

Nybro Tidende

Volume 43 No. 1 Feb 2016

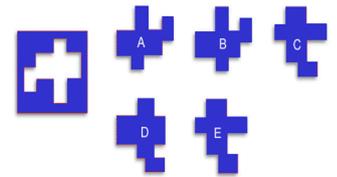


General meeting in the
KælderCafé
See page 5

The dorm's swapmarked
together with
Nybro Tidende

Are opening the doors
February 2nd

See page 5



Brain gym - Pattern finding
game.

See page 12



Winter came, and then it... stayed? Not really! The snow has already thawed.

No, the snow is no longer here. Is winter still here? Who knows. The temperatures have surged to almost plus 10 C⁰ and meteorologist are calling today's great weather an autumn storm. It looks like, but isn't, winter.

With that said, winter surely stayed for a long while. As can be seen from the pictures above, there was actually so much ice and snow on Bagsværd Lake that one could walk across them. Several locations had measurements of more than 10 cm of ice.

Residents' council news

The dormitory has a defecit of
DKK 700.000.

The Exercise Club is looking for funds to get cut a hole in the wall to connect the two rooms in the O-basement, just down like inn the Kældercafé, in order to make a cardio room. It will cost about 14.000kr + VAT

A President is needed for the garden club.

We want to create a Board and Card Games café and therefore seek to have made a room available.

Bicycle Cleanup as paid project for the residents' representatives on the board
(A)

V. Maja Scheel Kvint, P38: I would like to be president of the Art Club and get it up and running again.

Residents' council meeting

Wednesday, February 1st at 7pm in the GH-basement

The Personal Page

The Board

Jakob, S06 (chairman)
Rasmus, S21(deputy-chairman)
Ea, D63 (alternate)

The Residents' Council

Chairman: Thomas, E23
AB-odd: Benjamin, B51
(alt.) Andreas, A35
AB-even: Henrik, A32

CD-odd: Ea, D63

CD-lige: Adrian, C24

EF-ulige: Thomas, E23

EF-even:

GH-odd:

GH-even: Camilla, H54

JK-odd: Jakob, K55

JK-even: Johannes, K46
(alt.) Alexander, J36

LM-odd: Rene, M43

LM-even: Troels, L28

NO-odd: Frederik N29

NO-even:

PR-odd: Ann-Louise, P27

PR-lige: Katja, P32

ST-odd: Sofie, S35
(alt.) Marie, T59

ST-even: Niels, T54

Apartments:

C, D and G: Kasper, C02

H and L:

M, O and S: Troels, O07

Administration

Treasurer

Jakob Jensen, S06

Secretary

Lea Madsen, H50
sekretaer.nybrogaard@gmail.com

Accountants

NybroTidende

Jakob Jensen, S06
Emma Broberg, S22
Patrick Aagaard, M63
Louise Olsen P20
tidende@nybro.dk

Secretariat/subletting

Office hours: Monday 19:00-20:00
and Thursday 20:00-21:00 in the
GH-basement.
Phone: 21 48 54 55

Complaints committee

Office hours: Tuesday
19:30-20:00 in the GH-basement.
E-mail: klage@nybro.dk
Phone: 21 48 54 55

Network office

Office hours: Monday 20:00-21:00
in the GH-basement.
E-mail: admin@nybro.dk
Phone: 21 48 54 55

TV/Antenna

Jakob Jensen, S06
antennegruppen@nybro.dk

Environmental Group

Troels, O07
miljo@nybro.dk

Canoe club

Michael, K43

Art club

Role playing games

Mikkel, R61

Bee Club

Ask, M47

Bicycle workshop

Kristoffer, L10

Nybro Cake festival

Maria, D60

Key persons

Ea
Tlf.: 50 53 43 46

Henrik

Tlf.:

Camilla

Tlf.: 29 89 90 25

The price for

key service is:

9:00-21:00: DKK 50

21:00-9:00: DKK 100

Clubs

Music practice room

Astrid M42

Gardening club

Miia, H06

Brewers club

Troels, L28

Exercise room

Ole, L14

Mathilde, 057

Cinema club

Antonio S28

FC Nybro

Claes Scherwin

FC Nybro Chicks

Malea Madsen, S06

Service

Table tennis/hockey

CD-basement

Bicycle workshop

LM-basement

Folding chairs

Atle, S03

Trailer

Lars Kaj (insp.)

Draught beer system

KælderCaféen

Opening hours: Fridays 20:00-03:00
One Saturday each month 20:00-05:00
(announced seperately).

Chairman: Jakob Rahr Bork Jensen, S06

Deputy chairman: Jacob Riis, G02

Treasurer: Henrik Stigsberg Pedersen, A32

Secretary: Chelina Kristensen, G02

Residents' Council Rep.: Ea Nielsen, D63

Alternate: Anine Wesseltoft Hansen, C02

Local facilities

Inspector Laundromat

Lars Kaj Opening hours: 8:00-19:00
varmemester@nybro.dk

Phone: 45 87 04 73

Office hours

Monday: 16:00-18:00

Tuesday-Friday: 07:30-09:00

First weekday of month: 17:00-18:00

Convenience store and Pizzeria

Phone: 51 14 12 19

Weekdays: 15:00-21:00

Sat-Sun: 13:00-21:00

May-August: open until 22:00 every day.

NOTE!

Items for the agenda must be sent to the secretary **at least ten days before the next meeting** at www.nybro.dk > Switch to English > For Residents > Resident Council > "Add item to the agenda".

ST Kitchen status

It has been 9 months since the fire at ST. When the chaos had subsided and the status of the damages were assessed, the residents were given possible deadline on which their kitchens would be ready. The first estimate was at the beginning of 2016, but the current estimate is April 1st, which is well over a year after the fire.

