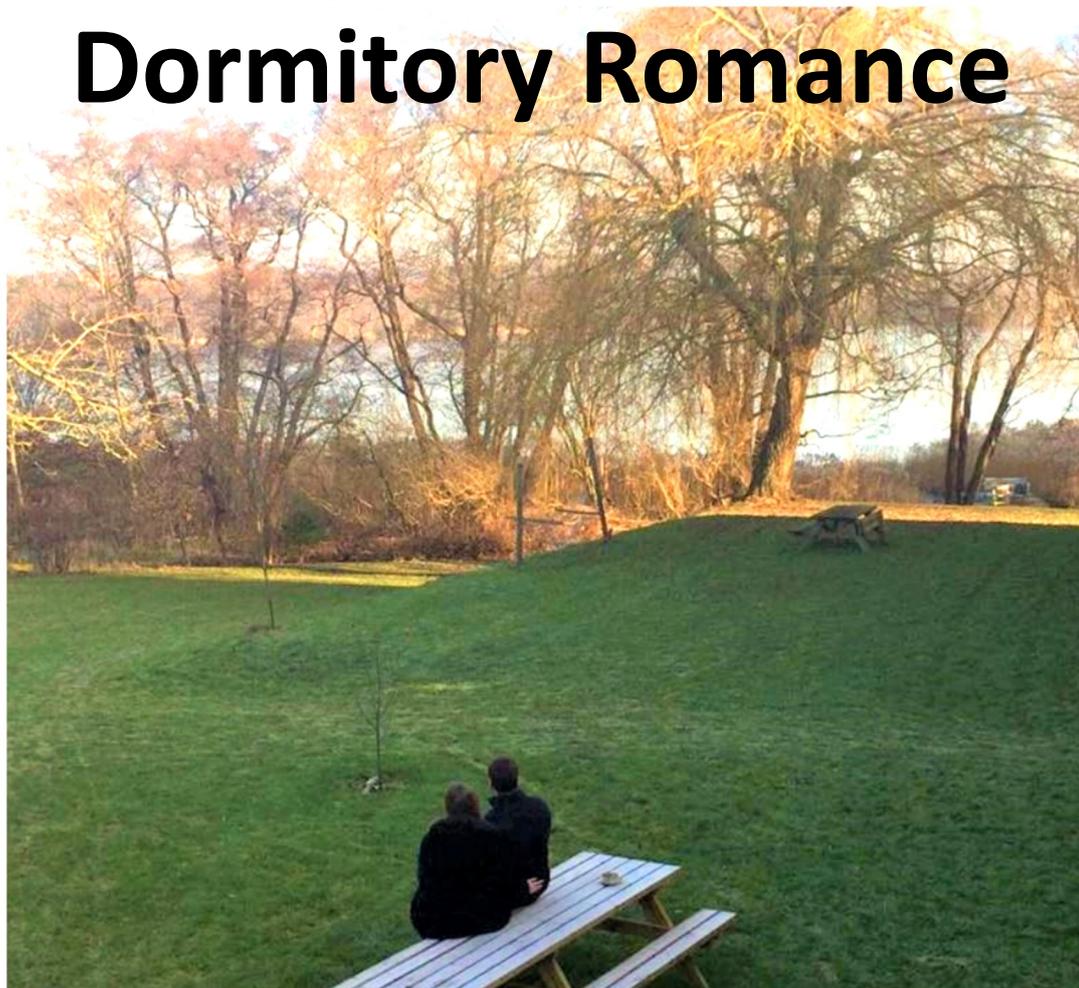


# NybroTidende

## Dormitory Romance



February 2017



*Have you gotten wet?  
Tip your municipality, page 4*



*Waste sorting at the dormitory  
side 5*



*Inspiration for a "score" dinner  
Page 10*

**February is a month where many are longing for signs of spring after the cold, grey months. And what is more spring-like than love?**

Love is everywhere at Nybrogård dormitory, and it's full of bromances, hot flirtations, and lovers who have met each other at the dormitory.

And love can be found throughout the dorm. If you want a little romance in your everyday life or a date for Valentine's Day you can, for example, expand your social circle by being active

at the dormitory, engage in one of the clubs or take a trip past KælderCaféen February 11<sup>th</sup>, when they open the doors for a love party with the guarantee of romance.

In this month's issue of NybroTidende you can also read about how other residents have found love at the dormitory and get inspiration from their advice on how to find and handle the love here at our lovely dormitory.

**Read more on page 6.**

### News from the council

The Residents' Council is seeking a new chairman

An alternate residents' representative is also needed for the Board. The alternate's main task is to contribute to the administration of applications for exemptions in special cases where a tenant representative on the Board is recused. It is therefore an im-

portant, but not particularly demanding post.

Appointment of new secretary: As the current secretary has chosen to resign, electing a new secretary is needed. The secretary's job consists of broadcast of agenda and minutes, and being present at the residents' council- and residents' meeting.

Lars Kaj: A switch to district heating

will happen in the new year. In addition, it is desired to start a water conservation program. This will also cause savings.

The Cake Committee lacks new members since the two members are leaving the dormitory this summer.

### Residents' council meeting

February 2<sup>nd</sup> at 7pm in the GH-basement

# The Personal Page

## The Board

Jakob, S06 (chairman)  
Rasmus, S21(vice-chairman)

## The Residents' Council

Chairman: : Jakob, S-6  
(sup) Johannes, K46  
AB-odd: Benjamin, B51  
(sup) Andreas, A35  
AB-even: Rasmus, A38

CD-odd:

CD-lige: Adrian, C24

EF-ulige:

EF-even:

GH-odd: Viktor, G31

GH-even: Emil, G36

JK-odd: Jakob, K55

JK-even: Johannes, K46  
(alt.) Lukas, J32

LM-odd: Rene, M43  
(alt.) Mads, M51

LM-even:

NO-odd: Frederik N29

NO-even:

PR-odd:

PR-lige: Katja, P32

ST-odd: Ditlev, T47  
Caroline, T65 (sup.)

