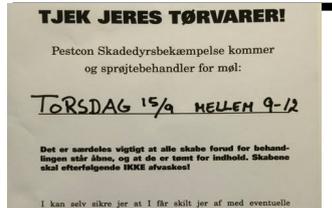


NybroTidende



October 29th 2016



Avoid the Moths

Page 4



"The Board" A new club

Page 5



Nature in the Fall

Page 9

Autumn has arrived. On paper, September 1st was the first day of fall, but the proper weather conditions started in the end of September, but this is nothing new. But do not think that nothing at all will happen, Caretaker Lars Kaj and Co. have a few things arranged!

To be honest, not much is happening this month. You'll soon need to remember bicycle lights and rain jacket. An Oktoberfest here and there, "Den store bagedyst" and "Vild med Dans" will be on TV. But Octo-

ber 2016 will also be the month where you can wake up to a window cleaner outside your window and share your ugliest or most intimate moments. From October 3rd, the cleaners will be cleaning the windows on the outside of the entire Dormitory. They will start in the more public areas and then proceed with the rooms when everyone should have woken up. Lars Kaj says that, from now on, the windows will be cleaned every year and the more public areas, four times a year.

October 3rd is also the day when you can experience a drone flying above the dorm as the roofs need to be inspected. If the labour inspectors had to approve the roofs by manual inspection, it would cost more than a million DKK because it is assessed as a major security risk to be walking on the roofs. This also means that there are high safety requirements. Therefore, a drone has been purchased. This drone will be regularly flown around the college. A new toy for Lars Kaj and Co. and a huge cost reduction!

News from the council

There has been no salary adjustment for residents recruited internally at the dorm in > 5 years. The salary is currently 120 kr/h. This salary is given to employees in the Secretariat, Complaints, network group (incl. Antenna responsible), as well as the residents' council secretary and -treasurer

This is voted on. The vote resulted in agreement to adjusting the rent.

Kasper R66 and Line F56 are taking up the positions as key bearers.

We are still searching for a new person to perform this task. For a detailed description of the job, see Annex 1. The job is paid by the hour.

KælderCaféen's biggest annual expense is tax to KODA, to be paid to legally play music in the bar. At the moment this bill is at about 16,000 kr. Per year.

Residents' council meeting

October 3rd at 7pm in the GH-basement

The Personal Page

The Board

Jakob, S06 (chairman)
Rasmus, S21(vice-chairman)
Ea, D63 (alternate)

The Residents' Council

Chairman: : Jakob, S-6
(sup) Johannes, K46
AB-odd: Benjamin, B51

AB-even:

CD-odd:

CD-lige: Adrian, C24

EF-ulige:

EF-even:

GH-odd: Viktor, G31

GH-even: Emil, G36

JK-odd: Jakob, K55

JK-even: Johannes, K46
(alt.) Lukas, J32

LM-odd: Rene, M43
(alt.) Mads, M51

LM-even:

NO-odd: Frederik N29

-
NO-even:

PR-odd:

PR-lige: Katja, P32

ST-odd: Ditlev, T47
Caroline, T65 (sup.)

ST-even: Frederik S40
Niels T54 (sup.)

Apartments:

C, D and G:

-
H and L: Christoffer, L07

M, O and S: Troels, O07

Administration

Treasurer
Kasper Hansen, R66
kasserer@nybro.dk

Secretary
Lea Madsen, H50
sekretaer.nybrogaard@gmail.com

Accountants

NybroTidende
Kristina Beiter, D46
Emma Broberg, S22
Patrick Aagaard, M63
Louise Olsen P20
tidende@nybro.dk

Secretariat/subletting

Office hours: Monday 19:00-20:00
and Thursday 20:00-21:00 in the
GH-basement.
Phone: 21 48 54 55

Complaints committee

Office hours: Monday 19:00-20:00 &
Thursday 20:00 -21:00, H basement.
E-mail: klage@nybro.dk
Phone: 21 48 54 55

Network office

Office hours: Monday 20:00-21:00
in the GH-basement.
E-mail: admin@nybro.dk
Phone: 21 48 54 55

TV/Antenna

Jakob Jensen, S06
antennegruppen@nybro.dk

Environmental Group

Troels, O07
miljo@nybro.dk

Clubs

Gardening club
Rasmus, A38

Brewers club
Troels, L28

Art club
Maja, J16

Role playing games
Mikkel, R61

Bicycle workshop
Kristoffer, L10

Nybro Cake festival
Maria, D60

Music practice room
Andreas L31

The board (club)
Tina, L09

Exercise room
Ole, L14

Cinema club
Lukas, J32

FC Nybro
Casper, E35

FC Nybro Chicks
Malea Madsen, S06

Service

Table tennis/hockey
CD-basement

Bicycle workshop
LM-basement

Folding chairs
Atle, S03

Trailer
Lars Kaj (insp.)

Draught beer system

KældersCaféen

Opening hours: Fridays 20:00-03:00
One Saturday each month 20:00-05:00
(announced seperately).

Chairman: Jakob Rahr Bork Jensen, S06
Deputy chairman: Jacob Riis, G02
Treasurer: Henrik Stigsberg Pedersen, A32
Secretary: Chelina Kristensen, G02
Residents' Council Rep.: Ea Nielsen, D63
Alternate: Anine Wesseltoft Hansen, C02

Local facilities

Inspector Laundromat

Lars Kaj
varmemester@nybro.dk

Phone: 45 87 04 73

Office hours

Monday: 16:00-18:00

Tuesday-Friday: 07:30-09:00

First weekday of month: 17:00-18:00

Convenience store and Pizzeria

Phone: 51 14 12 19

Weekdays: 15:00-21:00

Sat-Sun: 13:00-21:00

May-August: open until 22:00 every day.

NOTE!