It was with disbelief that ST was given the deadline: beginning of 2016. ST even did move back in after just 1 month after the fire that occurred May 12th, 2015. But ST odd, where the fire hit the hardest, has been in a process, plagued by delays and missed deadlines. October 1st was announced as the date where ST odd could move back in, but workers were still on site, which made it impossible to get inside the building. The argument that was presented to the residents was that they could only move in after work hours.

For ST odd, it took 4.5 months, while temporarily located in cabins, with parents or in new rooms at the dorm. It is clear today,

about 9 months later, that the 4.5 months have taken a toll on the residents of ST odd. A quick assessment of residents' list for both halls shows that ST was at one point reduced to about 17 residents ST odd only has 9 residents. The reduction could have been due to chance, but one can not help thinking that the fire has had a big influence.

October 1st when the four kitchens became one by combining three pavilions outside PR was the day ST made a joint plan to be implemented until February. It was announced that the kitchens would be ready in mid February 2016. The hope was for many that it would be done before March. New rumours say that it will be on April 1st and

Lars Kaj could, on January 19th, confirm the delays.

When they asked for the reason the answer was "That is how it is with construction."

Saturday, January 16th, ST woke up to a kitchen without water because everything was frozen. Cupboard space is limited and it can be difficult to get all the new residents into the community. Nevertheless, the new residents' ignorance is an advantage, they do not know fire and a hot water entails.

ST needs to and all must put aside hope when it comes to the day that a jacket and shoes won't be necessary in order to get a glass of milk.

/ EmS22



The ST fire brought positive things with it too. Residents have found out that the kitchen pavilion is great for large celebrations. This is a picture from New Year's eve!

Welcoming Package for new residents

Nybrogård dormitory has approximately 600 residents. Of these, between 200 and 300 move in and out every year. That is a huge number of moves, however, it seems to be decreasing.

The many moves have several unfortunate and undesirable effects. Firstly, it can be difficult to create and maintain a good relationship in the shared kitchens. Ongoing replacement is both healthy and natural, but high amounts of continued replacement can make it difficult to really get to know each other.

Another, not insignificant, effect of the many movements is the costs associated with moving in and out. This expense has, some years, amounted to DKK 250,000!

At the board meeting in December the Board decided to make it a future goal to reduce the number of annual moves. The approach to this is to raise residents' inclusion. The idea behind this angle is that the more you feel at home at, and the more integrated you feel, the better an experience you will have with your stay at the dorm. This will hopefully also increase residents' satisfaction with their stay at Nybrogård

Dormitory.

The question now, is how this can actually be affected. Here are the Board's first two projects.

Years ago it was the practice to biannually hold welcome meetings for new residents. The meetings were voluntary and all of the dorm's old or new occupants received an invitation.

At the welcoming meeting, all dorm's clubs would present themselves; this would be the Secretariat, the Board of Appeal, the network group and the board. The Residents' Council would also be introduced, its possibilities and its functions.

All the clubs have the opportunity to introduce themselves. In this way, all new residents hear about the various clubs how they volunteer, and so on.

The Board wishes to restart the welcome meeting, starting September 2016. This is included on the agenda at the upcoming residents' council meeting.

The second idea concerns a welcoming folder for when you move into the dorm. As it is

today, you will receive numerous papers from KAB. This will include insurance rules, KAB and dorm rules. You do, however, not receive any information about the dorm's structure, clubs or other internal things. This is the goal of a new welcoming folder.

Far down the road, a new welcoming folder would be constructed, containing the same contents as that of the welcoming meetings. Challenges would include making the information as timeless as possible so that the folder does not need to be change often.

Who will be writing the folder, is not yet decided. This is a project that can be delegated to the residents of the dorm, who would help write the leaflet, either paid or unpaid.

Do you have other ideas on how we as a dormitory can give new residents a good start? Then please write a mail to bestyrelsen@nybro.dk.

something to warm you up in the cold

The weather forecast reports that the cold winter will continue its icy grip well into March and you will, therefore, certainly need something to warm you. You can, of course, always buy different kinds of tea, coffee and cocoa in stores, but if you want something hot, homemade, and super delicious, then take a look at these recipes:

Chai latte

- 4 cups water
- 1 cinnamon stick
- 8 cardamom pods
- 5 whole cloves
- 1 tbsp. black tea
- 4 dl hot milk
- Ground cinnamon

Topping:

- 1 tsp. ground cinnamon
- ½ tsp. Cardamom
- 1 tsp. Sugar

Boil water with cinnamon, cardamom capsules and cloves. Let the water and spices simmer, with lid, for 10 minutes. Remove from heat, add tea leaves and let it steep for five minutes. Warm the milk to just below

boiling point and foam it. Pour the tea through a sieve and serve in heat-resistant glass. Spread milk and milk froth in the glasses, and finish with a sprinkle of cinnamon, cardamom and sugar.

Source: Food & Home

Hot chocolate with mint

- 100g dark chocolate
- 1 litre milk
- 8 After Eight pieces

Break the chocolate into small pieces, place in a saucepan and melt on very low heat. Pour the milk into the pan, stirring, and heat the entire mixture up with continued stirring. Pour the chocolate into glasses or mugs (which is enough for 4 large glasses). Put 2 pieces of After Eight chocolate in each glass. Enjoy the delicious cocoa with a twist of mint.

Source: Sunday

Coffee Shock

- 4 glasses of strong coffee
- 8 cl rum
- 4 balls extra good chocolate ice cream

Prepare the strong coffee, pour in the rum, distribute into four large glasses and top with chocolate ice cream. It does not get much better (or easier)!

