you would also like to join the Canoe Club at Nybrogård, giving you free access to trips on the lake, you should begin by contacting Lars Kaj.

Then you can contact the chairman, Ask. From April, he has office hours every Tuesday between 19:00 and 20:00, where you should be registered as a user of the booking system.



Minutes of residents' council meeting on Monday, April 7th

Minutes of residents' meeting:

Budget:

No rent increase has been warned. This is due to the kitchen renovation being finished. Mikkel notes: The allocations account shows large figures for the year 2018/2019 because of new roof asphalt—it would be a good idea to combine this with solar panels on the roof. In 2021/2022 the kitchen renovations will begin again. This happens in planned intervals.

REMEMBER: The residents' council meeting will be held right after the residents' meeting! This should be noted in future notices.

Minutes of residents' council meeting:

Present: Ea D-63, Ida C-18, Troels C-22, Henrik A-32, Thomas E-23, Mikkel J-21, Lars Kaj, Tina (Stand-in for John (blue man)), Majbritt S-5, Alexander G-4, Mathilde O-57, Line B-57

Cancellations:

Ann Sofie B-49
Camilla H59
Trine G-17
Ann-louise P27
Alexander E-16
Anders A-24
Anders D-44

Agenda:

1) Appointment of moderator and the language for the meeting

Moderator: Thomas

Language: Danish

2) Count of voting members

Count: 9

3) Approval of the minutes of the last residents' council meeting

Approved

4) Approval of agenda

Approved

5) Economy

Status: Paid DKK 4,130 for the Active Party. The NYK account balance is DKK 260,020. The Network account balance is DKK 251,855.

6) Announcements

31 residents will participate in the Active Party. The menu will include Chicken, Italian roast, salt-baked potatoes, tomato salad with mozzarella, various salads, tzatziki, calf roast and mid night snacks. It begins at 15:00. Thomas will rent Zu mo-outfits for DKK 900 for the whole day. Thomas will try to find a non-active to help him out during the day, and this person will then get to join the party and activities.

7) Review of the minutes of the last board meeting or agenda for the next one

8) Inward correspondence

The Antenna Group's future (V)(D)

- Nikolaj P16

Nikolaj proposes to dissolve the Antenna Group, moving the responsibilities to the Network Group. See appendix 2 named "Antennegruppens fremtid".

The rest of the Network Group will not be influenced by the creation of this post. It is difficult to determine how many hours he will spend. Nikolaj is working on getting the TV Channel Poll up and running before the summer.

For: 7

Abstain: 2

Against: 0

Approved.

New key person (V)

- Andreas Rambøl N29

Andreas is planning to move out and would like to give the position of key person to an other committed resi-

dent. He proposes that the key is transferred after the residents' council has chosen the new key person from those residents who would like to take the responsibility. NB: Andreas can not participate in the meeting personally. It is noted that there are no written guidelines for the key persons. Thomas will write it and Mikkel will approve it. A draft will be available at the next meeting.

Majbritt proposes that key persons should keep a log/record of the doors they have unlocked.

Alexander is volunteering. He is a trained doorman and has been on conflict resolution courses. He has no problem getting up in the middle of the night. He studies at DTU and is otherwise at the dormitory.

Henrik also volunteers. He works as a bartender in KælderCaféen and studies at CBS. He is otherwise at the dormitory. He has no problem getting up in the middle of the night.

Result: Straws were drawn and Alexander won.

9) Inauguration of new council members and alternates, including information of council members leaving the residents' council

10) Other

Nybro Festival is looking for volunteers

The residents' council representatives are urged to spread the word.

Possible creation of a beekeeper club

Ida and Troels would like to start a beekeeper club. They have both begun a training course. 7 interested members so far. Troels proposes "The Honey Club". They have teamed up with Miia (chairman of the Garden Group and trained agronomist) and she is very excited about the idea. The sales from the honey will be able to cover expenses towards equipment in the future.

A sign should be posted, or a net installed. It must be obvious. Mikkel notes that if the club will need storage facilities, they will need more

Members. Fundamental equipment + bee family costs around DKK 7,000. They are applying an outdoor foundation for funding but they may also apply the residents' council next month. In the future, the expenses are low, since bees reproduce and produce new queens in that way. If the club is dissolved, the equipment can be sold and the bees will fly away and find a new home.