Items for the agenda must be sent to the secretary **at least ten days before the meeting** nybro.dk > English > For Residents > Resident Council > "Add item to the agenda".

Copenhagen for exchange students and other "newbies": Inner City and Christianshavn

Most have experienced the major tourist attractions in Copenhagen. But Denmark's capital contains more than The Little Mermaid and Nyhavn. In this first guide of two, you'll get tips on how you can experience Copenhagen's inner city in an inexpensive manner while avoiding the major tourist throngs.

Kristina D-46

Where should our trip start then? A good starting point is Nørreport, where everything is within reach, and where it is easy to meet with your friends. In the immediate vicinity is Torvehallerne where all things delicious are located, from expensive fish and wines to vast cinnamon buns. Beside it, you will also find one of the city's best (and not too expensive) brunch places: the Swedish restaurant Kalaset. From here you can move down towards Strøget; A good tip is to move along Fiolstræde (and nearby alleys Studiestræde and Sankt Peters Stræde), where the streets are more colourful, lesser amount of people, and the coffee cheaper. And speaking of coffee; good pit stops nearby include the book café Paludan, The Living Room, and one of the very cheapest cafés in Copenhagen: Café Nutid. Looking for a filling and cheap lunch? Smagsløget's huge sandwiches are recommended.

CHRISTIANSBORG'S SURROUNDINGS

If at this time you have visited one or more of the recommended places, you are most likely filled with enough food and caffeine for the trip to Christianshavn to be a breeze! The culturally interested can visit the National Museum (free) or Glyptotek (50 kr. If you are under 27) on the way. Library The Black Diamond is also worth checking out if you can not get enough of books and architecture. After all the cultural impressions, The Royal Library Garden is a hidden oasis until it recently became a pokéstop, a delightful place to relax.

COZY CHRISTIANSHAVN

From here you can move along the water to Christianshavn. Instead of going straight up Prinsessegade towards Christiania (as many are used to), you can start by strolling up and down the side streets of Christianshavn's Canal, for example, Strandgade and Overgade. The canal is filled with beautiful boats and streets adorned with old and quirky buildings. On the way to Christiania you can also try to venture into Vor Frelser's Church twisted church tower (admission: 40 kr), which has one of the best and scariest views of the city. From the church, Christiania is just a stone's throw away. This "city within a city" offers much more than pusher street. If at this time (again!) are hungry, both Morgenstedet, Månefiskeren and Loppen (the latter, incidentally, is probably the evening's most intimate concert venue in Copenhagen) have excellent food. Remember to spend a lot of time exploring the more remote residential areas of Christiania. You have probably rarely seen so imaginative and fanciful houses before!



COPENHAGEN PORT-ON FOOT AND BOAT

Many interested in architecture could at this point want to visit an architectural specimen of a completely different scale than Christiania's houses; namely the Opera. If opera is not your thing, it's still worth moving westward from Christiania, at which you should encounter more charming canals and Copenhagen Street Food at Papirøen. If you are not already full, you will in any case have another opportunity here.

From Papirøen you can either take the water Bus (12 kr) or walk along the newly built Inderhavnsbro back to the inner city. Then you can move directly back towards Nørreport via Nyhavn, or if you have the courage to see more of the Copenhagen harbour, try a cheap harbour cruise with Nettobådene (40 kr).

If you also have the courage for more sightseeing on foot, you can go through the 400 year old Nyboder which are characterized by orange buildings and straight streets. In the immediate vicinity you can end the day by relaxing in the Kongens Have, Botanical Garden or the Østre Anlæg. A little tip: even though the first two gardens are better known, this writer prefers Østre Anlæg, since the park is less crowded and the characteristic old moat remains while generating terrain differences and a more natural landscape. Here you will also find the excellent and free art museum, SMK.

Follow next week where we will guide you to the young and hip areas: Vesterbro and Nørrebro.

Avoid moths in the kitchens

Has your kitchen also been hit by moths? Then do not worry! NybroTidende have been searching for tips to really get to grips with the little pesky insects.

Although the moths are neither hazardous nor toxic, we can all agree that they are not particularly appetizing. Moths have over the summer been a major problem for many kitchens, so to get rid of them, some kitchens in mid-September got a visit of a "spray man". Moths will return quickly if you, together, in the kitchens don't work on preventing another attack. In this article you will find some advice on how to best get rid of moths in the future.

1. Sort and discard

As the first after a moth attack, you should review all your food and throw it out if you suspect it is infected. Better throw out a package of flour or oatmeal out and deal

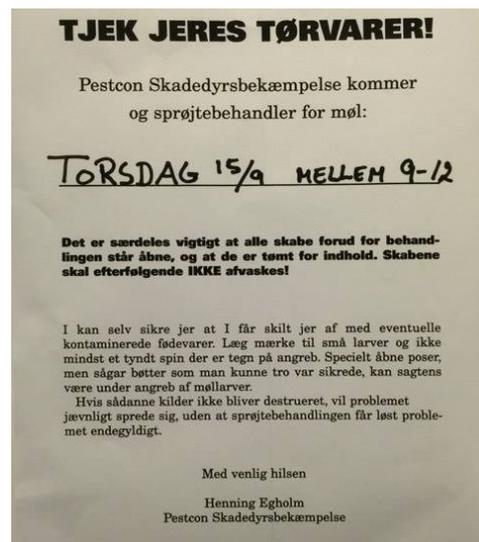
with the problem faster than to store something that could possibly hide a few eggs. Just because you do not see moths or larvae there may still be eggs.

2. Prevent, prevent, prevent

When it comes to food, for future dry foods like oats, flour, muesli, nuts, almonds etc. put them in containers with a tight-fitting lid. The larvae can easily penetrate through small holes or welds on a package. Should you be unlucky to get a bag of dried goods back home which is infected, you limit it to one bag if you keep it in containers with a tight-fitting lid (jar can also be used). To avoid moths you need to prevent them.