Source: Sunday

Hot chocolate with spicy foam

- 1 litre milk
- 6 tablespoons cocoa
- 6 tablespoons sugar
- 1 cup whipping cream
- A little nutmeg and cardamom

Heat milk slowly in a saucepan. Mix cocoa and sugar in a bowl. Pour a little of the warm milk in the bowl and stir in the cocoa. Pour it all back into the saucepan and warm it up while stirring.

Whip the cream and season to taste with nutmeg and cardamom - it should be strong. Pour the cocoa in 4 large glasses and top with foam.

Source: Sunday

Louise P-20

Sex and society

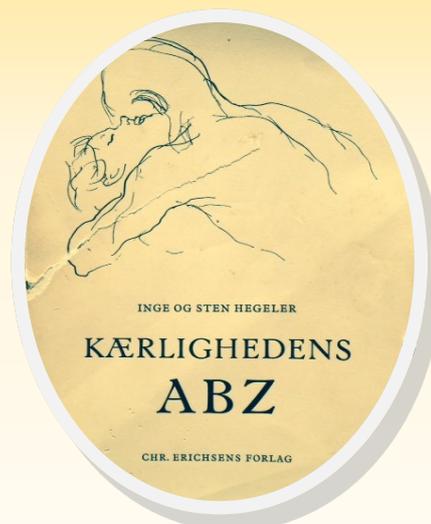
Obscenities: What we call all the things that we have decided are indecent, inappropriate or naughty. What we call obscene is somewhat relative. The Indian temples have statues, which we, in our case, call obscene.

Oksykin salve, Oksykin tablet: An ointment or tablet that you use for birth control, usually with diaphragm. It has been thought that Oksykin had a spermicide (see Fertilization) effect or that it would inhibit sperm movement.

Circumcision: Latin: Circumcisio. Operation on the foreskin of the penis. The foreskin is pulled forward, and the piece that protrudes beyond the penis is cut off It is a religious custom of the Jews; but it is widely used all over the earth in many nations ... However, it is superstition when it people believed that circumcision would prolong the duration of intercourse because of the reduced sensitivity.-But faith can move mountains, so superstition may also prolong sexual intercourse.

Masturbation: Also called auto eroticism and >>self-abuse << is one of the worst. It dates from the time when it was believed that masturbation was dangerous and abnormal ... No man need be ashamed to masturbate. It is not harmful and this can not be overstated. Sexual drive operates similarly in many ways to hunger for food. And in the same way as children or adolescents, or adults resort to a hot dog stand if we are hungry for food in the same way we, as children, adolescents, adults-married or unmarried-let masturbation sate our sexual hunger, so we can think of other things. Masturbation is just like the hot dog stand is an excellent safety valve that makes sure that we can satisfy a need when it pops up at times when we do not have the opportunity and time to a more joyful way of satisfying it.

Masturbation technique: ... Many believe that most women during masturbation have some kind of penis substitute inserted into the vagina. And many have been afraid that such things could disappear into them or cause cancer.



Excerpt from KÆRLIGHEDENS ABZ

9th edition, August 1965

Printed in Danish in
40,160 copi-es.

Mardo Gras Costumes

Mardi Gras is just around the corner and maybe you or your children are, on February 7th, invited to a Mardi Gras party.

The dormitory's swap market and Nybro-Tidende want to inspire you as to what you can dress up as, and the swap market is having extraordinarily open early February so that you can come down and get materials for a good costume.

Swap marked

The Swap marked is located in the PR-basement. The basement is stuffed with things like clothes, shoes, furniture, books, and more. The idea is that you are free to take the things you need are not required to give something in exchange. The swap market things are primarily put into the locked room in the basement. A few times a year the rooms are opened and everything is available. The swap market is part of Nybrogård's environmental club.

The Swap market is actually alive 24-7. Every time residents no longer want to use their old things, but they think it's too good to throw out, it should be put down in the hallway in the basement. In the same way, residents who lack things such as a new ring folder, a bowl, a table, a jacket can go and see if there's something they can use. This way everything is recycled. This also applies to you. The club is like any other club run by volunteers, committed residents, who are responsible for the entire operation.

Now you may already be thinking about all the things you will put down in the basement. But remember; "Show a limit to your kindness." If things are in such bad condition that you don't think anyone would use them, then it is better to just throw it out. Old heavy TVs are eg. not welcome.

It is not only the dorm's own residents who make and take things from the basement.

When the swap market is officially open it is often that a few older ladies come and deliver a whole lot. In the following hours, the dorm's residents and the surrounding community come join in. During the previous swap market, three men from Syria came together with a lady from an asylum centre.

The dorm's swapmarked, together with Nybro Tidende

Are opening the doors February 2nd

From 7-9 pm

Come and find yourself a new costume

In this way, the swap market definitely lives up to its purpose. To recycle and protect the environment.

Costumes and Mardi Gras

The club has a great many things, primarily clothes! Clothing for children and adults, for rain, for feast and a good potential to find garments for amusement.

There are many textiles and the like. There is also many things that can complement a good costume.

NybroTidende took a trip to the basement to make some suggestions for what you can find. We chose to take some of the clothes on that we found, but you can always make your own using the textiles, sewing and being creative.

In fact, the conclusion, after witnessing selection, must be that it is only your imagination that sets the limits to what you can dress up as!

All Seasons

Flowers in your hair, a pair of corduroy shorts, a pearl necklace, brownish-coloured sweater, a cassette tape, a brown cup, small round sunglasses and a few health sandals. Hippie style is ready.

Whether this is the attempt to look like a marine biologist, a surfer or a clown in the big boots, it is at least a small selection of what you can find in the basement.

If you are not the creative type, come down and look, perhaps. with your idea or theme, then we would be happy to help you with ideas!