Suggestive vote:

For: 8

Against: 0

Abstain: 0

Noise from the Exercise Room

Mathilde: The NO hallway is experiencing problems with noise from the Exercise Room. It is primarily bass vibrations. The door is open and it is audible. One proposal is to make a red mark on the volume knob. More useful may be a physical limit on the

The football teams are ready for another season.

At the end of February, both of the dormitory's teams have begun playing again. Both teams still need more players and a number of changes have been made during the winter, which I will summarize here.

Girls' team

This is the third year of the women's team at the dormitory. This year will be a collaboration with our neighbors at the POP dormitory. Both teams have had difficulties forming a team for the past few years, and a collaboration was therefore suggested. Practice will be Sundays at 16:00 at Bagsværd Stadion until Easter, after which we will attempt 2 weekly practices at Engelsborgskolen on Tuesdays and Thursdays. This season will probably introduce weekday matches, as opposed to the previous years, where almost all matches have been played on Sundays.

You are more than welcome to join and the skill level is very wide. Some have only played football at the dormitory, while others have played since they were small. Paw, who

manages the girl's team at POP is primarily responsible, while I am assistant manager.

The Cinema Club is waiting for keys and codes

Thomas: There are still problems with the chairman of the club. Thomas has not been able to get in contact with him. He has both keys and codes to the Cinema Club.

It is not possible to run the Cinema Club without keys and codes, so until we have gotten a hold of the chairman, the new chairman can not take over. Thomas will continue to contact the current chairman.

The Music Room is closed

The Music Room (EF basement) has been used for drinking and hash smoking, so the chairman has closed the room and suspended all members. Interested residents must now contact Thomas to gain access to the

Football news

manages the girl's team at POP is primarily responsible, while I am assistant manager.

Boys' team, FC Nybro

After a tough season in 2013, we are back in 2nd league. I have assumed the responsibilities of manager and my main goal is to make sure we have fun playing football. This means more focus on social activities off the field. At the moment, we have a very small team, making it important to gain more players. It does not matter whether they are the new Messi/Ronaldo talent or they just kicked a ball around in elementary school.

So far, we are playing Friday nights with the other dormitories around DTU, and practices are Mondays and Wednesdays at Engelsborgskolen when the fields open.

If you are interested in joining or you have questions, send an e-mail to claes.scherwin@sol.dk.

/Claes

room again.

Nybrogård Festival

Mikkel: Nybrogård festival will have a budget ready at the next meeting.

Shared cleanup

Majbritt: proposes a shared cleanup day at the dormitory. Both trash and bicycle cleanup. Troels is working on this and it must be advertised 3 months in advance. The residents' council representatives are urged to advise their hallways to join the event and to be aware that the day is coming. It is a problem when the residents do not realize it and lose their bicycle.

11) Date for next meeting

Tuesday, May 6th, 2014

Any cancellations must be submitted at www.nybro.dk > Residents' Council > Cancel at least one day before the meeting

Come and join us

If you want to join, the practice times are:

Boys:

Monday & Wednesday at 17:30-19:00

Girls:

Tuesday and Thursday at 17:30-19:00

Practice is at the fields by Engelsborgskolen (across from Netto)

Support the dormitory football team

Here is a short match program, so you and your kitchen know when you should pack a few beers and cheer for your team.

Match program May:

Boys:

May 4th at 17:00 away against Kampsax (DTU)

May 7th at 18:30 away against Rebæk Søpark (Rødovre)

May 11th at 16:30 home against Hjortespring (Vadgård Skole)

May 21st at 18:30 home against Stuentergården (Skovbrynet Skole)

May 25th at 16:15 away against Kampsax (DTU)

Girls:

May 8th at 17:45 away against Kampsax (DTU)

May 11th at 19:30 away against last year's champions, Løvinderne (cup match) (Fælledparken)