ST-even: Frederik S40  
Niels T54 (sup.)

## Apartments:

C, D and G:

H and L: Christoffer, L07

M, O and S:

## Administration

**Treasurer**  
Kasper Hansen, R66  
kasserer@nybro.dk

**Secretary**  
Lea Madsen, H50  
sekretaer.nybrogaard@gmail.com

## Accountants

**NybroTidende**  
Kristina Beiter, D46  
Emma Broberg, S22  
Patrick Aagaard, M63  
Louise Olsen P20  
tidende@nybro.dk

## Secretariat/subletting

Office hours: Monday 19:00-20:00  
and Thursday 20:00-21:00 in the  
GH-basement.  
Phone: 21 48 54 55

**Complaints committee**  
Office hours: Monday 19:00-20:00 &  
Thursday 20:00 -21:00, H basement.  
E-mail: klage@nybro.dk  
Phone: 21 48 54 55

**Network office**  
Office hours: Monday 20:00-21:00  
in the GH-basement.  
E-mail: admin@nybro.dk  
Phone: 21 48 54 55

**TV/Antenna**  
antennegruppen@nybro.dk

**Environmental Group**  
Troels, O07  
miljo@nybro.dk

**Canoe club**  
Ask, M47

**Art club**  
Maja, J16

**Role playing games**  
Mikkel, R61

**Bicycle workshop**  
Kristoffer, L10

**Nybro Cake festival**  
Maria, D60

**Music practice room**  
Andreas L31

**"Brættet" (board  
game club)**  
Tina, L09

**Key persons**  
Kasper  
Tlf.: 26 81 15 01  
Henrik  
Tlf.: 40 13 76 29  
Line  
Tlf.: 53 14 12 07  
The price for  
key service is:  
9:00-21:00: DKK 50  
21:00-9:00: DKK 100

## Clubs

**Gardening club**  
Rasmus, A38

**Brewers club**  
Troels, L28

**Exercise room**  
Ole, L14

**Cinema club**  
Lukas, J32

**FC Nybro**  
Casper, E35

**FC Nybro Chicks**  
Malea Madsen, S06

## Service

**Table tennis/hockey**  
CD-basement

**Bicycle workshop**  
LM-basement

**Folding chairs**  
Atle, S03

**Trailer**  
Lars Kaj (insp.)

**Draught beer system**

## KælderCaféen

Opening hours: Fridays 21:00-03:00  
One Saturday each month 21:00-05:00  
(announced seperately).

**Chairman:** Jakob Rahr Bork Jensen, S06  
**Deputy chairman:** Kasper Hansen, R66  
**Treasurer:** Kasper Hansen, R66  
**Secretary:** René Sønderbæk, M43  
**Residents' Council Rep.:** Tobias, J21  
**Alternate:** Mads Møller Andersen, M51

**Member:** Andreas Hal-

## Local facilities

**Inspector Laundromat**  
Lars Kaj  
varmemester@nybro.dk

Opening hours: 8:00-19:00  
Phone: 45 87 04 73

**Convenience store and Pizzeria**  
Office hours Phone: 51 14 12 19

Monday: 16:00-18:00 Weekdays: 15:00-21:00  
Tuesday-Friday: 07:30-09:00 Sat-Sun: 13:00-21:00

## NOTE!

Items for the agenda must be sent to the secretary **at least ten days before the meeting**  
nybro.dk > English > For Residents > Resident Council >

# The year 2016 at Nybrogård Dormitory

**The dormitory has for years experienced general growth in social activities, both in terms of participation in school events through the years and participation in dorm clubs.**

**Events During the year:** In February, the first steps were taken to organizing this year's **bike-clean-up**. The residents board representatives got an agreement with the residents' council, so that along with the bike-clean-up, they also prepared material for the arranging of bike-clean-up projects in the future. The goal was to let the residents be the ones arranging this annual event (instead of the Board's residents representatives) with payment for their work. The bike-clean-up was a great success again this year, a lot of bikes were collected and there were many participants.

The halls of the dormitory have for many years had problems with residents who have not paid its share to the **kitchen coffers**. After consultation with KAB and with encouragement from the Board, the possibility to charge for kitchen coffers as rent was taken up at the residents' council meeting in the spring. There was strong support among the residents for such a solution, which is why it was set into effect from June. The scheme has since then been very successful and has been well taken care of by the residents.

After having missed Nybro Festival in both 2014 and 2015, The event reappeared this summer, though in a different form. KælderCaféen offered, in the spring, to arrange a smaller and cheaper version of the festival, with emphasis on the community, games and fun across the dormitory. The festival took place in mid-August and was regarded as a success by KælderCaféen, despite the weather obstacles throughout the festival. KælderCaféen is planning to repeat the success next year.

At the invitation of the Board, wages among the employed residents were looked into in the spring, including the Secretariat and Complaints and various positions in the residents' association NYK. With the residents' council's acceptance, the salary was changed from 120 kr. per hour to prospectively follow the minimum

wage in the area. This gave a wage increase to about 150 kr. per hour.

Towards the end of the year, the Board's resident representatives took initiative to look into producing a **leaflet** about the dormitory's functions and clubs. The idea was that this pamphlet would be handed out to new residents together with the other documents they receive when moving into the dormitory. The board is hoping that this will increase new residents' integration and answer practical questions. Resolution on the proposal is expected to take place at the last residents' council meeting of the year.

The dormitory's **administrative functions** have undergone a considerable turnover.

**The Complaints committee** has, in cooperation with the Board's residents' representatives hired four new employees. Thus, a good transition period associated with the resignation of the existing employees was secured.