3. Keep the kitchen clean

Sort and regularly check food which is placed in the back and that which you do not use often. Then you avoid the moth larvae enjoying themselves for too long. Also,



be sure to keep your kitchen clean making sure that there is no residue in cupboards and drawers which moths can enjoy. If there is not something that they can live on, they'll disappear with time.

Sex and Society

Naughty words: ... If a distinguished Swedish lady says >> Button me in the back << to her valet, while a Dane may hear it, only the Dane would be shocked ... Some have argued that when the fine Latin word lokum in its time had to be replaced with retirade which again had to be replaced with WC which now nor is fine, but should be called toilet. So it is because the words wears themselves ugly by being used so much.

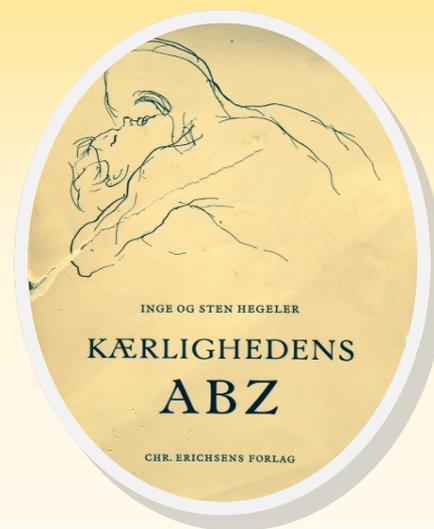
Untouched: See virgin.

Vaginal discharge: ... Most women know about it at times. It may be symptoms of a minor or major pelvic inflammatory disease or other disorder, so it is best to seek the doctor. The doctor can evaluate the nature of the illness, the woman should not wash internally before the visit to the doctor, but just wash externally.

Development: The erotic development is slow; male and female adaptation to each other takes time. It is especially the woman's adjustment to the man which takes time, and irreversible damage has occurred because girlfriends falsely entrusted to each other how wonderful >> the << first moment was, and thus have stretched the inexperienced expectations unreasonably high with similar disappointment as a result ... It's very, very rare that a couple's sexual relationship from the start can be described as just fairly well. And it does not get better within a few days, weeks or months. Only six months later you can look back and say: >> do you remember ... <<.

Insensitivity: This means, in particular, sexual insensitivity (see Frigiditet). They speak very rarely about men's insensitivity, but of woman. Both in women and men's insensitivity, however, not physical, but there may be a mental barrier (see inhibition). We can find people without appetite, but that can still not live without food. The appetite, the sexual desire, may be inhibited, but it is quite probable that need, the sex drive would not be present. It is possible to be hungry without appetite.

Brain Gym: A: Goes under the warm tap (works in Danish..) B: It isn't raining. C: Darkness. D: A sponge.



Excerpt from KÆRLIGHEDENS ABZ

9th edition, August 1965

Printed in Danish in
40,160 copi-es.

The Board : Nybrogård's board game club

On October 18th, Nybrogård's own board games club opens its doors. The opening will include cake, a drawing competition and obviously lots of board games. The club's president, Tina, brings us the story of how the idea for The Board came up and the opportunities that it, in the future, makes available to Nybrogård's residents.

Tina L-07, Edited by Kristina D-46

The board is an association and club at Nybrogård which was founded in January 2016 by the founders, consisting of 6 residents: Bjørn, Lasse, Sofie (who, unfortunately, moved out recently), Troels, Christoffer and chairman Tina. The idea started last year when we wanted to play a major figurine warfare game and thought that we lacked the counter space. After a short hunt in the dorm's basements we found the table-tennis table in basement D, located in a very suspicious room. Something unidentifiable ran across the floor, where there was cigarette butts and a few half-empty plastic cups which testified that the room was used, at least once in a while (but probably not as intended).

After a quick cleaning we were able to play and the idea of transforming the dreary room into a more inviting room with facilities for e.g. figurine wargames did not leave anyone's mind. Honestly, I didn't personally know how much was needed to transform the room, but together we found out that we needed to form an association in order to call us a club at Nybrogård so that we could