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DKK 25**

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W. FRIES, SALAD &
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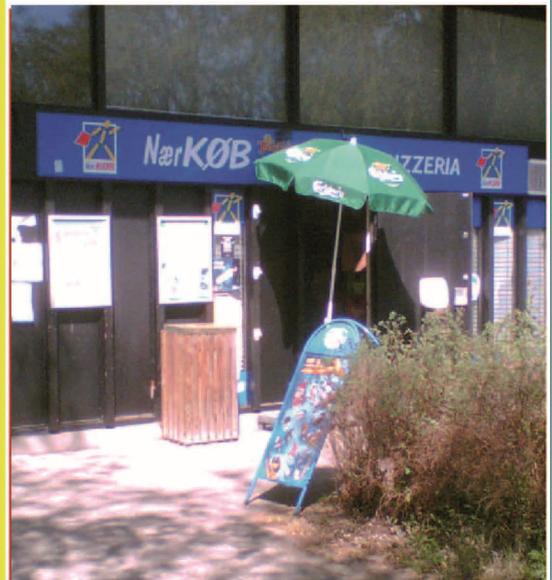
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Roskilde Festival 2014

THE ROLLING STONES (UK) **ARCTIC MONKEYS** (UK) **DAMON ALBARN** (UK) **DRAKE** (CA)
MAJOR LAZER (US) **OUTKAST** (US) **STEVIE WONDER** (US) **TRENTEMØLLER** (DK)

NybroTidende has taken a look at this year's band list and everything the coming Festival participants can look forward to on the stages.

By Mikkel Mørch

It was a great piece of news when Rolling Stones was announced as one of the many bands to hit the stages in Roskilde, which also featured many other names that will truly shake the festival-loving core of many.

Like with Rolling Stones, great joy was felt when, as shown above, Outkast, Drake and Arctic Monkeys among others appeared on the list. I think that especially Arctic Monkeys will be a sensation among these. The point where I personally think festival-goers should move towards the stage is when Bastille gets ready, if we focus on some of the less highlighted names. I am a great fan. If I were to throw my beer and clothes away to one of the bands on the list,

it would definitely be Bastille. Though the overall most torn off clothes will probably happen during Rolling Stones, since I am sure they can raise the mood enormously!

If we move a little further down the list, we will find many other interesting names. The ones that stand out (to me) are Mø, Klumpen og Raske Penge, Nause, S!VAS, Icona Pop, Lykke Li, and A\$AP Ferge.

So when you are busy beer bowling, sitting and relaxing in the sun with your camp buddies, meeting new people or jumping like crazy to an Arctic Monkey, Trentemøller or Rolling Stones concert, remember to enjoy it completely! And already at the beginning of May (right around the corner), the concert plan will be released, so you can plan which days will result in the worst hangovers.

If you are sitting in camp, not really sure which crazy bands to see, pull out your NybroTidende! Here are a few recommendations:

Must see:

Rolling Stones, Arctic Monkeys, Drake, Outkast, Bastille, Stevie Wonder and any other bands you like! - There is a reason they are at the top of the list.

NybroTidendes recommendations (besides the ones above):

Mø, Damon Albarn, Trentemøller, Icona Pop, Lykke Li, Chance The Rapper, S!VAS, Major Lazer and A\$AP Ferge. Completely diverse bands—very awesome. Damon Albarn was the lead vocalist in Blur and has also been a member of Gorillaz, so the expectations to his solo career are high. A\$AP Ferge, who is not A\$AP Rocky (just so you know), has made some great rap/hip-hop tracks that are definitely worth a listen!

SEE YOU AT ROSKILDE 2014!

BASTILLE (UK) **A\$AP FERG** (US) **LYKKE LI** (SE) **MØ** (DK) **NAUSE** (SE) **KLUMBEN & RASKE PENGE** (DK) **S!VAS** (DK)

Templet in Lyngby

The local concert house is filled with great music experiences, and the best part is, it is just around the corner. NybroTidende takes a look at the program in May!

By Mikkel Mørch

Saturday, May 3rd

Ponyblod + Marvelous Mosell are stopping by and kicking off some phat rap and cool music. Tue Track (a member of Ponyblod) has previously been a member of Malk De Koijn, so that in itself makes it worth a listen!