**The Secretariat** is, at the end of the year, facing the same challenge. The Secretariat informed the board early on about their upcoming loss in early 2017. It is expected that many new residents will be employed by the end of the year.

**The Antenna** position has been hit the hardest, an was vacant from June to November 2016. The position is currently occupied.

**Clubs:** Again this year there has been high activity in the dormitory's various clubs.

**The art club** was during the year re-established after it had been put on hold in 2015. Already in the spring, the first tentative steps were taken and money was given towards renovation of the basement room in which the club operates. This renovation has been completed in autumn and the club is working well.

**The Cinema club** also faced a reopening this year. Money was also given to upgrade the club's equipment.

**The Bee Club** announced that it is closing at the end of the year due to declining membership and lack of time of those responsible for it. The

bees are expected to be sold in the spring of 2017.

**The Gardening club** has had a busy season with high demand for the club's limited number of garden areas. The area leading up to some of the gardens has also been cleared, which has led to more light in some of the gardens for the next season. There are still challenges with an invasion of Japanese knotweed.

The dormitory's **Football teams** has had mixed success this year. On the men's side it went really well, both in terms of number of participants and the results. The team ended on 2nd place in its division and had more than 25 different players on the team during the season. On the women's side, it looked poorer. The team is still connected with the women's team from P. O. Pedersen's college, but there is now no longer a lot of players from Nybrogård Dormitory. The team finished last in its division.

**The Exercise club** continues to be extremely popular and is still widely used by the residents. During the year the club has expanded its facilities and now occupies the entire basement of the NO block. During the year, we managed to make a hole in the wall between the two rooms, which have led to a better utilization of space in the basement.

Last but certainly not least, the Canoe Club once again manifested itself as the dormitory's biggest club. From early spring until late autumn, the club's equipment was again used extensively by the residents. Towards next season, there has therefore been put money towards the repair of the equipment and the purchase of several canoes and kayaks. In spring, one of the club's canoes was unfortunately stolen. Until next season, work is put into better protection of the equipment.

**Read the rest of**

***The year 2016 at Nybrogård Dormitory***

**In your mail from the Board.**

# Have you also become wet? - contact your municipality

**Have you also tried to be in the fatal moment when you, a puddle, and a car are perfectly aligned so that you start your day off with getting an unexpected shower?**

NybroTidende has contacted the municipality about the puddle next to the bus stop on Nybrovej. Here we explain how you can do the same. Not only when it comes to puddles, but in general.

## Gladsaxe municipality

Gladsaxe municipality are not ignoring the defects in the city's traffic and roads. Therefore they have a webpage titled "Tip kommunen - borgerhenvendelser" at Gladsaxe's website where you can simply send them a tip.

NybroTidende sent them a tip about the puddle in this manner, and you can do the same! Then we might get rid of it.

[www.gladsaxe.dk](http://www.gladsaxe.dk) -> "By, Veje og trafik" -> "selvbetjening" -> "tip kommunen om fejl og mangler på veje og i parker"

## Lyngby-Tårnbæk municipality

Since most of us carry out our daily lives in other places than Gladsaxe municipality, it is relevant to look at our neighbouring municipality. Lyngby-Taarbæk has a similar website and the report form is the same as in Gladsaxe, easy and simple.

[www.ltk.dk/tip-kommunen](http://www.ltk.dk/tip-kommunen)

## 'Tip Kommunen' Mobile App.

You can also get a mobile app where you can report defects to municipalities throughout the country. The app is called "Tip Kommunen". It can be used in case of damages you have observed over a period of time or acute incidents such as fallen trees.

## Legislation on water splash

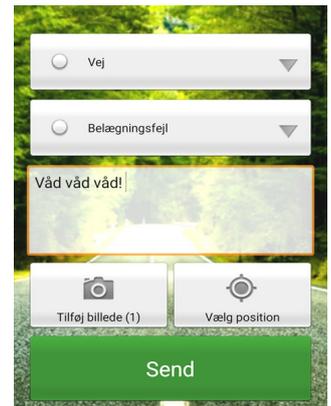
NybroTidende was forced to get to the bottom of it: is it illegal for cars to splash water onto pedestrians etc? Can they be fined? We have been in contact with the police, but got no definitive answer as the possible charges would depend on the circumstances. If the car can not pass due to insufficient space, the

driver has no other option. It does not seem to be a part of the traffic laws that cars must slow down. We must therefore continue to keep our eyes open when we need to pass the puddle and send reports to the municipality.

## 'Tip Kommunen' Mobile App.

'Tip kommunen' is used to inform about the defects and deficiencies in your municipality.

The municipality is in charge of the process and handle the reports after they are submitted.



Em S-22



# Pizza loyalty card

Buy three pizzas for 100kr. with a loyalty card.

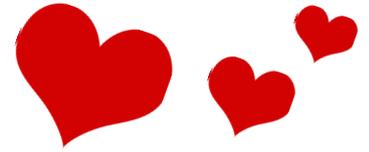
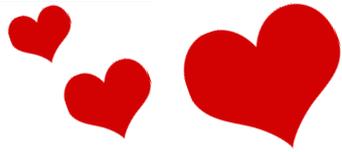
## Nybro Pizzeria

Achmed knows that not many are able to eat three pizzas by themselves. Therefore, through February and March, you are now able to buy a loyalty card that you can redeem three times at your own leisure. The loyalty card is valid for 14 days from its first use.

**Velbekomme!**







# Love at the dormitory

**February is the month of love, and Nybro-Tidende has been around and talked to a number of couples who have had met their fateful love at our dormitory.**

Many residents of the dorm has experienced finding love in their own hall or across halls, but how does such a meeting occur and is there something to be aware of when you choose to date someone from the dorm? We asked these three questions to couples who have all found each other across the dormitory.