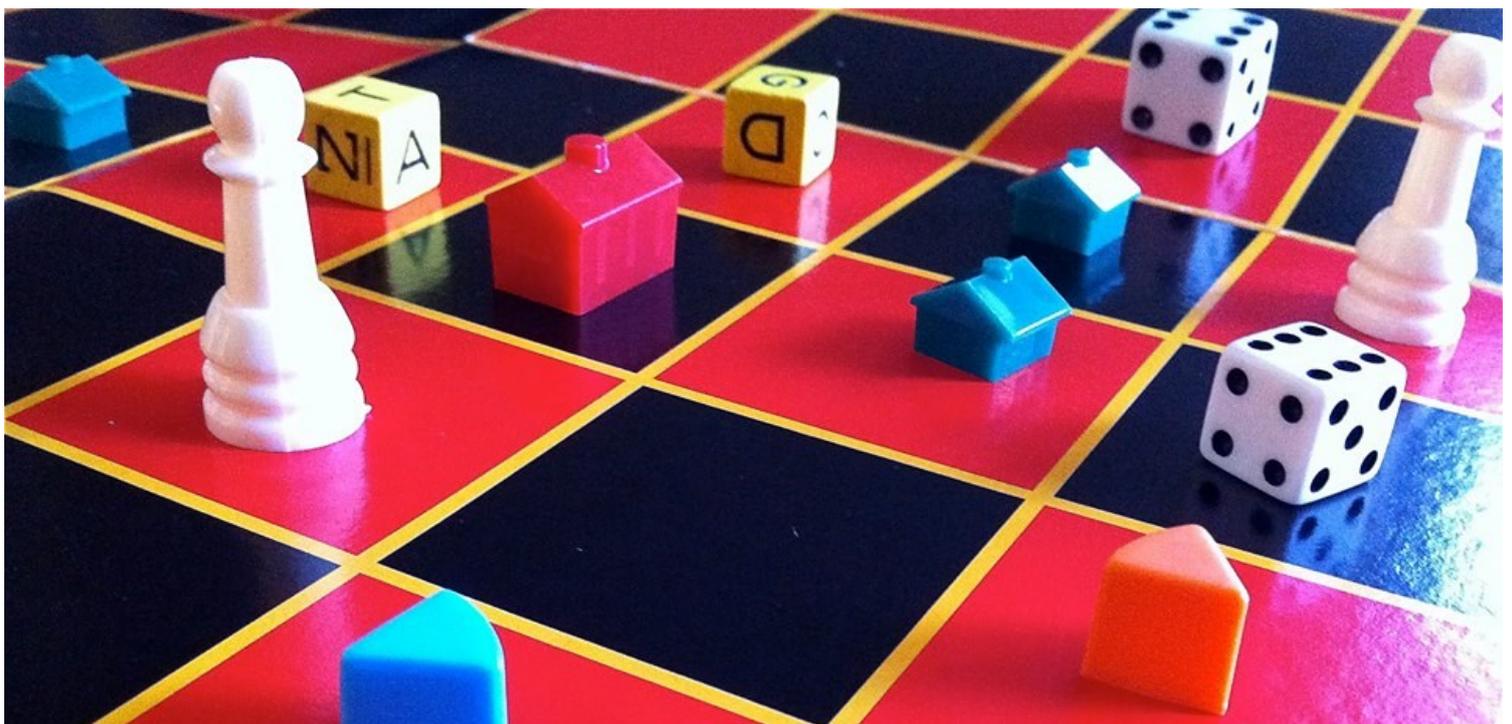
hire ourselves as free labour to refurbish the room somewhat. So that's what we did. The association was formed and we were granted a sum of 5000 kr to get the project started.

In The board's statutes one can read that the purpose of the association is to create a cosy environment in which its members can play board games, role play and just be together. But it is clear from the ideas that have been flying back and forth at the board's first meetings that it's all about a cosy basement for social activities, whether you want play games, draw, or hold a workshop evening, all suggestions are welcome and, in most cases, possible. One "but" should, however, be added: The board recommends KælderCaféen if you are in the mood to party and have a certain thirst. Basically, the club events need to be alcohol free. If you want to know more about the alcohol policy or related, you can make a request to the undersigned who will send you the association's statutes.

As it is now, the room has been thoroughly cleaned and we have painted the walls. The room has been furnished with everything saveable from recycling and some board games have also found their way, although we are still eagerly accepting donations of these. The room is, sadly, lacking a carpet that we would have liked to have put on the floor, but as the approved initial amount has not yet found its way to the association yet, we have decided to postpone the rest of the renovations for a later date.

Our schedule for the refurbishment, which started at an estimated 3 months, has by no means held, but we can finally announce the official opening day: Tuesday, October 18th at 7pm. There will be cake, the chance to become a member of the Association, a drawing contest and, of course, a lot of board game fun. Everyone is invited, but it's only residents who may be admitted as members. We are all very excited and hope that you will come down and see if it is a room and club that you could use for something. Information about the opening day, etc. can also find on The Board's official Facebook page "nybrobraettet"

Information about the drawing competition (which can also be found on the Facebook page): Draw, paint or take a photo including e.g. board games / card games / role play and hygge as the theme and participate in the competition. The reward will be the most delicious chocolates from netto! You participate by bringing your drawing / painting / picture-of-your-painting / photo to the opening day. You will need to give it to chairman Tina or vice chairman Christoffer. The drawing, which will be selected by the board, will be used as the cover image for The Board's Facebook page and the winner will be notified directly on November 1st, followed by the chocolate ceremony.



Residents' council meeting minutes

Residents' council meeting

Present:

Lukas J32, Katja P32, Lea H50, Jakob S06, Kasper R66, John, Rasmus S21, Caroline T65, Rene M43, Frederik S40

Agenda:

1. Moderator and language for the meeting
Jakob, Danish.
2. Voting members
8. Quorum met.
3. Approval of minutes from last residents' meeting
Approved
4. Approval of agenda
Approved

Since Ea (key carrier) has moved, two key carriers are needed.
5. Review of last board meeting or agenda.
The board has its next meeting in September.
There has not been any agenda yet.

At the last meeting it was mentioned that the kindergarten would be sold for 600.000kr - the municipal's offer. This amount was not considered to be the price of the land. There has therefore been commissioned an assessment of the site.
The sale will not have a daily impact on the dorm nor its residents.
6. Economy
Almost all halls have started paying to the kitchen coffer as additional rent.

There have been no major expenditures over the summer.

The Cinema Club requested, before the summer, money for a projector. This was, however, more expensive than first thought. The Cinema Club has borrowed money to cover the deficit of the acquisition. There will therefore be set up a payment arrangement between the film club and Kasper (Treasurer).

The following amounts are on the two accounts:
7. Net account: 242.659, 14 kr.
Association account: 213,317.50 kr.

8. Other messages
Over the summer, a message has been written to the residents' council members who failed to appear at the Council meetings without notifying of absence. This is due to a rule that a resident council member may not fail to appear more than two times in six months without notifying their absence to the resident council.

It was therefore agreed that to write to the individuals concerned in order to access whether they still want to be a part of the residents' council.

This resulted in two resignations. Kasper C02 representative of C, D and G apartments
Henrik A32 representative of AB-right

8. Inward Correspondence

Adjustment of salaries for employed residents (SEC, complaints, netgroup etc.)