Saturday, May 10th

From cool rapper style to hard rock, when Scarred By Beauty hits the temple. They are 'uprising' as it says

on Templet's web site: "Scarred By Beauty has Juggernauted their career to a pinpoint where they cannot be overlooked anymore". If you are into metal, then this is a clear recommendation.

Thursday, May 15th

Pacific electro band The Portuguese Man Of War will play their calm and alternative music for electro music fans. It promises to be a very special experience, so check it out!

Saturday, May 17th (Cancelled)

The name Blues Pills explains itself, but there is more than just blues in the air when this band starts playing. It is filled with energy and power, and they can definitely get a party going. Unfortunately this concert has been

cancelled due to "Serious illness".

Friday, May 30th

The lead vocalist is the son of Peter Belli, so there is (hopefully) something about this band called Den Syvende Søn. They are a classic rock band with a kind of soothing effect. Something like Beatles, but more modern. They definitely get a recommendation from NybroTidende and there is plenty of time to get tickets, so there is no excuse.

See the rest of the local concert house's concert plan on their webpage and find the right day to mark your calendar:

www.templet.dk

Did you also win the 'lottery' and receive a check from KAB at the beginning of April?

Or would you like to win the lottery next year in April? You can already secure your prize now.

By Mikkel, J21

Why am I getting a bill?

We are not talking about an actual lottery. We are talking about the refund from the utilities report 2013. If you did not receive a check, you have probably already received a bill for the amount you owe if you resided at Nybrogård Kollegiet in 2013. Now, you are probably thinking "What is that old nut on about? It does not make any sense, and why did I get a check/bill?"

Each month, you make an a conto payment for heating and one for electricity. These payments are made to cover your bills for 2014 so you do not have to pay the whole amount all at once each year.

Smart, right? But what if you pay too small an amount, because you are using more than the previous tenant of your room? Then you will receive a bill for the owed amount in April 2015—even if you ended up moving out in June 2014 (Wow!).

You can also receive a tax refund

Do you enjoy receiving a tax refund in March every year, instead of having to pull out your NemID and paying owed taxes? Then you should read on, because the solution to ensure that you have an appropriate or too high a conto payment for utilities is right here. It is actually possible to pay too many taxes on purpose, thereby ending up not owing anything.

Throughout April, you have received three pieces of paper:

- Electricity report
- Heating report
- Notice of lease increase

If you take a look at the electricity report, you will see a line that reads "Din a conto ændres pr....". For example, my a conto is being changed to

DKK 196 per month. The same line is present on the heating report. Here mine is changed to DKK 197 per month.

Billing for common areas

In your own apartment, it is possible to save on electricity and heating. In the shared kitchens, there is not much to do other than reminding yourself and others to close the doors, keep the heat low and make sure to turn the lights off, as well as checking that the stoves or ovens are not left on and that the freezers are not left open. So you may have to pay more than I do!

I want my refund in 2015

What can I do to make sure I receive a refund in 2015? Send an e-mail to KAB as soon as you receive the utilities report. The e-mail should contain the following: "I live at lease ID 0703-xxxx-x-xx and I would like to increase my a conto payments for utilities with DKK 25 per month effective today (or from June 1st) to DKK xxx for electricity and DKK yyy for heating." After a week or more, you will receive a response that it has been changed.

What now? Now you are paying a little bit too much compared to previously and the chance that you will receive a refund have been raised significantly, which may make you a 'winner' in 2015. As long as November and December 2014 are not too cold. And it may be worth noting that if the previous tenant was a 'ghost' and did not use much heating or electricity, you may need to increase your a conto further.

That concludes my article, but I will leave you with a few tips on how to save on your utilities:

Purchase an electric thermostat with a calendar function (a week is enough) for your room heater at around DKK 250. Set it as low as possible, but not below 19 degrees Celsius, because of the risk of fungus, when you need the heat. For example in the mornings, just before you wake up and at night when you are pro-

bably in the room. When you are not home, the minimum temperature should not drop below 10 degrees Celsius. Although there is no reason to keep the room heated to 22 degrees. Especially not at night, when you are sleeping, or during the day when you are away.

When you go away for the weekend or longer periods, turn off the thermostat completely (frost safety / 5 degrees) and then let it start heating up a few hours before you return.