## Love at second sight

Mathilde and Andreas first met when they coincidentally came to live in the same hall. This meeting first led to friendship in which none of the parties put more into it-especially since Mathilde already had a boyfriend when they met each other. Only when Mathilde and her then boyfriend broke up, a relationship flourished and the friendship became stronger. Emotions began to develop, and, drunk on red wine, something finally happened. In a good mood after a party they both went down to KælderCaféen, and here, romance and flirtation was certainly in the air. After the bar visit, the two lovebirds kissed each other in the kitchen, and from that day on, Mathilde and Andreas were almost an item. Mathilde clearly remembers how she in the evening in her red wine daze was so nervous with infatuation that she damaged her sofa bed in an attempt to unfold it so that they could sleep in it.

To appear perfect all the time towards a flirt at the dorm isn't quite easy. However, Mathilde thinks that that is precisely why so many become lovers at the dorm: "We see each other just as we are since you are always together, and that is when you fall in love. It's the ultimate form of dating because you are simply yourself." Mathilde and Andreas currently live in an apartment at the dorm and have been together for just over 2 years.

## The small family happiness

Also Jakob and Malea met at the dorm. Here, they were both active i.e. in the football teams where they first met in connection with a party

for the football club.

For this celebration, participants were drawing shoes in order to find their table Man / Lady. There was, however, one shoe in reserve, which coincidentally belonged Malea. Jakob made a real gentleman-move and invited Malea to sit with him. Jakob's friend who sat with them during dinner saw them as a really good match, and it also proved later to be quite true. By New Year's 12/13, their paths crossed again when Jakob needed a place to stay on New Year's eve, and Malea invited him to celebrate with her. They both ended up drunk and kissing under the New Year fireworks on the rooftop terrace.

Afterwards, Malea travelled to Sweden, so as not to complicate matters, she expressed that she did not want anything serious. When Malea came home, Jakob had gotten her friends to lock him into her room, where he placed flowers and a card which included the words: "You are not allowed to be without me anymore - I refuse." Subsequently, Jakob and Malea became lovers.

Today, Jakob and Malea have made it through two exchanges and have moved into an apartment at the dorm with their lovely little son, who they got in the summer of 2016

## The ultimate dorm love

Love is also to be found among old residents. When they were very young, Mads and Susanne met each other in the dormitory—back in the happy times.

Susanne was a real hippie type who always had her little dog in a bag, which she took with her everywhere, even in KælderCaféen (called KælderBaren at the time), where she met Mads one evening. Mads was certainly not a hippie. He studied at Niels Brock and was usually seen in nice clothes with his hair combed back. In KælderCaféen, he usually played "the cool guy" towards the girls, and he also tried this on Susanne the night they met. The attempt failed, as the method did not work with Susanne. Mads subsequently tried to impress Susanne by giving her different samples from his work at a Shell gas station, but Susanne tried to play hard to get. One day, however, Mads arrived with a

sample of dog biscuits to Susanne's little dog, which she could not resist, so she invited Mads to tea. Afterwards they became young lovers, but had to break up after some time as Susanne was going to France. However, Susanne and Mads could not be without each other, so Mads went to France and proposed to Susanne. They have today been together ever since and are celebrating their silver anniversary this year, September 19th.

*Louise, P-20*

## Advice: Love at the dorm

**Become active** and sign up for some of the different groups and clubs. Expand your horizon by seeking out social communities at the dorm.

**Take up dorm responsibilities**, so that you distinguish yourself and create a positive image of yourself.

**Handle the jealousy.** The dorm is a small and tight community, so if you happen to find love at the dorm, you will need to be able to see each other with other people every day, even with people of the opposite gender.

**Live separately**, so that you don't isolate yourselves from the rest of the dorm. It's easy to live in your own bubble when living at the dorm.

## Looking for love at the dorm?

### PARTY OF LOVE IN KÆLDERCAFÉEN.

Looking for the same love as Jakob and Malea, Andreas and Mathilde, Susanne and Mads, and so many others have who found it at the dorm? Visit KælderCaféen on February 11th, when the bar opens its doors to a great love filled party with good chances of finding someone to love.

# Residents' council meeting minutes

## Agenda for residents' council meeting

### Present:

Ole L14, Frederik N29, Rene M43, Rasmus S21, Frederik S40, Caroline T65, Kasper R66, Jakob S06, Lea H50, Katja P32, Lars kaj, John, Lars G22, Rasmus C05, Maria D60, Adrian C24, Rasmus A38.

### Moderator and language for the meeting

Jakob, Danish.

### Voting members

9. Quorum met.

### Approval of minutes from last residents' council meeting

Approved

### Economy

Status of the dormitory accounts:

Net: 291.479,14kr.

NyK: 214,372,82 kr.

Union: 172.848,48 kr.

Many of the kitchens have made use of the 800 kr. previously allocated to each kitchen.

Kasper will write around to the remaining kitchen responsible about whether they want to make use of the amount.

All kitchens are now enrolled in the kitchen coffer rent arrangement.

### 5) Other messages

Maria: The cake festival recently took place. 25 people participated and 12 cakes were made. All in all, a success.

Lars Kaj: A switch to district heating will happen in the new year. In addition, it is desired to start a water conservation program. This will also cause savings.

### Review of last board meeting or agenda.

N/A

### Agenda

Water savers: lack of supply, so this is being delayed.

The heat supply is now ready, further upgrading is being considered.

The municipality has agreed to the dormitory's assessment of the kindergarten. But there has been no further news.

There is still no status on the sewer renovation, it is still not critical but it is not yet known when the municipality will begin to work on the sewers.

### Incoming points on the agenda

#### Development of welcoming pamphlet

*V. Rasmus, Board member*

We would like to have a "welcome pamphlet" made for new residents, which can be given along with their keys. We therefore offer this as a project acc. the agreement with the Residents' Council.