[Discussion and voting]

V. Rasmus Lau S21

There has been no salary adjustment for residents recruited internally at the dorm in > 5 years. The salary is currently 120 kr/h. This salary is given to employees in the Secretariat, Complaints, network group (incl. Antenna responsible), as well as the residents' council secretary and -treasurer (Board representatives and residents' council chairman is unpaid). In statements at the previous meeting, there was sentiment to investigate the level and possibly regulate it. It is proposed that the hourly rate is raised to the lowest rate (149.51 kr.) At the HK area acc. KABS current agreement with the unions. It is also proposed that the rate is locked to the agreement that there is inflation adjustment in the future.

As the Secretariat and Complaints are formally employed by the board, it is required that the board follow the residents' council recommendation at the next board meeting. This is expected to happen.

The staff of the dorm is paid either by the dorm or KAB. The salary has not been adjusted in about 5 years.

After talking with KAB, we have been told at minimum hourly wage. If it is decided, the board will arrange, with KAB, when the salary adjustment will take effect. There was discussion about the salary increase being too high. However, the in-

crease in wages must be seen as an increase over a longer period.

Voting:

For: 4 Against: 1 Abstained: 3

Agreement to increase wages reached.

New key bearers sought

[Orientation and voting]

V. Jakob Jensen, S06

Since Camilla Christensen has moved out of the dorm, there is a need for a new key bearer. If you are interested, please show up at the residents' council meeting.

As key bearer it is your job to help people into their room if they have locked themselves out, but only if you are at home and have the opportunity to help. The job is paid.

Kasper R66 and Line F56 are replacing the retired key bearers.

New antenna responsible

[Orienting and voting]

V. Jakob Jensen S06

We search still a new person to perform this task. For a detailed description of the job, see Annex 1. The job is paid by the hour.

No one volunteered. Point will be taken up at the next meeting.

Jacob adds: there is no antenna related work done until there is a new antenna responsible.

KælderCaféen is requesting money for covering the KODA tax

[Voting]

KælderCaféen's biggest annual expense is tax to KODA, to be paid to legally play music in the bar. At the moment this bill is at about 16,000 kr. Per year. We have tried to do everything we can to ignore or minimize the bill, but instead it seems that this bill will increase in the future.

If the residents' council will agree to pay that bill every year, the bar will ensure fixed low prices in the future and a better opportunity for ongoing upgrades and cheap

offers. KælderCaféen therefore seeks to have the KODA tax covered (variable amount) annually going forward.

The Board contacted a consultant to hear whether this cost could be reduced. The consultant thought that maybe it was possible that KælderCaféen could be defined as a host private parties. For private parties, no fee KODA fee is charged. The Board of KælderCaféen will look into this. The money still requested if the above does not apply.

Jacob adds that only two bars are registered in Lyngby through KODA. It is too risky to cheat because there will be a fine at 50% of the amount.

The meeting discussed the price of this bill and how it could possibly be reduced.

Voting on the above request

For : 4, Against : 2, Abstained : 1

The vote agreed to cover the KODA fees. Kældercafeen will provide additional details.

9. New members and alternates
Ditlev T47 signs up as an alternate for ST odd
Sofie S35 signs out.
10. Other
Frederik: Plastic and metal containers. Are they emptied every 14 days?

Since not all are filled equally frequently there is a system in place for some of them to be emptied.

John will check up on how and when they are emptied.

11. Next meeting
The next meeting will take place Wednesday, September 1st at 7pm

Any cancellations must be submitted at www.nybro.dk > Residents' Council > Cancel at least one day before the meeting

Notice of Residents' Council Meeting

Agenda for residents council meeting,

1. Moderator and language for the meeting
2. Count voting members
3. Approval of minutes from last resident' council meeting
4. Approval of agenda
5. Economy
6. Announcements
7. Board meeting
8. Inward correspondence

Canoe budget

V. Ask, M47

There are some things in canoe and kayak club in need of repair and replacing. Therefore, a total of 56,200 kr, split among three items is sought. Repairs 20.450 kr, Kayaking 20,000, canoeing15,750. All entries must be discussed individually. Budget is attached.

Bee Club shutting down

V. Ask, M47

The Bee Club is shutting down due to lack of membership and the time it takes for the remaining. The bees and equipment will be sold and the money from the sale will be returned to NYK. The bees will be first sold in the spring because there is no demand for bees at this time of year.

Kitchen purchases for ST-Even

V. Frederik, S40

ST-Even is asking for expenditure for purchasing new kitchen furniture after moving into the rebuilt kitchens to be covered. 6.166 kr. is asked to be paid to the kitchen account (reg: 3098, Account: 3099157593). The receipt is attached.

Starting the Art Club

V. Maja, J16

The Art Club is seeking money for tools and

equipment for start-up of the club.

The dream budget: 15,000 kr.

Alternative Budget: 8,500 kr.

Minimum required: 5000 kr.

Budgets and information attached.

9. New members and alternates
10. Other
Date for next meeting
11. Next meeting

Any cancellations must be submitted at www.nybro.dk > Residents' Council > Cancel at least one day before the meeting.

Swap for your next reading experience

Have you got no idea of what to do this October? And do you need some inspiration for what your next reading experience should be? Then we are fortunate that a few meters from the dorm is a book shed where you can choose from all kinds of different books.

Very close to Canaria Pizzeria, is a side road to Kongshvilevej; Sydskråningen. Here you will find what looks like a small bike shed, but bikes there are few of. Instead, you can find plenty of books - from all kinds of travel guides to Harry Potter.

Book swapping

Do you want to read any of the books in the book cases, you can just take them home. After reading the book, you can either put it back so others can enjoy it or you can keep the book.