For residents of the large rooms: set the heater in the bathroom to frost safety and never turn it on.

Besides installing a new thermostat, I can recommend installing a small fan (floor fan or 12V computer fan) to disperse the heat from the heater around the room quicker. This can also be connected to a timer, so that it starts running along with the thermostat. This costs a little electricity, but I have found that it evens out, and I no longer have cold feet.

Finally, a few tips:

Ventilate 3x 5 minutes every day when it is not raining or very moist outside, with the window COMPLETELY open and heat turned off.

Always close your inner doors (bathroom and the inner hallway) so you are heating up less volume. The bathroom will always be cold anyway.

If you are missing the door between your room and your inner hallway, you can write your name on a list to get one installed with Tina at the office. An inner door will also dampen noise from the kitchens and hallway. I will bet that if there are more than 20 on this list, Lars and co. will have to make some more doors, because we are short of them as it is already.

The Environmental Group

The Environmental Group, Green Dormitory. Some may have heard both names, but they are really just one.

By Emma Broberg

The group of people that try to keep the dormitory environment clean and orderly, and do good deeds for the environment are called The Environmental Group.

The group has existed for quite a while and has, as many other clubs, had differing membership levels throughout time. The group now consists of 6 members, but they would love to be more. The Environmental Group wishes to welcome more people to help with the current activities and bring new ideas for projects.

If you would like to join or hear more about The Environmental Group, contact the chairman, Troels (C22) either by e-mail nyktjc@gmail.com or telephone 50441090.

Bicycle cleanup

Once a year, The Environmental Group organizes a bicycle cleanup. This is not for the sake of the outdoors bicycle racks, but to clean up the bicycle sheds that are completely filled up. This demands a bit of planning because the police have to be notified months before.

Swap market with second hand items

Another thing The Environmental Group works for is making it easier to pass on possessions that may be of value to others. That is why they organize a swap market periodically in the R-basement. The market is not a regular swap market, because you are welcome to just come down and take what you need without having anything to swap with. Clothes take up most of the space in the R-basement. There are a lot of children's clothes and toys as well as bags and purses and many other items. The other room is filled with furniture, of which some can not just be taken. Much of it has been found and collected so that others can continue to use it.



When is the swap market open?

The swap market is usually open the first Saturday of every month (except for July) from 11:00-15:00.

Mould infested basement became a swap market

When the doors to the rooms in the PR basement were opened for the first time in a long while, they were filled from top to bottom with furniture, so that it was impossible to get a foot inside the door. The rooms and their contents had also withstood several floods. The members put on masks and work clothes. Around 5

people helped empty the room and a massive ventilation project ensued. Now, the rooms are clean and filled with second hand items. The swap market can be found at www.byttemarked.wordpress.com, which ensures that the swap market is not only visited by residents of the dormitory, but also by many others.

Read more on facebook under "Byttemarked Lyngby".

Notice of residents' council meeting

Agenda for the residents' council meeting May 6th, at 19:00 in the GH-basement

Abbreviations:

NB: Nota bene.

(V) Vote.

(D) Discussion.

(I) Information.

Agenda:

Appointment of moderator and the language for the meeting

Count of voting members

Approval of the minutes of the last residents' council meeting

Approval of agenda

Economy

Announcements

Review of the minutes of the last board meeting or agenda for the next one

Inward correspondence

Missing pulleys (V)(D)

Troels C22

Proposal to purchase new pulleys, since the yellow ones have disappeared.

Application for funding of the Bicycle Workshop (V)

Kristoffer L10

This is an application for funding of tools and more for the Bicycle Workshop. See appendix 1.

Ventilation in the PR-basement (V)(D)

Troels C22

The PR basement is used by the Environmental Group for swap market, but the air quality is a problem. This is an application for funding towards changing the metal plates outside the PR kitchens to metal grates,

which will allow for the air to pass through as it does in EF and LM.

The Environmental Group has borrowed an air purifier from Lars Kaj of the type 'Nikken Air Wellness Power 5 Pro'. The filter in this machine needs to be exchanged. The Environmental Group is applying for DKK 785 to purchase a new filter.