Residents' meeting

Moderator and language for the meeting:
Thomas, Danish

Who is present:

Christoffer L07, Tina L07, Lasse T57, Bear L09, Sofie S35, Rene M43, Jamcob S06, Katja P32, Lea H50, Thomas E23, Troels 007, Rasmus S21, Frederik H49, Benjamin B51, Andreas A35, Tobias J21, Adrian C24 John Varmecentral, Lars Kaj, office, Ole L14, John K46, Ea D63

Presentation of the Residents' council's report for the past year.

There have been no major changes, except for the renovation of the KælderCafé.

Presentation of the institution's financial statements for approval
KAB has not received budget, so there is no financial statements to approve.

Election of chairman of the residents' council and other residents' council members and deputies for all residents' council members.

We need a new chairman, Thomas (the current president) is resigning.

Tobias J21 is assigned as the new chairman.

Christoffer L07 sign up as representative of the L and H apartments.

New board members and alternates.

Jacob and Ea must resign their posts in the board, which means that new representatives need to be chosen.

Jacob and Ea are both requesting reassignment to their posts.

New alternate need to be sought at the aptil meeting.

Revised budget (O)

V. Jacob Jensen, Board

At the insistence of Gladsaxe municipality, the residents are presented with a revised budget (see Attached). The revised budget is caused by a minor deficit having build up over the years, the municipality requires that it be paid off in the current financial year. The revised budget heralds a rent increase per. 1 March 2016 (see Attached)

The dormitory has a deficit of DKK 700.000. (Accumulated over several years)

Therefore,, there will be an increase in rent:

DKK 37 For the rooms

DKK 77 For the Apartments

Emil G36 Camilla H54 has entered the meeting

Residents' council meeting

Present: Emil G36, Camilla H54, Christoffer L07, Tina L07,Lasse T57,Bjørn L09, Sofie S35, Rene M43,Jakob S06,Katja P32,Lea H50,Thomas E23,Troels 007,Rasmus S21,Frederik H49,Benjamin B51,Andreas A35,Tobias J21,Adrian C24,John Varmecentral, Lars Kaj, kontoret, Ole L14,Johannes K46, Ea D63

Agenda:

1. Moderator and language for the meeting
Thomas, Danish.
2. Voting members
15
3. Approval of minutes from last residents' meeting
4. Approval of agenda
Approved
5. Economy
Alexander and Jacob are still in the process of the transfer, therefore known the specific figures do not, but there is a surplus in the accounts
7. Review of last board meeting or agenda.
There has not been any agenda yet.
8. Inward Correspondence

Cardio room (A)

V. Ole, Exercise Club

The Exercise Club is looking for funds to get cut a hole in the wall to connect the two rooms in the O-basement, just like down in the KælderCafé, in order to make a cardio room. It will cost about DKK 14.000 + VAT
Rasmus: it was asked in the kitchen, what does the 14,000 cover.

The money covers the hole in the wall.
Benjamin: the kitchen talked about the club already having received a lot of money. There was talk of raising the cost of the subscription so that the members could pay some of the bill.

Ea: exercise club has already requested that the an increase but this has already been voted out by the Residents' Council.

(It is possible to use operating money instead of taking from the NYK account)

For: 13 Against: 1 Blank: 1

It is adopted.

Application for Café (A)

V. Christoffer Christensen, L07

We want to create a Board and Card Games café and therefore seek to have made a room available. We want to create an association to deal with operation and provide

Projects and are able to provide a draft budget (see attached)

Thomas: Since there is made an association, need to make some Articles of Association. formally.

Rasmus: brushes, which weigh heavy on the budget could possibly be borrowed from Lars Kaj.

Jacob: they should have a general assembly so that the Board could be presented.

Christoffer: is willing to hold a general assembly.

For: 13, Against: 0, Blank: 2

It is adopted

Film club's president has moved

- V. Nikolaj Folander Smit, C22

A new President must be elected. All interested parties can participate in resident Council meeting, where it will be possible to hear more about the position Nilas M-65 sign up as new president of the film club

The Kældercafé's credit card terminal is mildly speaking old and worn down, and has, since summer, begun, more and more often, to cause problems (which means we can not sell drinks via credit card). In addition to be used in the bar, the credit card terminal can also rent out, which, for example, is done to the Spring Festivities at ST and at Nybro Festival. Normally, we at the bar would raise the money to buy a new one, but we do not have the money at the moment. A new "flagship model" costs a total of DKK 6,000 (which is the amount we wish allocated) right now, if we buy a new terminal before the New Year. In this offer, we get DKK 3000 for returning the old terminal, Compared to getting nothing for it. The terminal can also be rented, but already after 18 months, the cheapest option would be to buy it. With a lifetime of significantly more than 1½ years, a purchase would be the best solution. "flagship model" can work on both Wi-Fi and GSM. This is partly necessary because we are in a basement, and partly because it would be easy to rent to e.g. Nybro Festival (see Attached)

The new credit card terminal will not be able to take Mastercard / electron. Work is done to include a mobilepay function.

For: 15, Against: 0, Blank: 0

It is hereby approved

Continuation of summary

Continued need for the phone in the bar (A)

V. Jakob Jensen, KælderCaféen

It has previously been decided in the residents' council, for the bartender in the KælderCafé to be walking around with a phone to which residents can call, for example in relation to noise complaints. We have now been made aware, from the telephone company's, that they will be closing our subscription since no activity has been had in six months. Before we continue the payment for the subscription, we would therefore like to know whether this requirement should still apply, since there seems to be no need for it

Rasmus: kitchens believe that it would be nice to have a phone to call.
The number can be found on the website.

Jacob, removing the phone isn't a problem, but then there must be another solution. As we have promised the residents that it should be possible to get hold of the bartenders. (Facebook could be an option), but it is not certain that it could be a viable solution.