It is not a requirement-In the event that the book is so good that you will not let go of it, you may keep it. If you have books that you would like to contribute, you can take them to Kongshvilevej 25 in the grey cushion box

(to the left of the front door). In the case of few books, you can put them on the shelves.

So what are you waiting for? Take a quick trip the book shed and find your next reading experience!



Hvad der ellers skal forestille at være et helt almindeligt cykelskur er omdannet til et noget lidt mere eksotisk—nemlig et skur fyldt med spændende



I det hyggelige bogskur på Sydskråningen finde tre hylder med et bredt udvalg af bøger—uanset om man er til fantasy, rejseguides, krimier eller romantiske eventyr.

Kældercaféen

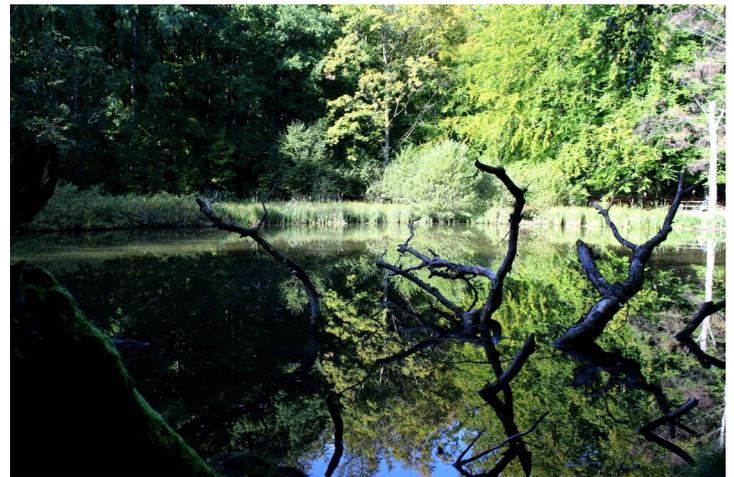
Oktoberfest

8. OCTOBER | 21-05

Out in nature this autumn

After an incredibly long summer, autumn has almost arrived. Although it may not be the absolute favourite season of all, we advise you to wait a bit to go into hibernation in your dorm room. There is still a lot out there - red deer are in-heat, the leaves will colour, the mushrooms will be ready to eat. Nybro-Tidende bring advice on what you can experience in nature this autumn.

With Nybrogård's location near Lyngby -and Bagsvaerd lake and large natural areas such as HareSkovene and Dyrehaven, there is, according to the Danish Forest and Landscape Engineer student Julie Spongenberg Lottrup, lots to do in the fall.



ANIMALS IN HEAT-ANIMALS IN MOTION

In Dyreparken you can experience, when the stags go into heat. The males mark their territories by roaring and scratching themselves on the ground and by bathing in something so un-charming as mud, semen and urine. Grass in antlers, according deer, is also a sign of dominance. The smell is maybe not the main attraction, but the sight of the male stags wooing females is one of nature's great events. In Dyreparken it's often incredibly easy to get close to the stags as long as you move carefully. A lot is also happening up in the sky. Many birds migrate south, including whooper swans, geese, swallows and larks. For the hungry birds who choose to winter in cold Denmark, you can make feeding balls. Pick a few large pinecones, stir melted palming with different seeds and grains, pour the mixture into the cones and there you go: gourmet food that birds prefer!

FOOD IN NATURE

There are also plenty of opportunities to find food for yourself in nature. As you know, the fall season is season for mushroom picking. But there is much more than just chanterelles to find on the forest floor-it's also worth keeping your eyes open for field mushrooms, porcini mushrooms and large trumpet mushrooms. Before starting to stuff yourself with delicious mushroom risotto, it is



worth consulting mushroom manuals or a wise grandmother.

Although it's not peak season for berries any longer, there is still a high probability that you can find both elderberries and blackberries in nature. Delicious elderberry and blackberry pie could be produced. You can also use the season's favourite fruit, apples, a whole lot. But where can you pick them, if you haven't planted your own an apple tree (and need a clear conscience, avoiding "borrowing" from the neighbour)? Frydenlund orchard in Vedbæk (north of Dyreparken) is a good bet. Here you can, in the first four weekends in October, pick a bag full of apples and pears at a price of only 16 kr per kg.

CHESTNUTS AND LEAVES

The trees also offer other edibles at this time in the form of chestnuts. They can, however, be hard to find. By contrast, one can find the (unfortunately) inedible horse chestnuts in many places. They can even be found at Nybrogård. A favourite fall activity in many kitchens is to make chestnut stick animals. If you want to spice up the animals with anything other than chestnuts, you can decorate them with pine cones and leaves. Remember toothpicks so that your chestnut animals can be assembled!

Finally, you can also have fun with something as simple as leaves. The colourful autumn leaves can, among other things, be used as decoration. You can, among other, decorate your doors with leaves in all sorts of different shapes and colours or you can make prints with paint and paper, or even clay! A leaf bowl could be a nice gift for the parents who (claim to) miss the nice, personalized gifts that you made in your elementary school.

NybroTidende's food column:

Seasonal foods



Autumn always brings a lot of delicious vegetables and root crops which, obviously, have to be utilized while they are in season and taste best. This month I have chosen to give you a recipe for a delicious beetroot salad, served with juicy chicken breast.