Replacement of paddles (V)

Ask Nansen

Because many of the paddles were broken or damaged last year, the Canoe Club is applying for funding for 20 new paddles of various sizes. DKK 5,600.

See appendix 2.

New chairman of the Music Room

Thomas

For a long time, there has not been any chairman of the Music Room, and that has been evident from both the equipment and the function of the room. We are looking for a new chairman of the club who can help get it up and running smoothly again.

Disposable funding for the Music Room

Thomas

Since we need to get the Music Room going again, it is deemed necessary to provide some funding to get it started right away. The size of the amount can be discussed, but as a frame of reference, the application is for DKK 15,000 per year, which will be available at the approval of the chairman.

NybroFestival - application for deficit coverage (V)(D)

Mikkel, Thomas, Camilla, Alexandra and Ann Sofie

Are applying for coverage of a deficit from this year's NybroFestival.

See appendix 3 for budget and appendix 4 for an event description.

Electrical equipment for NybroFestival (V)

Mikkel J21

The NybroFestival can have reliable electrical installations on site from the erection of the tent (Wed/Thurs) until removal (Sun/Mon) for a one-off payment of DKK 12,800. The equipment can be used again and again each year, like the equipment we already own in the M-basement, such as the scene, draft beer system, refrigerators and lighting system.

Usually the equipment is rented from Friday/Saturday at 10:00 until Sunday at 10:00. The price has been DKK 3500-1500 depending on distributor and length of the lease.

Additional rules for using the Nybrogård Kollegiet's computer network (V)

Mikkel J21

The Network Group would like to add a clause in the user agreement that will ensure that the wi-fi coverage is not disturbed by interference. This has been done successfully at other dormitories.

In appendix 5, you will find a draft of the e-mail that will be sent to the residents, as well as a draft for the addition to the user agreement.

Inauguration of new council members and alternates, including information of council members leaving the residents' council

Other

Date for next meeting

Any cancellations must be submitted at www.nybro.dk > Residents' Council > Cancel at least one day before the meeting.

NybroTidende's food column:

Enjoy the food!

This month:

Rye squares with carrots and raisins + Rye snacks with chocolate and liquorice



"In January, I finished my education which is actually a great accomplishment. The down side of it is that I have to leave the dormitory and a series of fantastic years with fantastic people must come to an end.

I am leaving behind my days as a columnist and this column will be the last. It has not been easy choosing which recipe should be the last one for my column, so I ended up choosing two. Both recipes are in the between-meal/snack category and additionally provide the option to supplement your lunch box with some extra energy for the late afternoon hours. The recipes will be for rye squares with carrots and raisins as well as rye snacks with chocolate and liquorice."

Rye squares with carrots and raisins

These rye squares are ideal between meals with a piece of fruit. If the raisins are left out, they are also great with a good salad for lunch or dinner.

For 12-16 rye pieces you will need the following:

1,5 dl. chopped rye (remember that non-soak rye grain is available), 3 dl. water, 1 tsp. salt, unflavored yogurt (or sour cream or skyr), 2 tbsp. rapeseed oil, 1 tbsp. honey, 15-20 g. yeast, 150 g. carrots, 1 dl. sunflower seeds, 50 g. raisins (or other dried fruit like apricots or cranberries), if you like, add 2 tsp. fennel seeds (gives the bread an amazing taste, so it is worth a try), 100 g. rye flour, 150 g. whole wheat flour, 250-300 g. wheat flour.

How to make it:

If you have bought rye grain that needs to be boiled, do that first. Then let the rye cool. Stir salt, yogurt, oil and honey together with the rye grain. Dissolve the yeast into the mixture. Add coarsely shredded carrots, sunflower seeds, raisins, fennel seeds, rye flour and whole wheat flour and mix it well. The dough should be soft but not wet. You should judge how much wheat flour to add. Cover the dough and leave it in the refrigerator for 4-8 hours. Pour the dough onto an oven sheet covered with baking paper and form a large square with the dough with a thickness of 2-3 cm. Sprinkle sunflower seeds and some flour over the dough and let it rise for about an hour. Turn on the oven at 225 Celsius. Cut the dough into smaller squares, but do not cut all the way through. Bake the bread for around 25 minutes. Check whether the bread is done by knocking on the bottom. If it sounds hol-

Rye snacks with chocolate and liquorice

I encountered this little snack in connection with my studies, where they were presented along with a variety of other small snacks. It is not a difficult recipe and there is plenty of opportunity for variation depending on your taste. You can use dark, milk or white chocolate and the rye snacks can also be sprinkled with chopped almonds, seeds or dried fruits.