Katja: to get a bracelet like the bartender could have on that vibrates when a message or ringing ..

Vote on removal of phone:
For: 5, Abstain: 6, Against: 4

The phone will be removed, but the President still wants to look at another solution.

Annual Christmas party (A)

V. Thomas Stig Berg Pedersen.

We request money for the organization of the annual Christmas party for all active of Nybrogård dormitory. It will be held in the KælderCafé and there will be food and a little alcohol. The budget will be a variable but it is assumed that it will be about DKK 8.000 to DKK 14.000 depending on how many participate.

Ea: kitchen believe that it is a lot of money

Tobias: do not believe that the budget is particularly large, so it should not be a problem.

For: 13 Blank: 1, against: 1
This adopted
Date of active party 2/13/16

9. New members and alternates
Camilla H54 resigns, Emil G36 takes her post

Frederik N29 enters.

10. Other

1) Tobias: Is it a general problem that clothes are stolen from the laundry room?

Ea: I've heard stories about disappearing things from the laundry room despite the

fact that it is at your own risk. There have been some shady characters inside the laundry room. We must be OBS on who is enters.

Christoffer: there has been more focus on people having had stolen clothes the recently.

The findings are to be investigated, how many stolen clothes have been stolen from the laundry room

2) Jacob Antenna network is nearing completion, the channels have been voted on will be available. When the channels are ready you'll need to make a new channel search.

3) Benjamin:
How far are we paying kitchen coffer (KAB) We are working on the case and it should be clear within a reasonable time.

11. Next meeting
The next meeting will take place Wednesday, February 1st

Any cancellations must be submitted at www.nybro.dk > Residents' Council > Cancel at least one day before the meeting

Notice of Residents' Council Meeting

Agenda for residents council meeting, December 2nd 2015

1. Moderator and language for the meeting
2. Count voting members
3. Approval of minutes from last resident' council meeting
4. Approval of agenda
5. Economy
6. Announcements
7. Board meeting
8. Inward correspondence

Garden Club (I)

V. Lea Reime, president of the garden club
We need a president for the club. Until now, I have to be temporary chairman for Miia after she moved, but I no longer want to be.

Bicycle Cleanup as paid project for the residents' representatives on the board (A)

V. Rasmus, Board

Residents' representatives on the board was in charge of last year's bicycle cleanup. We would like to do it again but it must be initiated soon if we want it to happen before the summer break.
We would like to ask to be assigned (up to) 2 * 15 hours for planning, warning and the event itself

Restoration of the welcome / info meetings (D)

V. Rasmussen, the Board of Directors

Until about 3 years ago, we've held biannual information meetings for new residents in the KælderCafé, briefly presenting the dormitory, the GH-basement's functions were mentioned and the various club presidents did some advertising.

It is a really great way to greet new residents welcome and facilitate the move. We propose to resume the bi annual meetings at the end of September and February starting from September 2016; it can, if necessary, be made into a paid project for one or more residents as monitors (see.

previous occupant Council in autumn 2015).

President of the Art Club (I)

V. Maja Scheel Kvint, P38

I would like to be president of the Art Club and get it up and running again. Can I get instructions as to how this will be done?

Presentation of KælderCaféen accounting for 2015

V. Henrik

See Attached

9. New members and alternates
10. Other
Date for next meeting
11. Next meeting

Any cancellations must be submitted at www.nybro.dk > Residents' Council > Cancel at least one day before the meeting.

General Assembly in the KælderCafé

The KælderCafé is having its annual general meeting, and this one will be an important one. The General Assembly is held once a year, and every year, one of the main themes is the election of a new board. Each member is elected for a two-year period, the number of members up for election may fluctuate from year to year.

This year, it is clear that three out of the four board members and alternate want to resign from the Board. At least 4 new board members are, therefore, needed.

One of the departing board members is also accountant for the KælderCafé. This role should be filled at the meeting.

What tasks does the board do? And how much time do they require?

Board members' primary task is to ensure that the KælderCafé operates safely, economically and developmentally. The work, therefore, varies from dealing with daily operations to strategic planning and deci-

sions on the KælderCafé's future activities.

The Board meet at least four times a year, but in the last years there has been a meeting about every monthly.

Who can help?

The KælderCafé's board can be composed of all members of NYK (all residents of the dorm). One need not be neither bartender or otherwise active in the KælderCafé to be on the board.

If you choose to run for Board member with no previous experience in the bar, you'll simply, over time, be introduced to all parts of the organization of the bar.

Would you consider becoming our new accountant?

The KælderCafé's accountant does not need to be part of the board. Without the accountant there is no KælderCafé, which is why we need someone at the meeting so that the KælderCafé can continue its opera-

tion.

If you are studying business, economics or similar, this is perhaps a job for you? As accountant for the KælderCafé you'll get experience in financial management in a company that is economically active on a weekly basis. This can certainly be used on your resume when you eventually move away from the dorm.

What happens if one isn't found?

The rules for the KælderCafé require a full Board to be elected. If such can not be done at the General Assembly, a new board of directors can't be elected until a subsequent extraordinary general assembly. This can be held no earlier than three weeks after the initial meeting. In the meantime, the KælderCafé would be closed. #Jakob S6

**Where and When: KÆLDERCAFÉEN,
February, Tuesday 23rd, 8pm.**

Aktivfest!

Saturday, February 13th will be the date of this year's active party, a party for all residents in Nybrogård College who have been activate/working for the dormitory in one way or the other during the course of 2015 and early 2016.

This year, the event is held as a Christmas lunch, starting at 6pm. The party is organized by the previous Residents' Council President Thomas Stig Berg Pedersen, who, through the Residents' Council, has applied for

and allocated money for the organization of the party.