Beetroot salad with feta

ingredients

8 small beets

2 dl finely chopped kale

100 g crumbled feta

1 red onion

dressing:

2 tbsp. olive oil

1 teaspoon Dijon mustard

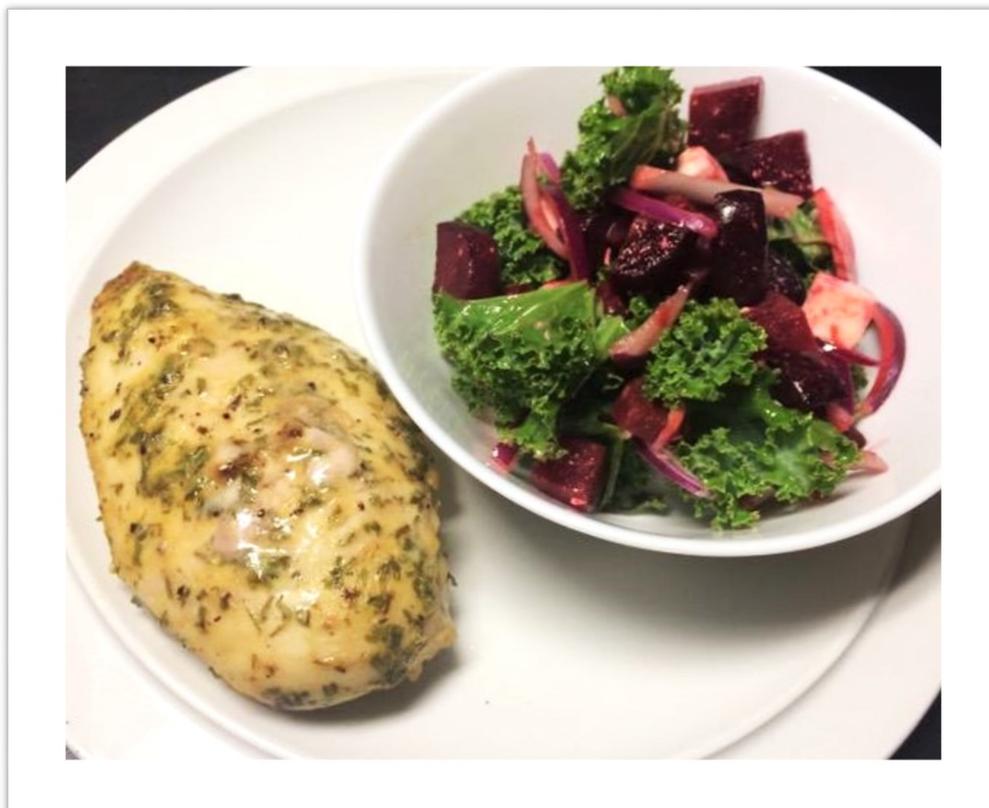
2 tsp. honey

1 tbsp. apple vinegar

salt and pepper

Procedure

Peel the beets, cut them into quarters and boil them in salted water for about 20 minutes. Alternatively, you can coat the beets in olive oil, a little salt and bake them in the oven at 175 degrees, hot air setting, for 15 minutes. Shake or whisk the dressing and toss the chopped kale thoroughly in the dressing so the salad gets lots of delicious taste! Turn the cabbage with red onion into thin slices and serve with beetroot and feta. It will probably not be more delicious! And it's even easy!



Chicken breast with estragon

Ingredients

2-3 chicken fillets

2 tbsp. rapeseed oil

1 tbsp. honey

3 tsp. Dijon mustard

1.5 tbsp. estragon

0.5 tsp. coarse salt

Roughly ground pepper

Procedure

Mix all the ingredients for the marinade in a bowl. Put the chicken fillets on a plate and butter both sides of the fillets with the estragon marinade. Cover the chicken fillets with a deep plate or a piece of tin foil and place in the refrigerator. The longer the chicken breasts are allowed to sit, the more flavour of the marinade flavour they get. Put the chicken breasts in a greased ovenproof dish and cook in the oven at 200 degrees for about 25 minutes until firm and cooked through. Serve with beetroot salad and enjoy a great autumn dish that I, personally, could eat several times a week.

CD

NybroTidende will, for the next several months, come for a visit at the various kitchens where we're looking for good tips, crazy stories and dorm spirit.

Em S-22

Welcome to:

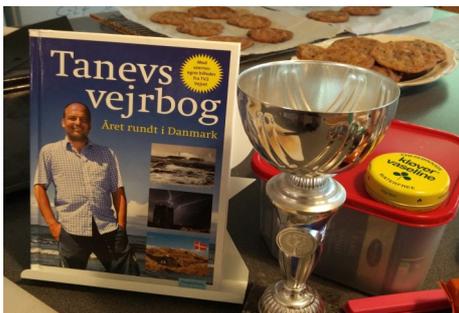


CD is, on one side a stone's throw from the laundry room and the caretaker's office. On the other side they have Lyngby lake, separated only by dorm gardens. It is also in CD the gardening tools are located, the cake festival's chairman has residence and three active KælderCafé bartenders live. The basement includes the board game room "The Board" and is rumoured to include a corpse, a doll bathed in blood from a TDC which had a somewhat suspicious theme.

The great bake off - kitchen

It's Wednesday night, 6pm, and the first things you see and smell are the big delicious brownies that are being baked in the kitchen. Why? The new season of the "Den store bagedyst" is about to begin! CD kitchen aka. The Great Bake Off" kitchen has followed for several seasons. Now we all know what CD is doing the next several Wednesdays at 8pm, munching on some baked goods and rooting for ... Jesper? Sune? Louise? ...

There is usually coffee to the cake. It can be the reason that the cake-loving hall is a coffee loving hall. Coffee presses are daily filled and emptied and their own assessment is at 5-6 liters of coffee a day. Apparently it is not only coffee that CD loves to drink. They won the trophy for drinking the most at the last Nybrofestival. A trophy that is on display on the top shelf, next to Tanev's weather book which seems to have great sentimental value despite it looking like having



never been opened.

Hooray Hooray Mr. birthday honouree

CD residents' birthdays are never unnoticed. It is tradition, on the entire bottom floor, that you are woken at 7am. Outside, you are greeted by a flag carrying panama party, birthday song and a room with breakfast including freshly baked buns. One resident tells about his first morning birthday celebration. He was very excited to celebrate his birthday that he went out wearing a nice shirt and relatively nice clothes. This appeared a little posh, when he saw that everyone else had turned up in panamas and morning slippers From that day, he decided to follow suit.