I have refrained from noting quantities in the recipe, so you can make as many rye snacks as you need.

You will need the following:

Rye bread, chocolate (dark, milk or white chocolate as you please), liquorice powder (or other topping).

How to make it:

Cut the rye bread into slices as thin as possible and then cut the slices into strips about 2 cm wide. Toast the bread until completely crisp on a sheet in the oven at 180 Celsius or on a toaster. Melt the chocolate over a water bath. When the rye strips have cooled, dip them in the chocolate and place them on a piece of baking paper before sprinkling them with liquorice powder. The Strips can be stored in an air-tight container in layers with baking paper between layers.

I hope you all enjoy the food, and I hope you have enjoyed my column and found some inspiration for both the sweet and the salty.



Enjoy

The Personal Page

The Board

Alexander (chairman)
Jakob, R52 (deputy-chairman)
Camilla, L01 (alternate)

The Residents' Council

Chairman: Thomas, C05

AB-odd: Line, B57

AB-even: Henrik, A32

CD-odd: Ea, D63

CD-even: Troels, C22

EF-odd:

EF-even:

GH-odd: Trine, G17

GH-even:

JK-odd: Mikkel, J21
Jakob, K55 (alt.)

JK-even:

LM-odd: Louise, L33
Lea, L15 (alt.)

LM-even: Peter, L36

NO-odd: Mathilde, O57

NO-even:

PR-odd: Ann-Louise, P27

PR-even: Nikolaj, P16

ST-odd: Caroline, S37
Marie, T59 (alt.)

ST-even: Kasper, T61
Rasmus, S21 (alt.)

Apartments:

C, D and G: Thomas, C05

H and L: Camilla, L01

M, O and S: Majbritt, S05

Items for the agenda must be sent to the secretary at least ten days before the next meeting at www.nybro.dk > Switch to English > For Residents > Resident Council > "Add item to the agenda".

Administration

Treasurer

Alexander, G04
Alexander.bagge@gmail.com

Secretary

Ann Sofie Holm, B49
sekretaer.nybrogaard@gmail.com

Accountants

NybroTidende

Jakob Jensen, R52
Mikkel Mørch, H61
Emma Broberg, S24
Nikolaj Folander Smit, P16
tidende@nybro.dk

Secretariat/subletting

Office hours: Monday 19:00-20:00
and Thursday 20:00-21:00 in the
GH-basement.
Phone: 21 48 54 55

Complaints committee

Office hours: Tuesday 19:30-
20:00 in the GH-basement.
E-mail: klage@nybro.dk
Phone: 21 48 54 55

Network office

Office hours: Monday 20:00-21:00
in the GH-basement.
E-mail: admin@nybro.dk
Phone: 21 48 54 55

Antenna/TV group

Nikolaj, P16

Green Dormitory

Majbritt, S5
Troels, C22

Environmental Group

Allwin, D66
Leise, P27
Troels, C22
Emine
Majbritt, S05
Nikolaj, P16

Clubs

Music practice room

Canoe club
Ask, M47

Art club
Helene, B66

Role playing games
Mikkel, R61

Bicycle workshop
Kristoffer, L10

Cinema club
Jonas Høj, G24

Nybro Cake festival
Ann-Louise, P27

Gardening club
Miia, H06

Brewers club
Kristian, C20

Exercise room
Alexander G04
Alexander

FC Nybro

FC Nybro Chicks

Service

Key persons

Andreas, M06
Phone: 46 97 (47 43)

Phone: 24 44 75 98
Alexander
Phone: 46 97 (44 28)

Phone: 26 25 44 52
Troels, C22
Phone: 46 97 (42 22)

Phone: 50 44 10 90
The price for
key service is:

9:00-21:00: DKK 50
21:00-9:00: DKK 100

Table tennis/hockey
CD-basement

Bicycle workshop
LM-basement

Folding chairs
Stig, S5

Trailer
Lars Kaj (insp.)