True to tradition, a feast of food as well as beverages, free of charge, is available to those attending the event. This is a reward and a thank you to the residents who have actively helped making the dormitory a better place for us all.

If you have been forgotten, write to jako1291@hotmail.com



The KælderCafé's updated selection!

DE BILLIGE

2 drinks for 35,-

VODKA/JUICE	20,-
Vodka, Juice (Appelsin/Ananas/Æble/Tranebær)	
SKINNY B*TCH	20,-
Vodka, Danskvand	
ROM/COLA	20,-
Rom, Cola	
GIN/TONIC	20,-
Gin, Tonic	
FILUR	20,-
Vodka, Gin, Appelsinjuice, Grenadine	
ISBJØRN	20,-
Vodka, Faxe Kondi, Blå Curacao	
Á LA PIÑA COLADA	20,-
Malibu, Ananasjuice	
KUNG FU	20,-
Jägermeister, Pisang Ambon, Cola	
MARCIPANBRØD	20,-
Amaretto, Kakao	
LEMON DAIQUIRI	20,-
Lys Rom, Cointreau, Citronsaft, Faxe, Blå Curacao	
HAWAII	20,-
Malibu, Nikoline Appelsinvand	
MATADOR MIX	20,-
Vodka, Nikoline Appelsinvand, Grenadine	

...Ekstra tørstig?

2 cl ekstra alkohol	10,-
4 cl ekstra alkohol	15,-

DELUXE

2 drinks for 45,-

HEFNER	25,-
Southern Comfort, Faxe Kondi/Cola	
ORANGEGREN	25,-
Cointreau, Kakao	
MORGAN/COLA	25,-
Captain Morgan, Cola	
FLIEGER	25,-/30,-
Vodka, Booster/Redbull	
SKUMBANAN	25,-
Pisang Ambon, Kakao	
COSMOPOLITAN	25,-
Cointreau, Vodka, Tranebærjuice, Citronsaft	
TEQUILA SUNRISE	25,-
Tequila, Appelsinjuice, Grenadine	
AMALIE	25,-
Cuba Passion, Tranebærjuice	
PINK PUSSY	25,-
Licor 43, Vodka, Passoa, Grenadine, Appelsinjuice, Ananasjuice, Flødeskum	
PASSOA BRAZIL	25,-
Passoa, Vodka, Tranebærjuice	
JUNGLEFEBER	25,-
Malibu, Tranebærjuice	
AFTER EIGHT	25,-
Minttu, Kakao	



DE STÆRKE

KÆLDERSLAM	30,-
Vodka, Pisang Ambon, Citronsaft, Nikoline Citrus	
STJERNEMIX	30,-
Cuba Caramel, Cointreau, Grenadine, Cola	
SWEET BITE	30,-
Licor 43, Roses Lime, Faxe Kondi	
ÆBLEKAGE	30,-
Licor 43, Æblejuice, Flødeskum	
LONG ISLAND ICED TEA	35,-
Vodka, Rom, Cointreau, Gin, Citronsaft, Cola	
TROPEFRUGT	35,-
Pisang Ambon, Cointreau, Citronsaft, Ananasjuice	
COINTREAU FIZZ	35,-
Cointreau, Limejuice, Danskvand	
LILLE FYSIKER	40,-
Vodka, Gin, Rom, Pisang Ambon, Roses Lime, Faxe Kondi	
3/4 JÄGERBOMBS	50,-
Jägermeister, Redbull (3 stk) / Booster (4 stk)	

FLASKER

ROYAL ØKOLOGISK PILSNER	15,-
Ta' 2 flasker for 25,-	
ROYAL CLASSIC	15,-
Ta' 2 flasker for 25,-	
ROYAL PLATINUM (6%)	20,-
Ta' 2 flasker for 30,-	
MÅNEDENS ØL	
Spørg bartenderen om denne måneds øl og dens pris	

Vend

HELE SPRUTFLASKER

SMÅ SURE SHOTS	250,-
Vælg mellem: Æble, Jordbær, Cola	
LAKRIDS SHOTS	250,-
Vælg mellem: Små Grønne, Små Blå, Fisk	
CITRON ELLER MINT?	250,-
Vælg mellem: Tequila, Minttu	
DELUXE SHOTS	350,-
Vælg mellem: Fernet Branca, Balleys	
BILLIGE FLASKER	250,-
Vælg mellem: Rom, Vodka, Gin, Malibu, Amaretto, Cuba Passion (+ 2 flasker sodavand/tonic eller 3 kartoner juice/kakao)	
DELUXE FLASKER	350,-
Vælg mellem: Captain Morgan + 2 flasker cola, Pisang Ambong + 3 kartoner kakao	
HUGH HEFNER	400,-
Southern Comfort + 2 flasker sodavand	
ORANGUTANG	500,-
Cointreau + 3 kartoner kakao	

SHOTS

1 shot for 10,- 12 shots for 100,-

Fisk	
Fernet Branca	
Små blå/grønne	
Små sure Æble-, Jordbær- eller Colasmag	
Små kolde	
Southern Comfort og Limesaft	
Tequila	
Jägermeister	
Marcipanbrød	
Amaretto og Kakao	
Kokosdrømme	
Malibu og Ananasjuice, Grenadine	
Orange stang	
Cointreau, Kakao og Balleys	
Minttu	
Æblekage	
Licor 43, Æblejuice, Flødeskum	
Minefelt	
Bartenderen bestemmer!	



PÅ FAD

GLAD PÅ FAD	15,-
Ta' 1 kande for 60,-	
FADØL	20,-
Ta' 1 kande for 80,- Ta' 2 kander for 140,-	
FOR BØRN	
KIM'S CHIPS	5,-
Havsalt eller Sour Cream	
0,4L SODAVAND/JUICE	10,-
BOOSTER	20,-
REDBULL	25,-

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Vend

NybroTidende's food column:

Seasonal foods



Mardi Gras happens on February 7th, which calls for Madi Gras buns. If you don't know what kind you want to make, then here are two different versions of the famous Mardi Gras bun.