We believe there is great value in having such a pamphlet and can lead to better resident involvement in the dorm activities. It should describe administration / practical info and clubs and refer to current information on the website.

The task: Brainstorm with the board and operation about the content.

Talk to club chairmen and other involved.

Writing, layout and proof reading. Approval by the Board of Directors and management.

Estimated time: 20-50 hours total at approx. 150 kr./hour paid by the dormitory union.

We will be meeting to discuss and vote on the project and the amount of time estimated.

Also, all who are interested in carrying out the project please attend the meeting. The task can probably be carried out by a group as well.

There was a desire that it also included information about recycling and the swap market.

Frederik N29 would like to take on the task.

Vote on the project:

For: 8 Blank: -, against: 1

The majority was in support of the idea.

Vote on work hour amount.

50 hours

For: 3 Blank: 2 against: 4

35 hours

For: 6 Blank: - against: 3

The majority voted for 35 hours.

### The Brewers' club is applying for a disposable amount of money, as well as an additional amount

*V. Lars and Rasmus*

See the attached Annex

One is a budget of what we want to spend the disposable income on. The second budget is for the money we additionally wish to apply for.

We also talked with the blue men regarding a new fuse for the supply in the basement since the old continues to turn off. We therefore seek a 32A fuse set up instead (about 800kr + VAT and labour), as we share fuse box with the "Board" game club and can not brew in their opening hours.

General information about the club is that we have 21 members, of which about 10 use the facilities on and off. This means that we, in the room, are running out of storage space and therefore are looking for money to be able to put a locked metal cabinet up outside the room.

Due to the fire authorities, the cupboards may not be made of wood.

They have looked into buying the cheapest cabinets.

The fuse can be covered by the dormitory in relation to the building upgrades.

Vote on the desired amount.

For: 4 Blank: 1 Against: 4

Since there was no majority, the Resident Council President decided to alter the amount

Vote on granting the altered amount of 1700 kr.

For: 8 Blank: -, against: 1

Amount granted.

Vote on the providing money for the pot:

For: 5, Blank: 2, against: 2

The majority agreed for the brewers club to purchase the pot.

The issue of the new fuse is postponed until the next residents' council meeting since the price is still unclear.

**Exercise Club is looking for money for a new treadmill**

*V. Ole, Chairman of the club*

Since the old treadmill in the fitness club is at its end, a request is hereby made for the purchase of a new one. The treadmill has been investigated and a repair would cost around 5000 kr., which is probably not worthwhile because the treadmill is very old and worn out. Money to buy a brand new treadmill is therefore sought instead, which should last for many years into the future. The reason why we are requesting a brand new treadmill is to ensure that it can last for many years, since we have no guarantees when purchasing a used model. Unfortunately it is also the most expensive equipment we have, but also a tool that is indispensable to have in the club since it is used very often. It is quite important that we get a treadmill of decent quality, otherwise it quickly wears out and breaks down again. There are various options for buying a new one and cost and quality are of course related. So the question is how much we want to invest, as the risk of it being worn down quickly will be a lot higher if you buy a cheaper model.

I've studied a lot of suggestions and have found three reasonable offers, all set in different price ranges and thus quality. The proposals are in order of preference:

1. Top quality treadmills - built for the eight-hours of daily use:

<http://www.nordicfitness.dk/sole/sole-tt8>  
Price: 29.900 Kr

2. medium Quality treadmill:

<https://www.fitnessgruppen.dk/kettler-run-11-loebebaand/>  
Price: 18.995 kr

3. The cheap alternative which is currently on offer (unknown for how long):

[https://www.xxl.dk/pro-form-trainer-8-0-lobeband-frpris-11999/p/1126845\\_1\\_style](https://www.xxl.dk/pro-form-trainer-8-0-lobeband-frpris-11999/p/1126845_1_style)

(PREVIOUSLY 11999,-) Currently on offer at: 6.999,-

Offer number one is, of course, preferred as it will ensure a durable treadmill that can last for many years and which is intended for a long daily load. The brand has also been praised in various tests.

Vote on the highest quality:

For: 4 Blank: -, against: 5

Vote on the medium quality:

For: 6, blank: 1, against: 2

The medium quality solution is adopted.

The amount is allocated but it is possible to buy a different one for the same amount.

It's possible to add a disposable amount if it has not already been used.

**8) New members and alternates**

None

**9) Other**

Maria: The Cake Committee lacks new members since the two members are leaving the dormitory this summer. Time wise, 1-2 hours before the cake festival is required. And at the cake festival itself, one must be present. It is desired that there would be approximately 5 people.

**10) Next meeting**

The next meeting will take place Wednesday, February 2<sup>nd</sup> at 7pm, GH basement

**Any cancellations must be submitted at [www.nybro.dk](http://www.nybro.dk) > Residents' Council > Cancel at least one day before the meeting**

# Notice of Residents' Council Meeting

**Agenda for residents' council meeting,**

1. Moderator and language for the meeting
2. Count voting members
3. Approval of minutes from last resident' council meeting

4. Approval of agenda
5. Economy
6. Announcements
7. Board meeting
8. Inward correspondence
9. New members and alternates

10. Other
11. Next meeting

Any cancellations must be submitted at [www.nybro.dk](http://www.nybro.dk) > Residents' Council > Cancel at least one day before the meeting.

# Notice of extraordinary Residents' Meeting

**Agenda for residents' meeting,**

1. Moderator and language for the meeting
2. Approval of agenda
3. Economy
4. Other messages
5. Inward correspondence

nary residents' council meeting on December 7th 2016, been without a president. It is therefore necessary that, among the residents council members, a new one is elected to take up the post.

**Election of alternate for the Board**

"The Board is missing one alternate to the residents' representatives on the board. The alternate's main task is to contribute to the treatment of applications for exemptions in special cases where a tenant repre-

sentative on the Board is recused. It is therefore an important, but not particularly demanding post."