Stalker sex

When the hall dines together and at related events, the dorm classic is used. The dice game where two dice are rolled in each their own beaker. If you roll a 6 the beaker is passed on. If the other beaker catches up to you, it is time to get up and wash until someone else is caught up to.

Waffles and hammocks

The rooftop terrace you are greeted by two stunning hammocks with two equally stunning girls. Besides the beautiful view, the terrace offers a large plate waffles and a waffle iron. It is about 4 hours ago that the waffle iron and the hammock was taken down earlier in the day, the day is far from over. The CD roof offers a nice 25 degrees and is undoubtedly one of the best chill out



places long seen at Nybrogård.

Gourmet refrigerator

We others usually have 2 shelves in a refrigerator to ourselves. 3 of the residents of CD has chosen to share an entire refrigerator. "Béarnaise sauce is made from scratch! - On a normal Tuesday" says a resident enthusiastically. The community consists of a couple and another resident who share a fridge and everything it contains, resulting in dishes and cooking most of us cannot manage.

Road signs everywhere

CD could certainly start their own traffic school. There are road signs and traffic signs hung up, actually everywhere. The explanation is that CD at one time consisted of 95% bachelor men. "Motor vehicle forbidden" is at 100% in the CD kitchen, but it is doubtful whether H. C Andersens Boule-



vard has ever been located on the rooftop?

Here's the secret recipe for: Malene's Baking Competition Wednesday Brownies

(About 15 pieces)

100g. Brown sugar, 100g. Sugar, 125 g. Soft butter, 1/2 Vanilla bean, 1 egg, 1 baking soda, 2.5 dl flour, 1/2 pcs. Salt, 60g. Chopped hazelnuts, 175g. chopped dark chocolate and, if wanted, 1 dl. Raisins.

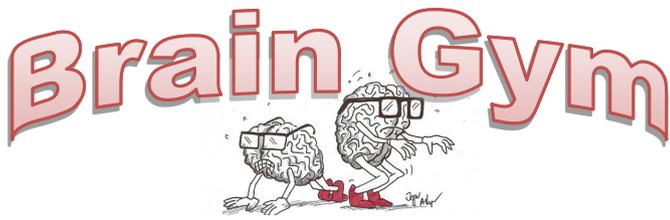
1: Turn on the oven at 175o

2. Stir in sugar, brown sugar and butter. Split the vanilla bean and add it in-add the egg-mix in flour, baking soda, salt separately -mix into the dough- add nuts and chocolate - mix.

3. Roll balls and place on a baking sheet with good space. Bake one sheet at a time, middle shelf, 10-12 min. Let them cool for 5-10 min on the plate.

Ready for Wednesday. 20:00. Bon appetite!





Riddles

- A. The chicken**
What does the chicken do when it's cold?
- B. Umbrella**
7 people try to stand under a too-small umbrella. Yet none of them get wet. Why not?
- C. The more..**
The more there is, the less you can see. What is it?
- D. What am I**
I have holes in the top, holes in the bottom, holes in the side and in the middle. Nevertheless, I can contain water ... What am I?

- October 1st : Zulu The Colour Run NIGHT 5am
- October 11th : Pizza Competition at DTU 5:30pm to 7:30pm
- October 13th : Student talks: DTU 5-7pm
- October 14th : Night of Culture in Copenhagen (all night)
- October 14th : The unserious running event in Lyngby
- October 18th : Zoological museum after closing . 4.30pm to 6pm
- October 22nd : Nerd Market in Kulturhuset inner city 12am-18pm
- October 28th : MØ concert, Forum 8pm-10pm
- October 28th : Carlsberg Halloween Party 7pm-2am
- October 30th : Winter begins
- October 31st : Halloween!

Answers: see the bottom of page 4.

Do you have comments, praise, critique or other information, you want included in the newsletter?

Send us an e-mail: tidende@nybro.dk

This month's student bar: Geobar

Well hidden, but at the same time incredibly central, you will find geographers and geologists' student bar, Geobar. There are cheap bottled beer, jokes, a wall-dinosaur and lots of cards.

Kristina D-46

Although Geobar can be difficult to find, you feel warmly welcomed when you finally reach the bar. The bar is open to all students, regardless of educational institution.

The best way to start your Geobar visit is undoubtedly to try the newly inaugurated jeopardy wheels. Here you can, for 15 kr, win the famous Geoset: a Pilsner and a Fernet Branca. In addition, you can buy various specialty beers, Fisk, and toast for a fiver! Tequila is also always a winner. In the bar you can often find guests who like to experiment with "alternative" tequila drinking-among e.g. tequila from the lower back and the painful "Swedish" tequila.

Further into the bar there is additional seating. The furniture is not the newest, and stone cards (and Justin Bieber?) Are some of the bar's unconditionally most popular ornaments. In return, the bar has a unique and cosy atmosphere. If you move further into for back room, you'll reach the popular flip cup room. Here, there is often tournaments with added shouts and cheers.

If you are more into more casual games, Geobar also has several foosball tables and a lot of board games. It also means that the bar can easily be visited in the late afternoon if you fancy a quick board game and a cup of cheap coffee. Another advantage of Geobar is that it is only a ten minute walk from Nørreport and thus many bars and clubs. If you want to keep the geosyle, one can also choose to go to geologists and geographers favourite bodega, Søhesten (at the lakes), where the atmosphere is also pleasant and informal.

Useful information
Price: 9 kr. for a bottle of beer
Opening hours: Every other Friday 4pm-1am
Address: Øster Voldgade 10, 1350 København K



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