Pastry Edition (35 pcs.)

With cream and whipped cream

Ingredients

- 500 g Wheat Flour
- 1 tsp. Salt
- 60 g Sugar
- 50 g Yeast
- 2.5 dl. Whole milk
- 1 Egg
- 300 g Butter

Cream:

- 2 dl. Whipped cream
- 2 dl. Whole milk
- 80 g Cane sugar
- 4 egg yolks
- 20 g of corn starch Maizena
- 4 tsp. Vanilla Sugar

Whipped cream:

- 5 dl. Whipping cream

Garnish:

- 4 tbsp. Powdered sugar

Procedure:

Flour, sugar and salt sifted. The yeast is stirred into the cold milk, after which the eggs are whipped together in a third dish. Then knead everything, except the fat, into a dough.

Roll the dough into a rectangle about ½ cm thick, after which the grease is distributed in small pieces to 2/3 of the dough. It is important that the fat has the right consistency, when it is applied (it must not be melted). If it is too hard, it can tear a hole in the dough, and if it is too soft, it can melt the dough.

The dough is now placed in three layers, where the portion free of butter is placed over the rest of the dough (thus making the layers lie in the order: dough, butter, dough, butter and dough). Then roll out the dough, which should be repeated at least 3 times (preferably with 30 minute intervals, where the dough is put in the fridge).

When the dough is ready for use, roll it to about 50x80 cm and is then cut into squares of 10x10 cm. The corners of the square pieces are folded toward the middle, and the bun is turned upside down and placed on cookie sheet.

The buns are baked at 220 degrees C conventional oven for about 10 minutes, after which they are taken out to cool.

The cream:

The cream and milk are mixed together in a pot, and half the sugar added, after which it is slowly brought to a boil. The egg yolks are whisked until airy with corn flour and the rest of the sugar. When the milk boils pour it gently into the egg mixture while whisking. The whole mass is poured back into the pan and warmed up Carefully, and then poured into a dish and placed to cool.

Whip the whipping cream.

The buns are split and a small amount of cream is added to each bun. They are then filled with whipped cream and sprinkled with icing sugar.

Shrove buns with chocolate glaze (18 pcs.)

Ingredients:

- 50 g Yeast
- 2.5 dl. Whole milk
- 125 g Butter
- 2 Eggs
- 1/5 tsp. Salt
- 2 tsp. Sugar
- 500 grams flour

Filling:

- 2 Eggs
- 2 tbsp. Sugar
- 1 tbsp. Corn flour corn starch
- 2.5 dl. Whole milk
- 0.5 tsp. Vanilla Sugar

Glaze:

- 100g of icing sugar
- 1 tbsp. Water
- 2 tbsp. Cocoa

Procedure:

The yeast is stirred into lukewarm milk, after which the melted butter, eggs, salt and sugar is stirred in. The flour is stirred for while, and the dough is kneaded well.

Let the dough to rise for about 30 minutes, during which one can make the cream cake.

Mix eggs and sugar together in a pan, then add flour and milk and the cream is brought to a boil under constant whipping. Add vanilla sugar to your taste.

Tip! Sprinkle a little sugar over the cream, while it cools, so that no skins forms.

When the dough has risen, beat it and split it into two balls. Each ball is rolled out to a square plate of about 30x30 cm. This is divided into approximately 9 small squares of 10x10 cm. About a teaspoon of the filling is added to each square, after which the it is closed around the filling to form a bun. The buns atr placed on a baking with the pretty side facing up.

The buns are baked at 225 degrees C. Conv. Oven for about 15 min. (until golden)

When they are slightly cooled, pour glaze on. Powdered sugar, cocoa and boiling water mixed together, after which the glaze is applied to the rolls.

Louise P-20

VITAMINBOMBER– Ingefærshots

Winter is upon us and it can be hard on the mood and energy levels with the many dark hours. NT has tested energy bombs.

Ginger has an anti-inflammatory effect, supposedly preventing and treating cancer. Studies in rats show it can protect against liver damage and facilitate digestion of fat and increase energy levels. Alzheimer's, diabetes, heart disease, we could go mentioning diseases ginger has a healing effect on. NybroTidende tried two recipes, and let ST taste test.



Ginger Shot A

85 g. Fresh ginger, thinly sliced
1 organic lemon, thinly sliced
3.5 dl. Water + 2 dl. Water
100 g. Sugar

Boil ginger, 3.5 cups water and lemon about 45 min. add the sugar + 2 dl. water and cook for a few minutes. Cool and refrigerate.

Ginger Shot B

1 dl water
25g ginger
1.5 lemons, juiced
1 teabag of chamomile tea
2 tbsp. Honey

Peel the ginger. Cut into thin slices and put in the pot of water. Let cook, covered, for 20 minutes. Remove pot from heat and add the teabag with chamomile tea, and lemon juice. Let the pot reach room temperature, then stir in the honey.

The winner Was-Recipe B

Generally, there was high praise for both recipes and the score was equal until the end. "A tastes more of ginger, while B tasted more citrus" were some of the comments

With seven votes on B and 5 on A, the ginger shot with ginger, honey and lemon ran away with the victory. Both recipes were easy to make and it is recommended to make larger quantities, if necessary. with less water if you want it more pungent in taste, and can also be supplemented with chili.