**Election of Secretary.**

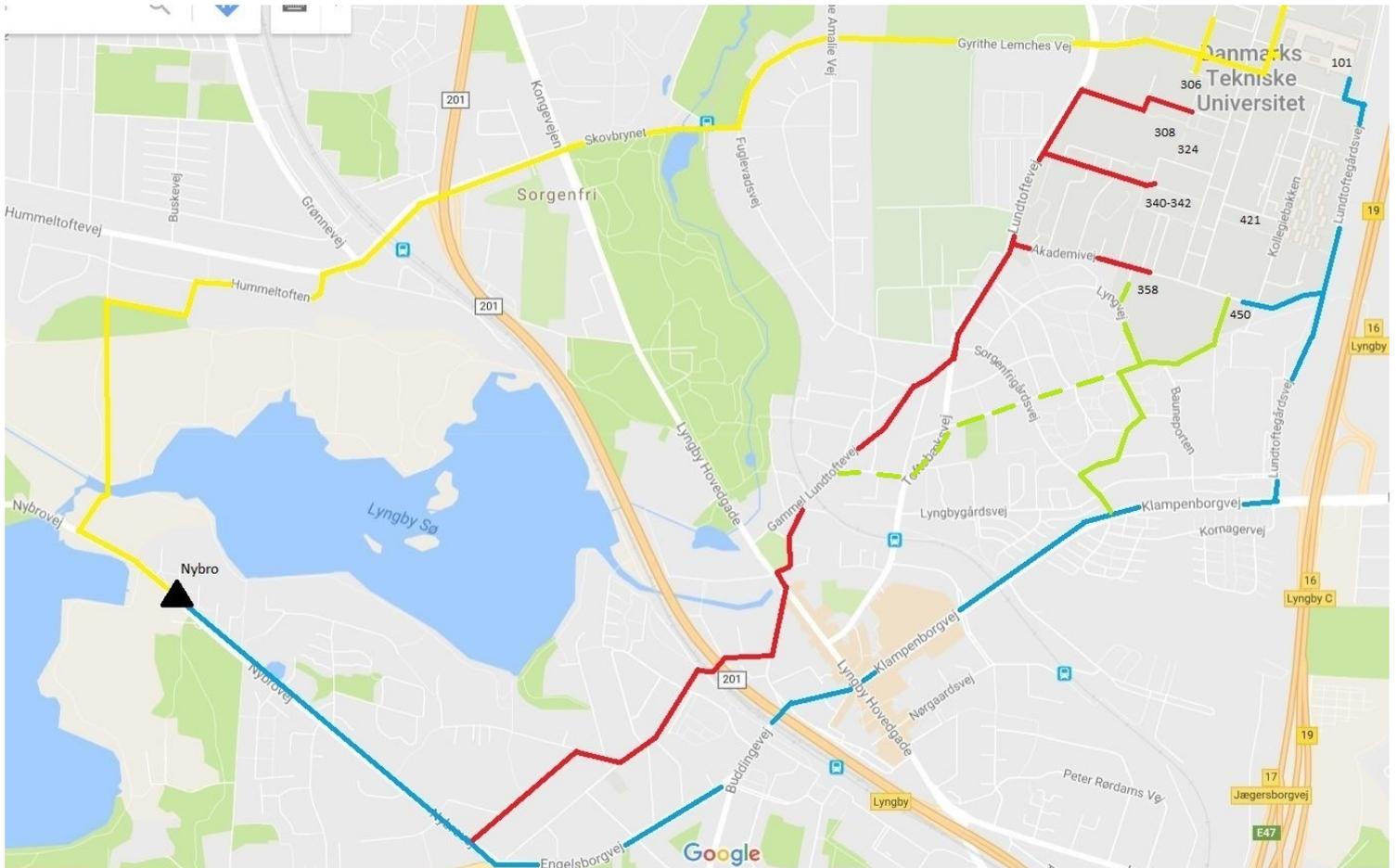
Since I have chosen to stop as secretary, a new needs to be elected. The secretary's job consists of broadcast of agenda and minutes, and being present at the residents' council- and residents' meeting.

6. Other

**Election of the new residents' council chairman**

"The Residents' Council has, since the ordi-

# Optimise your day: Are you biking the fastest way to DTU?



<p><b>Blue route</b></p> <ul style="list-style-type: none"> <li>til 101: 5,0 km./18 min./9 lyskryds</li> <li>til 116: 6,6 km./23 min./9 lyskryds</li> <li>til 450: 4,8 km./17 min./9 lyskryds</li> </ul>	<p><b>Red route</b></p> <ul style="list-style-type: none"> <li>til 306: 4,6 km./18 min./2 lyskryds</li> <li>til 324: 4,5 km./18 min./2 lyskryds</li> <li>til 358: 4,1 km./17 min./2 lyskryds</li> <li>(til 101: 5,8 km./23 min./2 lyskryds)</li> </ul>	<p><b>Yellow route</b></p> <ul style="list-style-type: none"> <li>til 101: 4,8 km./19 min./3 lyskryds</li> <li>til 116: 5,2 km./20 min./3 lyskryds</li> <li>til 208: 4,7 km./19 min./3 lyskryds</li> <li>til 306: 4,6 km./19 min./3 lyskryds</li> </ul>
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I am an orienteering runner, engineering student, and love to sub optimize. After having cycled to DTU daily for 5 years, I have, of course, sub optimised my route choices to Lundtofte since 3-4 minutes wasted each way is, after all, too much in the long run! On the map above, I have plotted routes to selected educational buildings starting from JK. All with length and duration (estimated by Google Maps) and the number of traffic lights - this is especially where you experience lost time regardless of biking form, so it is worth keeping in mind. The durations are obviously only indicative and depend on traffic and fitness.