Draught beer system

KældersCaféen

Opening hours: Fridays 20:00-03:00
One Saturday each month 20:00-05:00
(announced seperately).

Chairman: Kasper Rohardt Børgen, C02

Deputy chairman: Jacob Riis, G02

Treasurer: Henrik Stigsberg Pedersen, A32

Secretary: Chelina Kristensen, G02

Residents' Council Rep.: Ea Nielsen, D63

Alternate: Thomas Laustsen, B64

Local facilities

Inspector

Lars Kaj
varmemester@nybro.dk
Phone: 4000

Office hours

Monday: 16:00-18:00
Tuesday-Friday: 07:30-09:00
First weekday of themonth: 17:00-
18:00

Laundromat

Opening hours: 8:00-19:00

Convenience store and Pizzeria

Phone: 4002
Weekdays: 15:00-21:00
Sat-Sun: 13:00-21:00

May-August: open until 22:00 every
day.

Sudoku x 2

7		6	4					
		2				4	1	9
	1		8	9				
8		1	9			3	4	5
5	2					7		6
6		4			7			
9			3		4		2	1
				7				4
2		8						3

Nanna from the food column is saying goodbye

I promised to use some space to tell you about my experience as a columnist. I have really enjoyed having my little column here in NybroTidende and I can only urge others with something on their minds to do the same.

Creating good food in the kitchen interests me immensely, and sometimes moving into completely new territory. Sometimes it works and other times it requires a few attempts. The column has given me a good excuse to be in the kitchen. So my recommendation is that if you have something you want to share with others, get to it.

I hope you have enjoyed my column and will continue to enjoy the challenges in the kitchen and enjoy the food.

I also want to take the opportunity to thank my kitchen mates for being my tasters and judges and giving me inspiration for this column. I would also like to say thank you for some fantastic years at CD-odd. I will certainly miss you very much.

Got something on your mind?

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		9		1				4
8	2			6		3		1
6		4		9				5

NybroTidende is an important source of information for everyone living at Nybrogård Kollegiet. Besides the standard announcements such as the notices of agenda for the upcoming residents' council meeting, as well as the minutes of the meetings, all residents have the opportunity – free of charge – to contribute with articles and other kinds of material for publication in the gazette. The contribution must contain room number and/or a designation of the relevant authority (secretariat/subletting/bicycle workshop, etc.). The article must have a certain level of relevance to the dormitory. Articles may be sent by e-mail to tidende@nybro.dk with any necessary images attached. NybroTidende is published at the end of every month. The deadline for submitting articles and etc. to NybroTidende is the 20th of the preceding month.

Jakob R52, Mikkel H61 and Emma S24 (editors) Nikolaj (translator)

Captain America: The Winter Soldier

Steve Rogers/Captain America will yet again save USA, but this time he is accompanied by Scarlett Johansson!

Wild special effects, a different story, more Samuel L. Jackson, much more Scarlett Johansson and a totally awesome villain. These are some of the things you can expect when you go see Captain America: The Winter Soldier. After the film, you will be completely uplifted and ready for a hero-adventure! That is how I felt when I left the theater.

This film is not your average super hero film, portraying the good versus evil. Marvel has created a

really interesting plot, where we are never quite sure who to trust. We also see much more fighting from Captain America, including some great scenes with him and The Winter Soldier! What is more, Scarlett Johansson is playing Natasha Romanoff a.k.a. Black Widow—a big part in the film, which is only a good thing.

The story is built on the latest blockbuster super hero group film, The Avengers, where Marvel (the company behind the films) had collected all their super heroes in one film. But although Captain America: The Winter Soldier builds on the Avengers film, it also has roots in the first Captain America film. So you need to have kept track of these

films in order to watch this one, which can be a drawback. But when you have the full story from the various films, it creates an amazing effect and I feel completely spellbound by Marvel's universe.

This is definitely a film that is worth watching and this critic is completely satisfied. 5 stars for an awesome film PLUS one more for Scarlett Johansson. That makes it 6 out of 6 stars!

☆☆☆☆☆