Chef's own opinion is that recipe B is best as recipe A contains an incredible amount of sugar. The residents' evaluation was that the drink would be good to mix with vodka!
/ EmS22



5 Kitchen Tips You just gotta know!

Here at NybroTidende we have found a number of kitchen tips that you simply can not be without. A few of them may sound a little funny, but one thing is certain: they will surely benefit you at one time or another in the daily dealings in the kitchen!

The problem: Your avocados turn brown
The solution: Olive oil

After you have cut your avocado, it, quite quickly, becomes brown due to oxidation. Most attempts to remedy this problem with the lemon juice, but studies show that olive oil works much better! If you brush your avocado and place in an airtight bag, it will remain green and fine.

The problem: You do not know if your eggs are still fresh
The solution: A bowl of water

Take a bowl, fill it halfway with water, and, gently, put the eggs into the bowl. If the eggs sink, they are good - if they float, they are bad. The explanation is that, over time, air leaks into the egg through the shell, so that if it has been left for a long time, it has become bouyant due to the air, and therefore also gone bad.

The problem: The contents of your pan always boil over
The solution: A wooden spoon

Every time you boil something in a pot (and suspect that it will boil over), put a wooden spoon on top of the pot and voila, it won't boil over. The explanation would be that bubbles are unstable, so that the wooden spoon will break the surface of them, and that the bubbles are filled with steam so that the steam will condense back into liquid form as soon as it hits something that is below the boiling point.

The problem: To separate the egg yolks from whites
The solution: A water bottle

Start beating the eggs on a plate. Take your cleaned plastic bottle, and press it flat, thus creating negative pressure. Keep the pressure down. Place the bottle's neck over the egg yolk and let go of the bottle, making the yolk slip into the bottle. Then gently press the egg yolk out on another plate.

The problem: You have spilled red wine on your white blouse!
The solution: Salt

Pour salt directly on the spot as fast as you can. Let the salt stay on the stain overnight and then wash your blouse. The salt will have sucked out the red wine - your shirt should then be as good as new (and entirely free from red wine stains)!

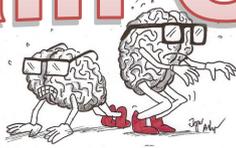
The problem: You cry when you cut onions
The solution: A slice of bread in your mouth - or frozen onion

Here is a problem that the vast majority struggle with! When you cut into an onion, it releases a certain type of gas that moves up and hit the water in your eyes. When it does, it reacts with the water in your eyes and becomes an acid that hurt and make your eyes water. But if you stick a slice of bread in the mouth while cutting onions the gas will stick to the slice of bread, and then move into your mouth instead of your eyes.

If you don't want to stand with a slice of bread in your mouth, try to cool fown the onions before you cut them. The enzymes, and thus the gas production is in fact less active when the onion has cooled.

Louise P-20

Brain Gym

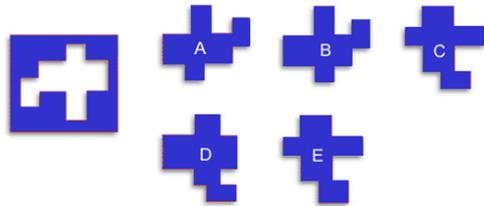


A. What is the next number in the sequence

2, 8, 12, 14, 21, 22, ?

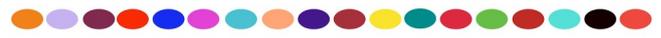
B. A vagabond has found out that by assembling seven cigarette butts he can make a whole cigarette. Luck is with him today and he finds a total of 49 butts in one day. How many cigarettes can he smoke that day?

C. Find the missing piece



Svar findes nederst på side 4.

COMING SOON



February

2.2 Kyndelmisse— Public day, because we are half way through winter.

4.2 Cinema premiere; FIFTY SHADES OF BLACK, Comedy

5.2. Crown Princess Mary Birthday, 1972

6.2 Princess Marie Birthday, 1976

7.2 Fastelavn

14.2 Valetines day

18.2 Cinema Premiere; 13 Hours, Action

27.2 Chocolate Festival, Look at fb; Chokoladefestival



Do you have comments, praise, critique or other information, you want included in the newsletter?

Send us an e-mail: tidende@nybro.dk

Have anyone seen Matt Damon....?

Matt Damon is one of my absolute favourite actors. This probably dates back to my childhood where there was something special about movies such as The Bourne Identity.

Give yourself a minute to think of all the movies Matt Damon has starred in. Now, think about in which of these movies he is either forgotten, loses himself or in any other way the worst person to travel the world with

It all starts with his breakthrough in the movie "Good Will Hunting" - a movie he himself wrote. Already here we see an unstable mentality, brilliant, yes, but he does find it difficult to find himself. Let it be a warning of 'worse to come' ..

The year after, he lands a role in the success movie "Saving Private Ryan", the film where Tom Hanks is sent out to rescue the lost

Private Ryan deep in Nazi Germany. Who do you think played Private Ryan? Yep, it was Damon.

Matt is involved in numerous films in the years following until he really hits his next success, The Bourne Identity, a film that becomes a trilogy. This is where you can see the similarity with a really bad night out. Matt wakes up with gunshot wounds, no money and no memory, while being hunted without knowing why. Cross your fingers that this won't be you or me after our next trip in the KælderCafé.

In recent years, Matt Damon starred in a small number of Sci-Fi movies. Let's just be clear from the start it is by God not the smartest decision to let a man with such a poor sense of direction go into space ..

Interstellar was build up as a giant movie when it came out, probably most of all due



to Christopher Nolan's huge success with his previous films. Even though I didn't find the film very good, it was fun, however, seeing who the abandoned researcher in outer space was. Yep, again, Matt Damon.

It went much better for him in The Martian. Imagine an entire movie built around Matt Damon not being able to find his way home in time. Is it a sign?

This was my little side note about Matt Damon

Jakob, S6