**Blue route** is the "classic" route who most use since it's Google Maps' recommended route. It's slow, heavy in traffic and has many traffic lights. It's enough when your destination is building 101 (at least according to Google Maps), but otherwise not.

**Green route** is an alternative that makes **blue** usable. The route goes down Sorgenfrigårdsvej and into a path through a green area and brings you to the S end of campus

**Red route** is my preferred route. It's optimised down through Lyngby:

- It doesn't pay off driving down Gl. Bagsværdvej in the junction of Nybrovej / Engelsborgvej if you want to obey the traffic laws.
- You do not normally need to cross the creek, but remember to press the button at the pedestrian crossing at Lyngby private school (out to Jernbanevej), so that you can cross it faster.

You need to go east of the church (though not on the way home, because it takes too much speed off).

If you are heading to 450, the **Red** route will

still be for you if you follow the **dotted green** across way and approach campus from the south. This is the same length as the 358 using **Red**.

**Yellow route** is the surprising alternative, which is both beautiful and fastest to first and second quadrant! You need to pull the bike across the bridge (it can be cycled, if you are a bit wild) and have lights on in the darker hours, but you are rewarded for your choice!

**Did you know?** During peak hours, the fastest route to DTU is often down Nybrovej across Frederiksdal and through Virum (**yellow** route).

So: Sit down and spend 5 min. to study the map, compare it with your own daily route and see if you can save a few minutes on the way to school every day.

Rasmus, S-21

# NybroTidende Food Column: Seasonal foods

**This month of love calls for a "score" dinner. So if you've met your sweetheart, but need a little inspiration for cooking on your next date, NybroTidende will provide you with a little inspiration.**

For me, a "score" dinner has to be a different and impressive meal that lasts a little longer, and contains natural breaks where you can talk a lot together and get to know one another.

Therefore, for a "score" dinner, I would definitely recommend making Vietnamese spring rolls, which you can sit and assemble at the table. This dish has a wow factor about it because it's different and looks incredibly great. Additionally, it's very likely that the spring rolls will contain something your date likes, as you can use almost all kinds of vegetables and meat. The following ingredients are only suggestions for filling, as the filling choices are only limited by your imagination.

## Vietnamese spring rolls

### Ingredients

- Rice paper (can be bought cheaply in the shop "Kina Søborg")
- Fried chicken with honey and soy
- Cucumber
- Spring onion
- Bell pepper
- Carrot
- Mango

- Avocado
- Ginger
- Peanuts
- Buko pikant cheese spread(for added taste)

**TIP!** If you want to save rice paper, you can add a little rice to your spring roll, and thus feel full faster

### Approach

- Fry the chicken with soy sauce and honey until the mixture has a liquid caramel-like texture.
- While the chicken is frying cut a cucumber and carrots into thin sticks, cut spring onion and ginger finely. Cut bell pepper, mango and avocado into thin slices and pour the peanuts in a small bowl.
- If you want rice in your Vietnamese spring rolls, start boiling the rice in a pot.
- Put all the stuffing on the table together with rice paper and a bowl with cold water to dip it in. The bowl must be the same size and shape as rice paper.
- Dip rice paper in water in a few seconds. It does not have to be in the water for very long, it's going to be soft when you put it on your plate.
- Add the desired filling on top of the rice paper and fold the ends and then the sides tightly around the filling.
- Eat the delicious spring roll and repeat the process.

**TIP!** You can also make a variety of sauces to dip the spring rolls in. Peanut dip, soy and sweet chilli sauce fits perfectly with Vietnamese spring rolls.

*Louise, P-20*



# Welcome to JK

During the next months, NybroTidende will come for a visit at Nybrogård's kitchens where we look for the good tips, crazy stories and kitchen- and dorm spirit.

Welcome to...

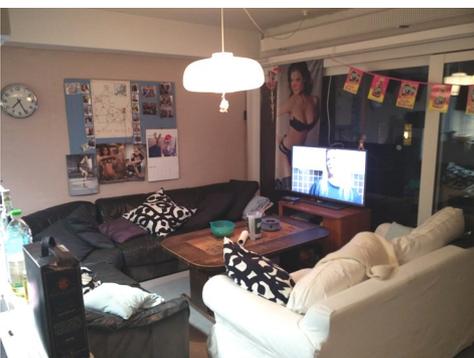


JK is the hall where the Exercise club's president resides. One of the representative from the complaints committee lives here and this is where the girl who cuts hair for 50kr. lives. It is the hall that has KælderCaféen as neighbour and otherwise is very central in the Nybrogård building.

### We start with the best about JK

At JK-odd you are met, on a Monday evening, by a strong but incredibly delicious smell of homemade pizza. The floor upstairs has an equally intense fragrance, but this time of bacon. The kitchens are full of life and residents are hospitable and so full of jokes, it can be hard to tell the difference between jokes and actual reality, but it is humour and that's great! JK-even has weekly social events. Several times a week there is movie evening in their pretty impressive sofa group (potentially genuine Feng shui style) and a weekly dinner club is also held.

A lot is done to get new residents to involve themselves, which is one of the things that is



great about JK—and it definitely strengthens the social life.

### Location Location location

A real estate agent had probably said "the



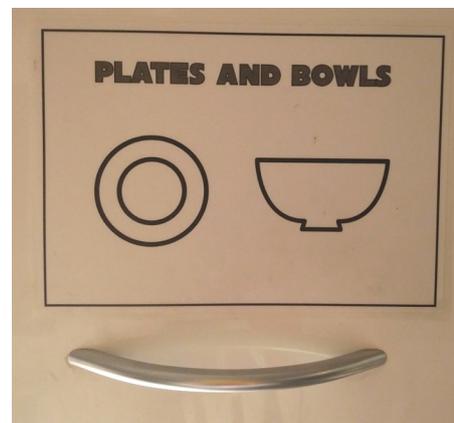
opportunity to have lively evenings with varying musical features" about the kitchen. The fact is that JK has KælderCaféen as a neighbour. Screaming girls, roaring men and people who puke outside the front door? Cigarette butts, empty bottles? There are many reasons to be less positive about having the dormitory's bar as your downstairs neighbour.

It is not so much the music that bothers. "KælderCaféen turns down if we ask them to. It's more so all those who are outside who can be a bit annoying", is said by one of those who happen to have a window right near the dorm's prime smoking area.

Focus lies on the positive things "You can reach home and puke in your own toilet" and, with a smile, it's explained: "It is easy to find your way home." However, there was also someone "who had a friend who nevertheless had managed to try and unlock the neighbour's door. Even when the door was opened by the rightful owner, the response was 'what are you doing in my room?'"

### Ordered shelves

It was students from "Draw and Guess" who took responsibility for all the signs on the lockers. Nevertheless, the designs are easy and simple and really stylish.



### Bar cabinet from >2009<

Where other kitchens' bar cabinets consists of

two bottles of cheap vodka and a splash of tequila, JK's alcohol assortment seems reasonably ambitious. At least until you check the dates on the bottles. NybroTidende took only a single sample. CURACAO BLUE Best before 2009. "It will be drunk the day we are already drunk enough to be indifferent to the date," was said behind the kitchen desk.

Dates or not, it looks as if JK is a hall in control of the drinks.

### At JK-Even you become a Pokémon

"Welcome, you are Bulbasaur, Charmander or maybe Amaura". Cupboards and fridges are not marked with names but with Pokémon or other strange animals. In this way, they do not constantly switch names out. Instead, you just get a Pokémon and thus know where you "belong". Neat huh?



### Joint dinner works

At JK-odd, dinner club is almost every Sunday which is the day that seems to work best. You sign up on a sheet on Facebook and it seems to work.

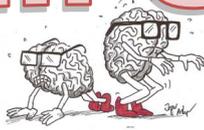
JK-even has a separate Facebook group for those who want to be part of the dinner club. Here there is also a sheet, two chefs sign up, and it is the chefs that determines which day is dinner club day.

### 3am joint late night snacks, for one

We learned a new trick at JK-odd. What do you do if you want to give the impression that you would like to share, but want to ensure you have the most / all to yourself? The trick is to make pancakes at 3am at night and post "friends, there are pancakes". For this dinner club only 1.5 residents showed up and ate! Smart trick! Experience is hereby passed on.

Em S-22

# Brain Gym

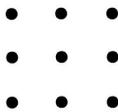


Riddles for adults

A. There was a garden with a tree with four apples. Then the preast came and his daughter and the clerk and his wife and took one each. One apple remained, how can that be?

B. 1961 is a speciel year as it can be turned 180 degrees and still say 1961. when will there be another year with the same quality?

Connect these 9 dots with four straight lines without lifting you pen from the paper



See answers for A and B on page 4.

# COMING SOON



January 26<sup>th</sup> : Experimentarium in Hellerup reopening!

February 1<sup>st</sup> : Sunrise 8:02 am. Sunset 4:45pm.

February 4<sup>th</sup> - 26<sup>th</sup> : Frost festival in København.—Almost a month with concerts, light installations etc.

February 5<sup>th</sup> : Free tango- and swing lessons in Kulturhuset, Indre By at 12am – 4pm

February 5<sup>th</sup> : Super Bowl in Kælderbaren (DTU) at 10pm

February 11<sup>th</sup> : Love party in KælderCaféen

February 14<sup>th</sup> : Valentines day

February 16<sup>th</sup> : General meeting in KælderCaféen

February 17<sup>th</sup> -18<sup>th</sup> : Copenhagen Gin Fest at Lokomotivværkstedet.

February 21<sup>st</sup> : Day of the pancake

February 26<sup>th</sup> : Shrovetide/Fastelavn

February 28<sup>th</sup> : Sunrise 7:01am. Sunset 5:43pm (hurray!)

**Do you have comments, praise, critique or other information, you want to be included in the newsletter?**

Send us an e-mail: [tidende@nybro.dk](mailto:tidende@nybro.dk)

## Student bar of the month: Diamanten

**Cut diamonds are hard - apparently rough diamonds are (and hit) harder. We visited another DTU Friday bar to find out what such a diamond does to you.**

It's Friday night at 8pm and the party has already started in "Diamanten". All tables are already filled at the small bar, but there is still room to pull the chairs in from various classrooms. The music is loud, and people's alcohol levels are also rising. People are shouting to be heard over the slightly too loud music, but the atmosphere is otherwise quite pleasant and friendly in such a dark January evening.

As the evening's visitors were asked what was different about "Diamanten", several simply pointed in awe at two boards behind the bar counter. Here, the masters of chugging the infamous drink, the "uslebne"(uncut/rough), are immortalized. Although the 'uncut' is quite ordinary and

innocent in appearance and fragrance (transparent, light gin smell): Do not be fooled. The drink is said to contain six units (alcohol units, with a margin of error of 1-2 units), and although the alcohol certainly can be tasted, it still sneaks, unnoticed, into you. After reaching a quarter of the way through the drink, alcohol begins buzzing in

your head. It makes one think of the anguish the master chuggers have gone through in the hours (minutes?) After the 2-3 seconds the drink apparently lasted. Zakarias "AAU-CPH", just a new, young student, but already a legendary "usleben"-master: What did you experience? All this drunkenness can be had for just 60 kr.



A notable specialty beers was the Brewmasters's IPA, although the selection wasn't overwhelming. On the other hand, the bottled beer was relatively cheap - only 10 kr. per beer. The bar wins, overall, on too strong drinks, dancing everywhere (yes, even on the tables) and a cosy, drunk atmosphere.

*Kristina, D-46*